

Quoi de neuf
CDH 2022, Glasgow

Réanimation néonatale

*

Fetal to Neonatal transition

Respiratory transition

Airway liquid clearance

Lung aeration

Onset of continuous breathing

Increase in pulmonary blood flow

Lung aeration

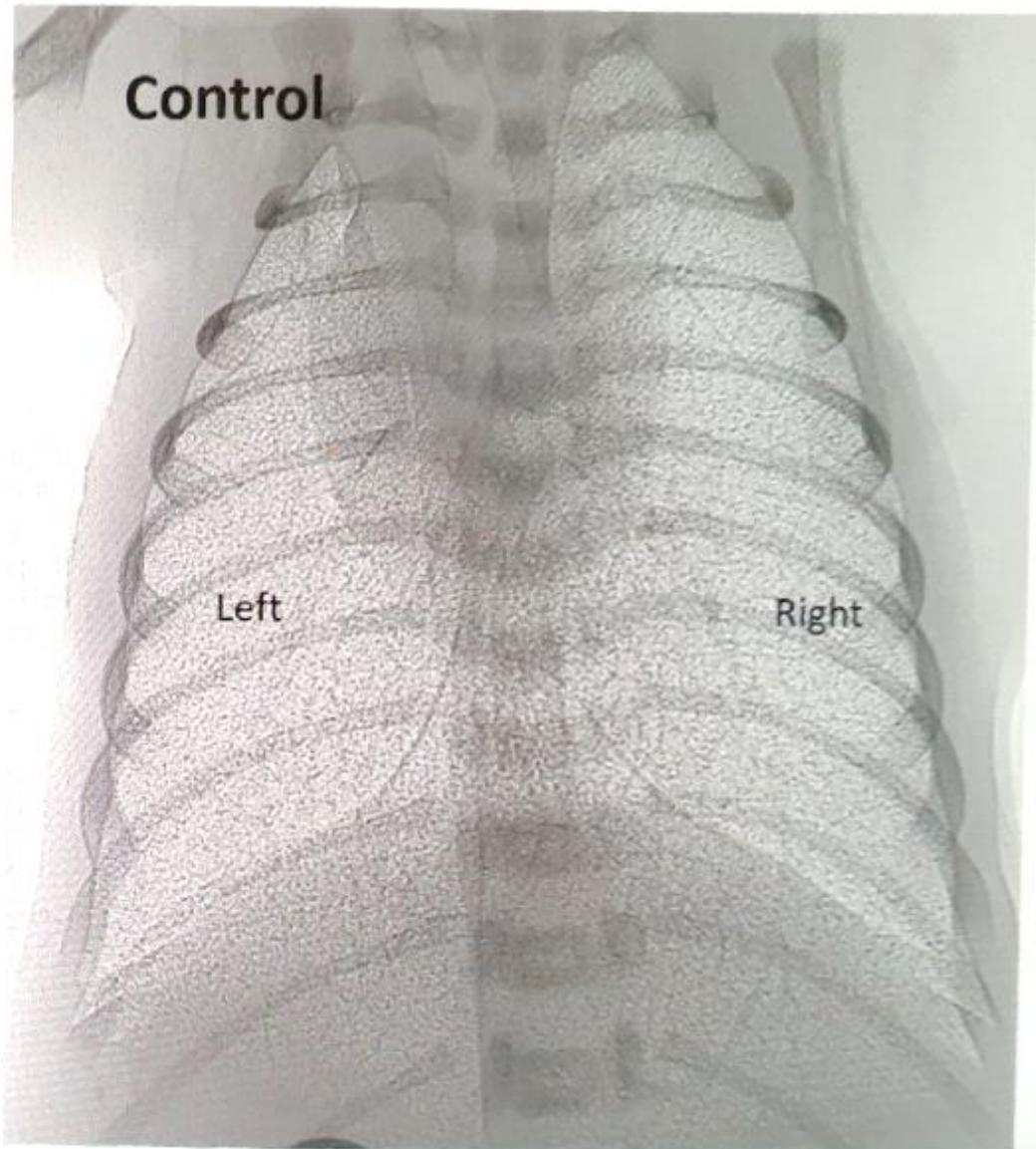
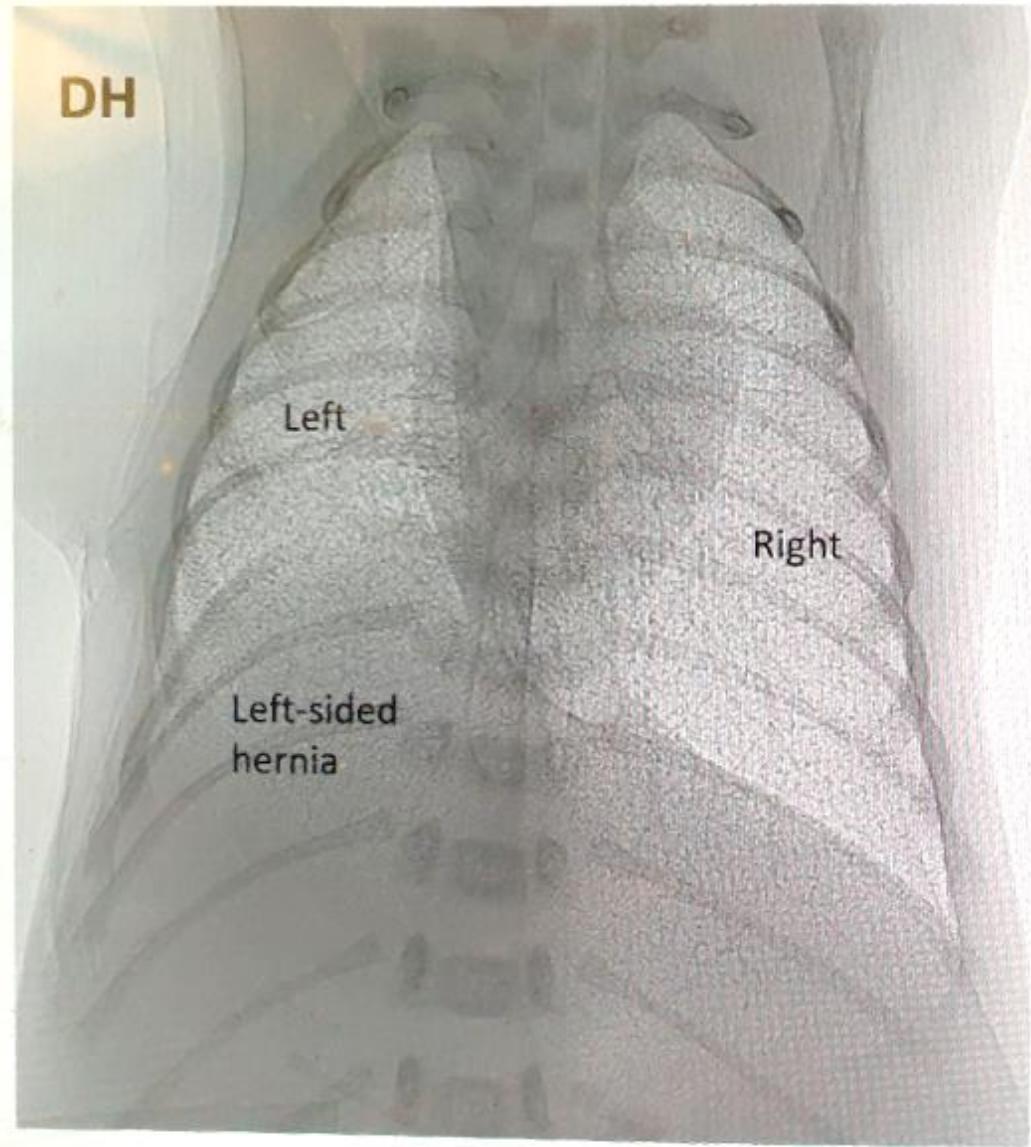
Increase in Oxygenation

