



Grossesse et HCD

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CDH Euro-Consortium




FIMATHO

Filière des maladies rares abdomino-thoraciques



European
Reference
Network

for rare or low prevalence
complex diseases

 **Network**
Inherited and Congenital
Anomalies (ERNICA)

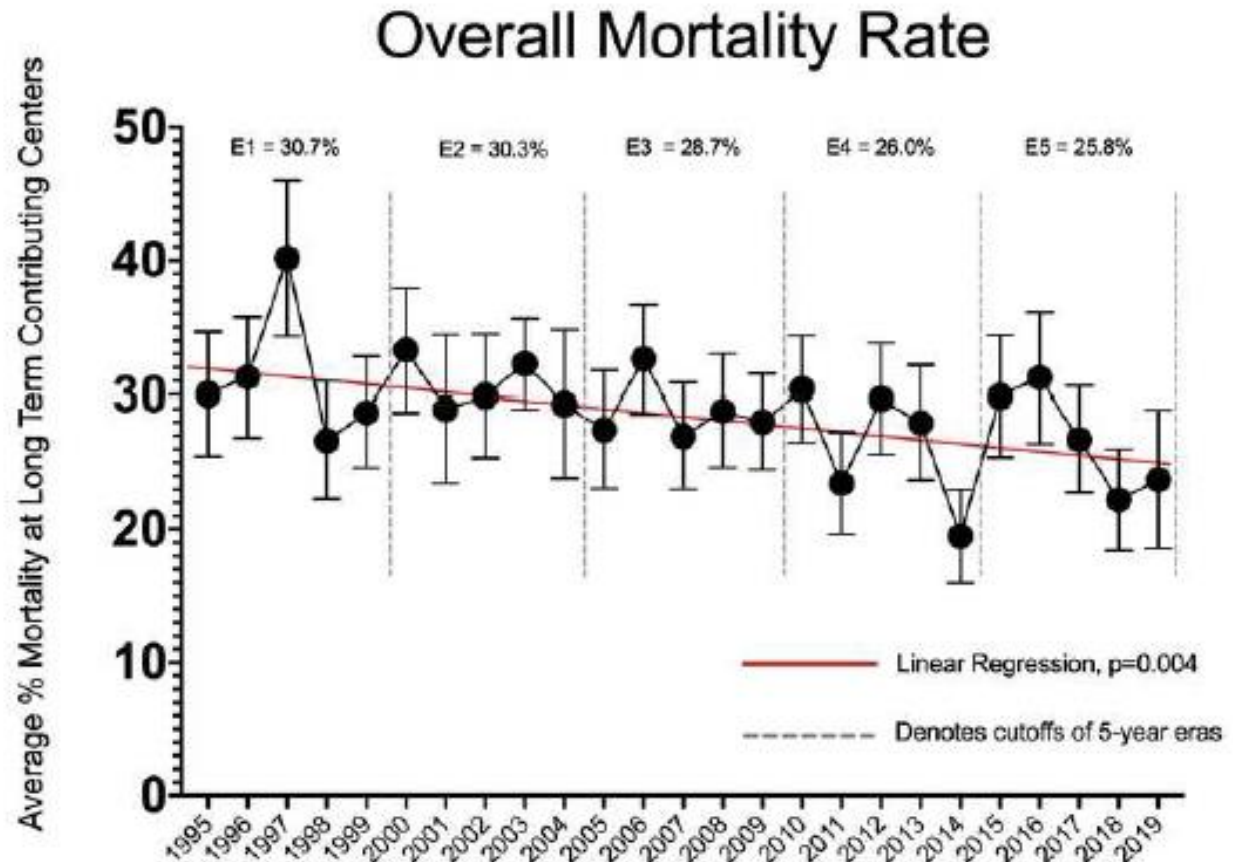
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Outcome Improvement

Congenital Diaphragmatic Hernia Study Group

5203 patients over 25 years

Overall mortality 28.2%



Pregnancy and chronic disease

- 1- How will pregnancy affect the patient's disease?
- 2- How will the presence of a disease alter the course of pregnancy and the health and well being of the fetus?
- 3- How does the management of the pregnant woman with the particular disease differ from management of the nonpregnant patient?
- 4- The physician is scared for the fetus and the obstetrician for the affected organs
- 5- Lack of knowledge of pregnancy physiology leads to unnecessary pregnancy terminations