Cardiovascular transition

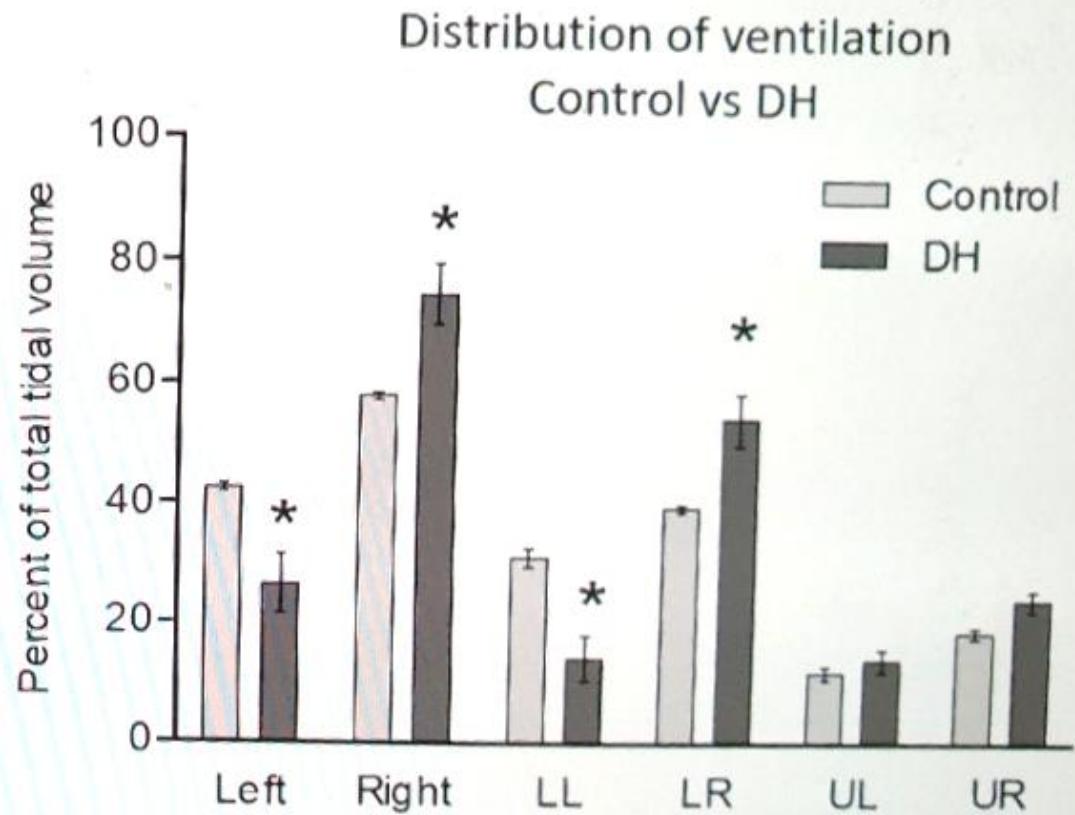
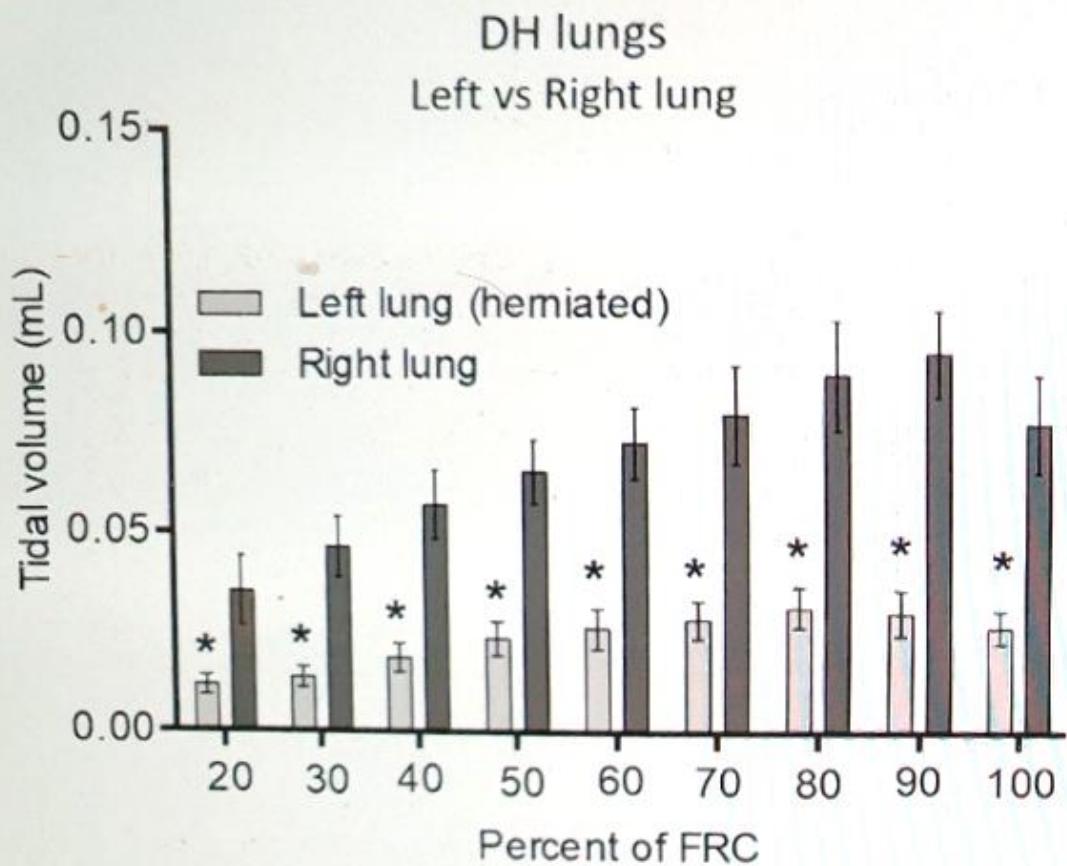
Closure of vascular shunts