Diagnosis during pregnancy

Systematic Review

Maternal Bochdalek Hernia during Pregnancy: A Systematic Review of Case Reports

Jin-Young Choi^{1,†}, Song-Soo Yang^{2,†}, Jong-Hwa Lee³, Hyun-Jin Roh¹, Jun-Woo Ahn¹, Jeong-Sook Kim¹, Soo-Jeong Lee¹ and Sang-Hun Lee^{1,*} *Diagnostics* 2021



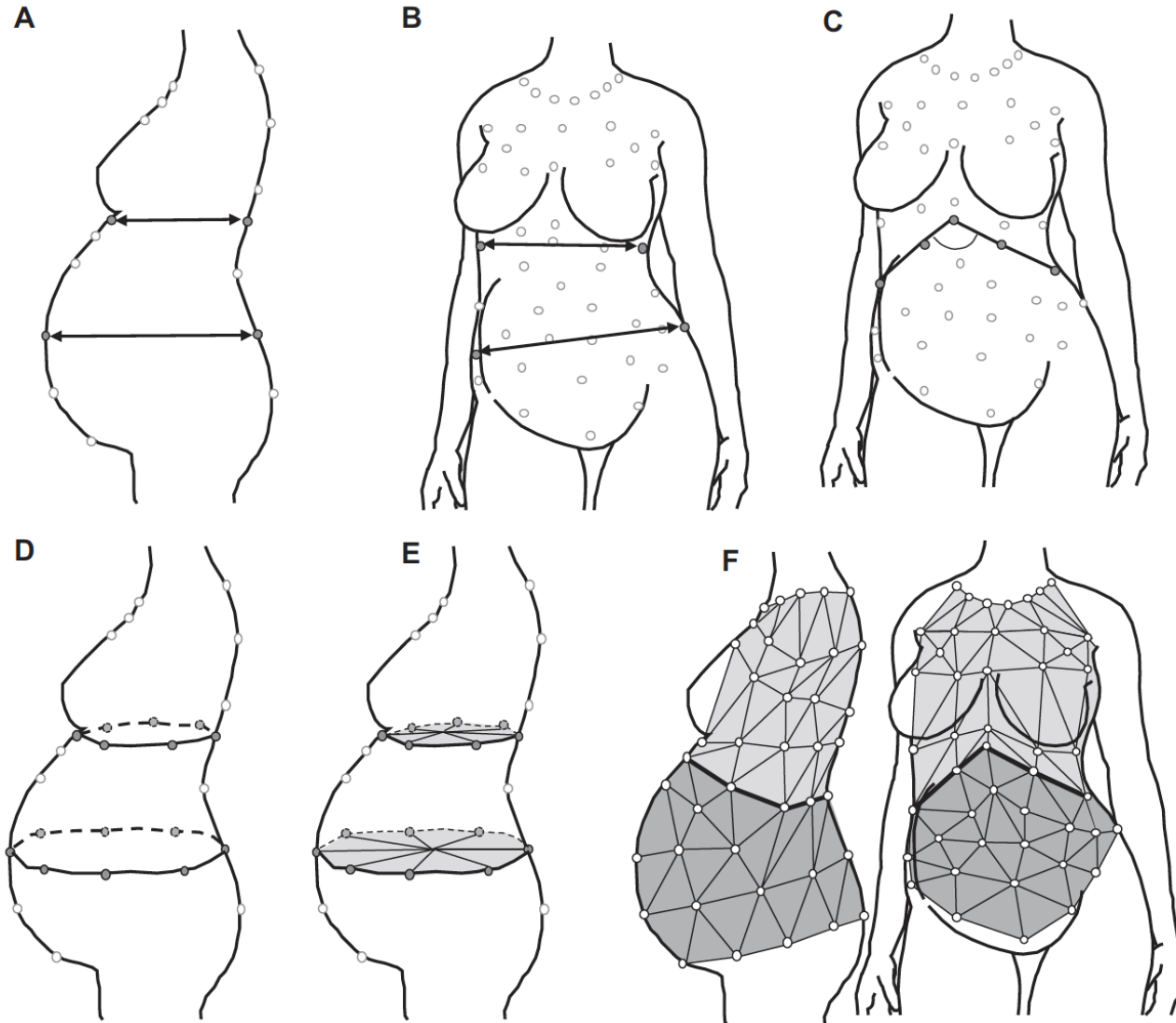
- Clinical features of 43 cases of maternal CDH complicating pregnancy
- Asymptomatic to life-threatening complication
- Routine repair for maternal CDH is recommended
 - More symptoms in 2nd or 3rd trimester
 - Risk of visceral strangulation and obstruction
 - Greater visceral displacement in to thorax by enlarging uterus
 - Later stage of pregnancy, operative closure may be difficult

Mean Age (Years)	28.5
Gestational age when maternal BH was diagnosed by imaging	
First trimester	1 (2%)
Second trimester	13 (30%)
Third trimester	14 (33%)
Postpartum	15 (35%)
65% antenatal	
Parity	
Primigravida	19 (44%)
Multiparous	16 (37%)
NA	8 (19%)
Location of maternal BH	
Right side	6 (14%)
Left side	37 (86%)
Hernia defect size (cm)	
	5.6
Number of herniated organs	
1 organ	9 (21%)
2 or 3 organs	18 (42%)
>3 organs	14 (33%)
NA	2 (4%)
Type of herniated organs	
Stomach	27 (63%)
Small bowel	14 (33%)
Colon	30 (70%)
Spleen	9 (21%)
Pancreas	4 (9%)
Omentum	11 (26%)
Cecum	3 (7%)
kidney	1 (2%)
Liver	1 (2%)
Appendix	3 (7%)
Surgical methods	
Laparotomy	19 (44%)
Thoracotomy	10 (23%)
Laparoscopy	5 (12%)
Assisted thoracoscopy	1 (2%)
Laparotomy and thoracotomy	5 (12%)
Non-surgical treatment	3 (7%)
Gestational age at hernia surgery	
Antepartum period	25 (58%)
Postpartum period	15 (35%)
Non-surgical treatment	3 (7%)
Hernia repair methods	
Simple suture	28 (65%)
Suture with mesh	9 (21%)
Mesh only	1 (2%)
No repair	3 (7%)
Unknown	2 (5%)
Mortality	
Fetal/neonatal death	7 (16%)
Maternal death	2 (5%)
Mode of delivery type	
Normal delivery	16 (37%)
Cesarean delivery	20 (47%)
Unknown	7 (16%)
Bowel obstruction, ischemia, perforation of herniated organs	
	19 (44%)
Pregnancy Outcomes	
Preterm birth	15 (35%)
Full term delivery	16 (37%)
Unknown	12 (28%)

Consequences of physiological changes during pregnancy

- Hormonal
- Cardiovascular
 - 40% increase in cardiac output
 - Increased blood volume and ejection volume
 - Increased myocardial contractility
 - Increased cardiac workload and precarious hemodynamic balance
- Ventilatory function: increased respiratory volumes and hyperventilation
- Musculo-skeletal changes

Adaptation of the thorax during pregnancy



- Chest wall geometry
 - Breathing pattern
 - Lung and thoracoabdominal volume variations
 - Diaphragmatic thickness and motion in seated and supine position
- In normal weight range patients*

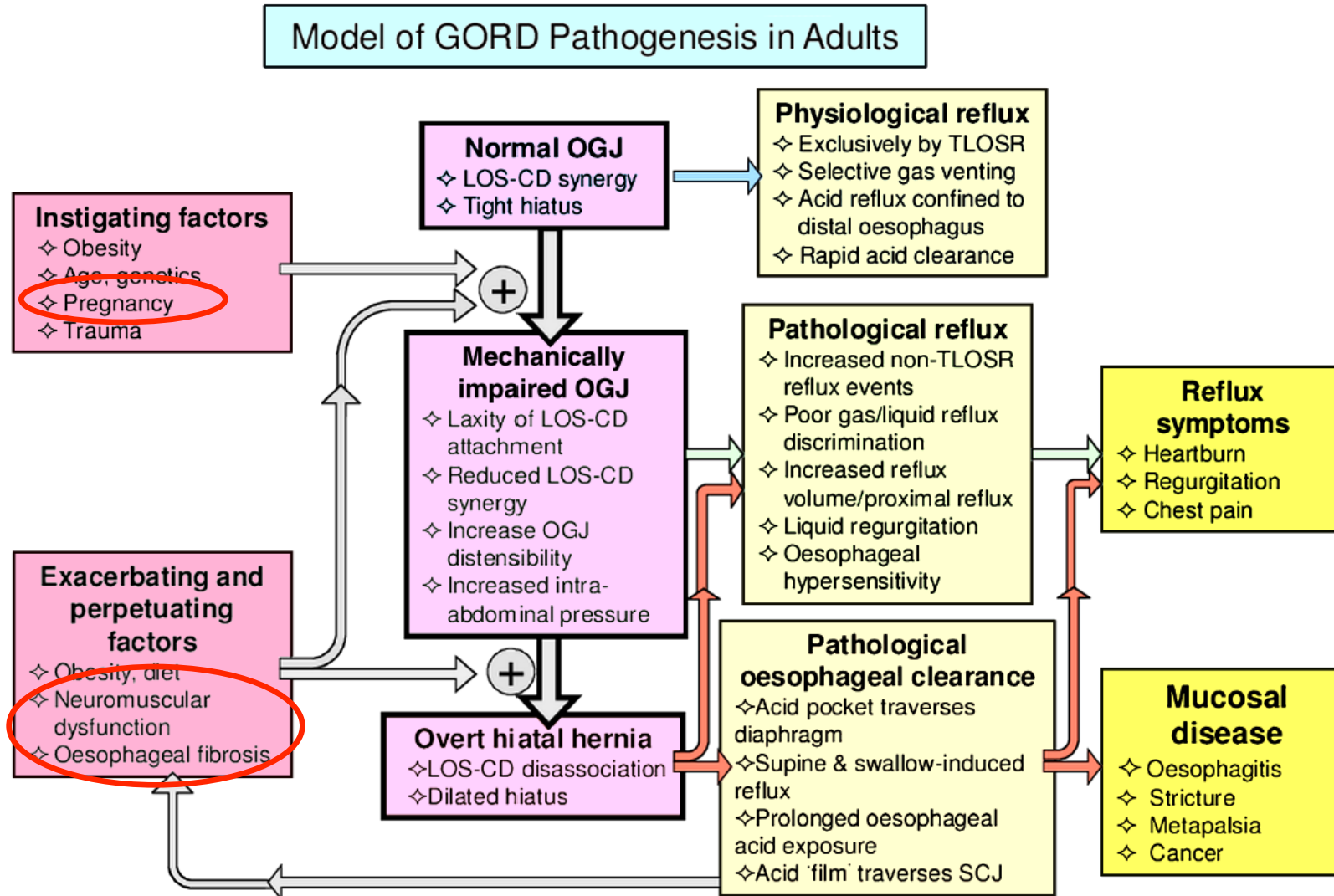
Non invasive techniques

Spirometry by body plethysmography

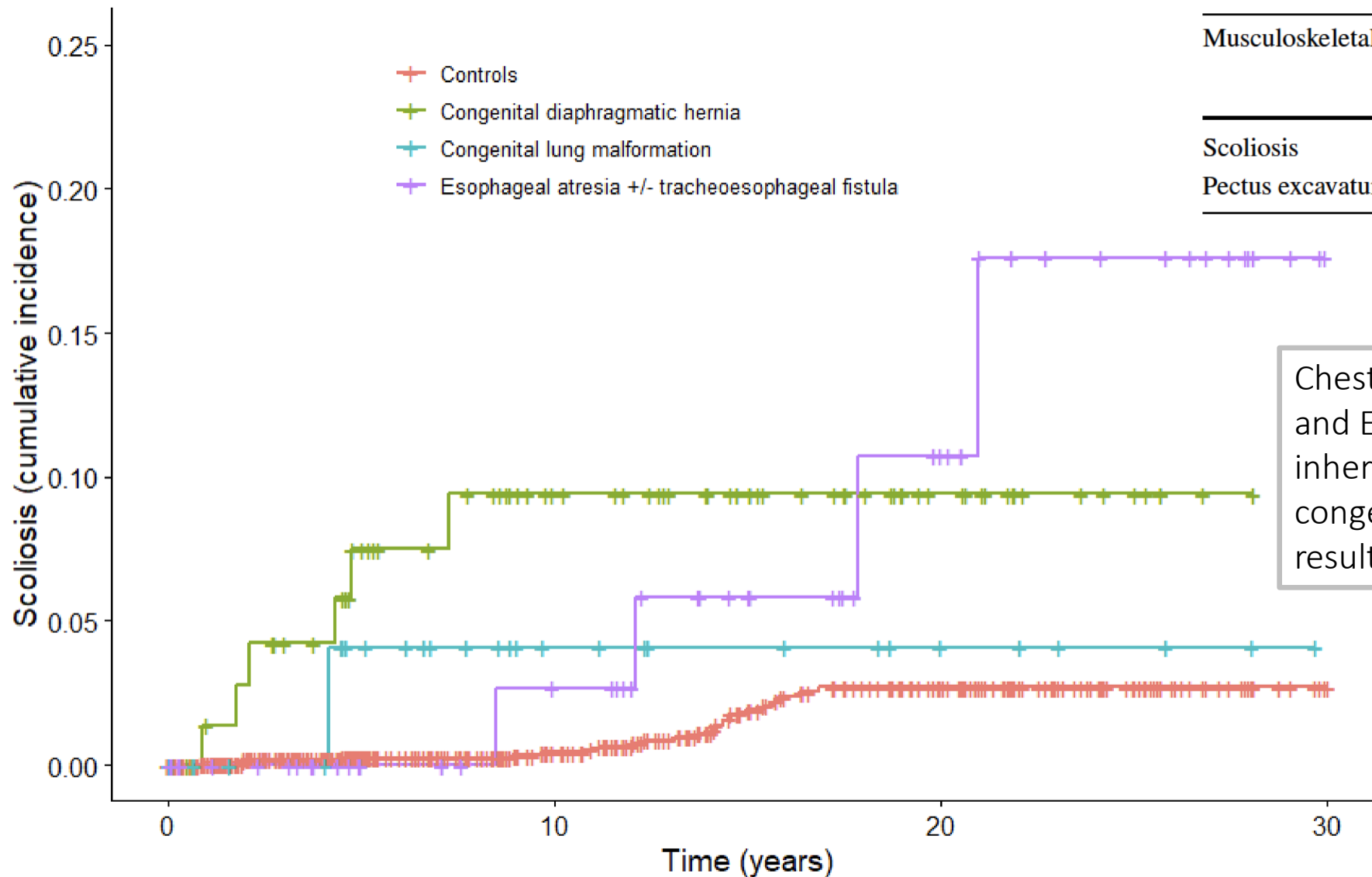
Optoelectronic plethysmography

US -12-MHz linear probe

Gastro-oesophageal reflux disease



Pregnancy and scoliosis



Musculoskeletal outcome	CDH (<i>n</i> = 82) Hazard ratio
Scoliosis	5.03*
Pectus excavatum/ carinatum	1.26

Chest wall anomalies observed in CDH and EA/TEF survivors appeared to be inherently associated with the congenital anomaly and not only a result of the surgical approach

And for CDH patients?



- Online survey conducted with CDH international
- 34 women born with CDH reported having been pregnant
- 21% (n=7) women had CDH-related issues during pregnancy
 - CDH recurrence
 - Gastro-esophageal reflux
 - Small bowel obstruction
 - Respiratory distress due to chronic restrictive pulmonary disease – termination of pregnancy at 2.5 mo
 - Epidural insertion difficulties due to scoliosis
 - Parietal pain on side of CDH

Median age at survey:
32 years old (IQR: 27-42)

And for CDH patients?

	Complications during pregnancy (n=7)	None (n=27)	p
Age (years old)	40	31	0.08
Left side CDH	7/7 (100%)	18/27 (67%)	0.15
Patch repair	2/5 (15%)	11/26 (17%)	0.99
Reintervention for CDH during childhood	0/7 (0%)	8/27 (27%)	0.16
History of scoliosis surgery	3/7 (43%)	1/27 (13%)	0.02

And for CDH patients?



- “Non-severe” CDH neonates (left, no associated malformation, no reintervention for CDH during childhood) may develop complications related to CDH during their adulthood when pregnant
- Scoliosis could be a risk factor for developing complications during pregnancy for CDH survivors
 - High rate of history of scoliosis surgery (43%) vs reported rates of scoliosis between 7-15% in CDH survivors

Conclusion

- Prenatal counselling is needed for CDH patients
- Specific complications can occur and should be anticipated
- In case of IVF procedure, only one embryo should be transferred
- Median age of 40 years in our series / Progress in medical and surgical treatment / More severe cases are surviving
- Open vs thoracoscopic repair:
 - Decrease in small bowel obstruction (Putnam et al. 2017)
 - Decrease in chronic lung disease (Okawada et al. 2021)
 - Decrease in scoliosis rate ?
- International survey in collaboration with CDH International
- International study with OBGYN network