Changes in and coordination of ventricular output

Phase contrast X-ray imaging



Distribution of ventilation



Fetal to Neonatal transition

Respiratory transition

Airway liquid clearance
Lung aeration
Onset of continuous breathing



Respiratory transition

Lungs are slow to aerate
Aeration is non-uniform
Distribution of ventilation is abnormal –
risk of injury in normally grown regions

Increase in pulmonary blood flow

Lung aeration
Increase in Oxygenation



Cardiovascular transition

Closure of vascular shunts
Changes in and coordination of ventricular output

PPHN in CDH

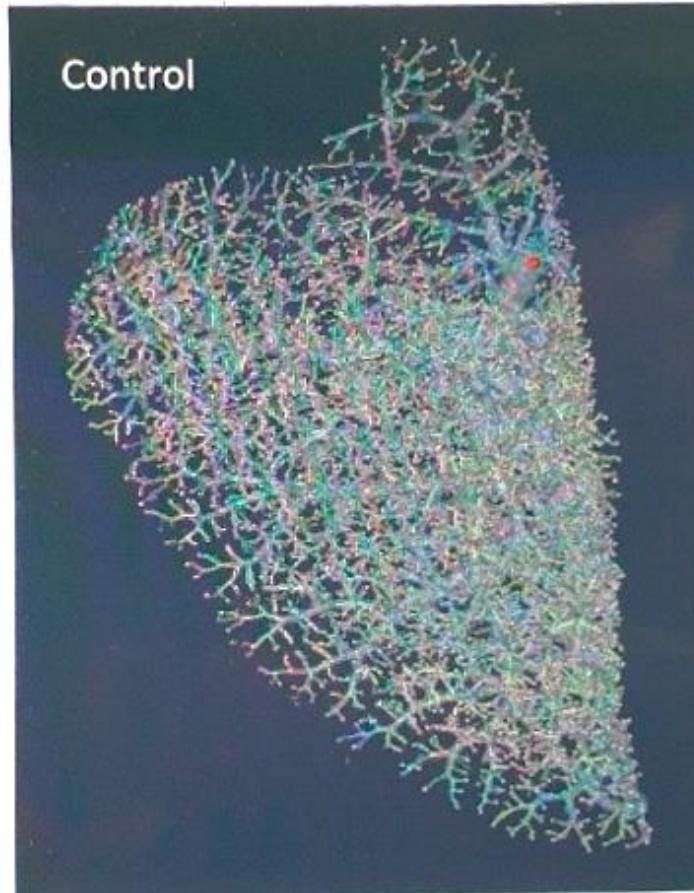
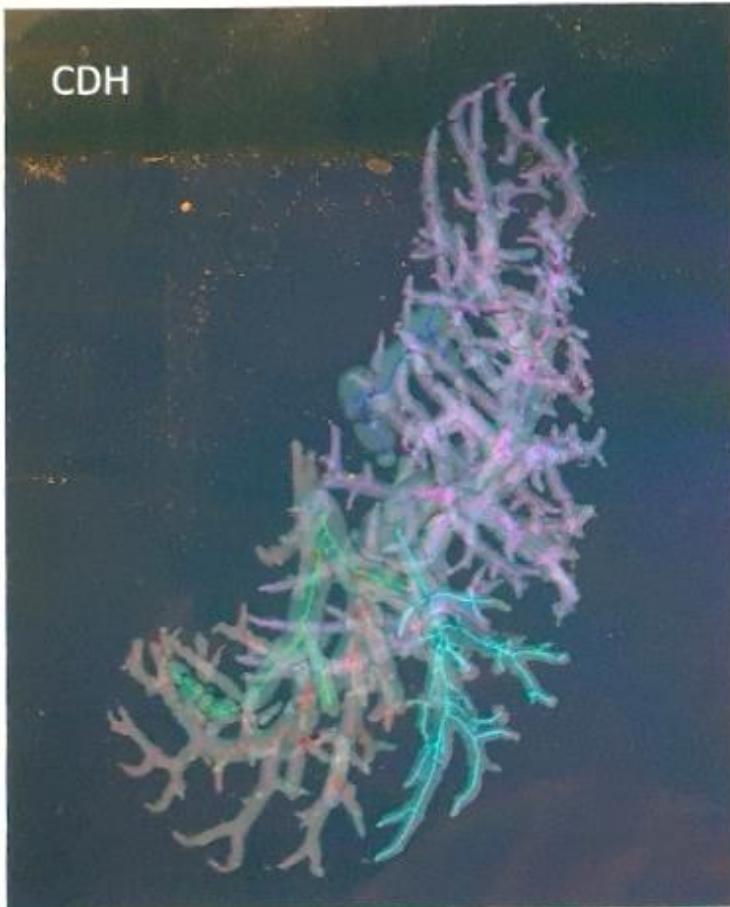
High Resistance is due to:

- ✓ 1. Small lungs = reduced total cross-sectional area of arterial tree
- ? 2. Increased muscularization of small arteries
- ? 3. Abnormal myogenic responses in vascular smooth muscle

Cause or consequence

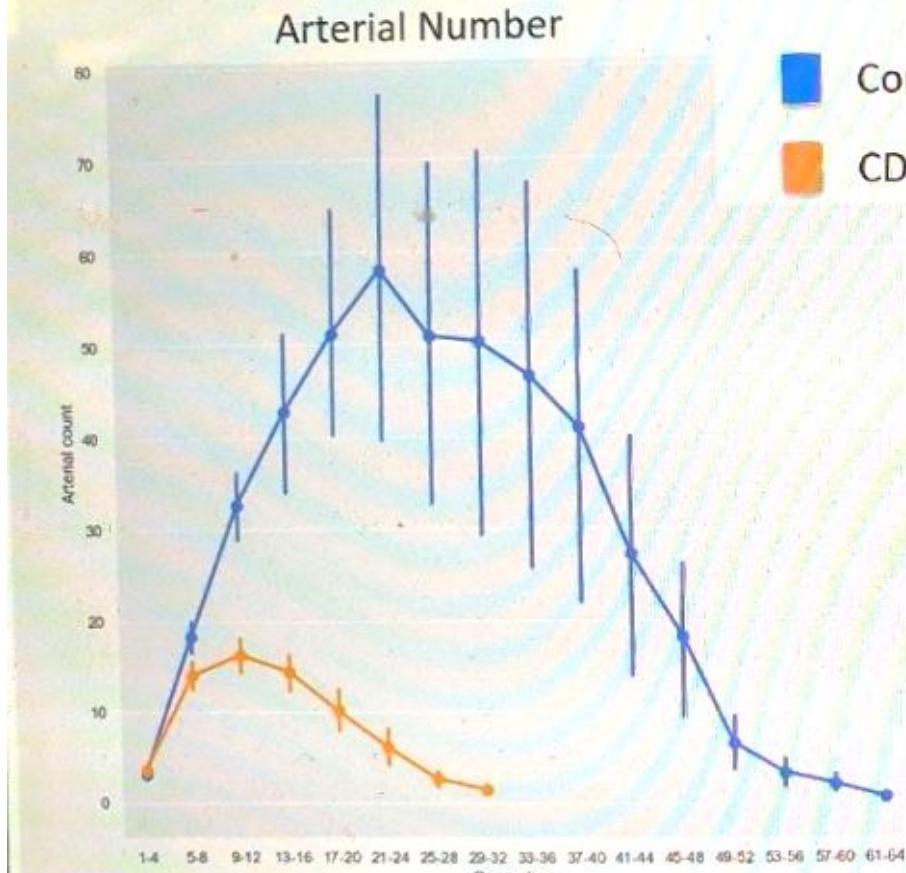
3D CT Scans of Pulmonary Vasculature

Skeletonized 3D Scans of the pulmonary vasculature

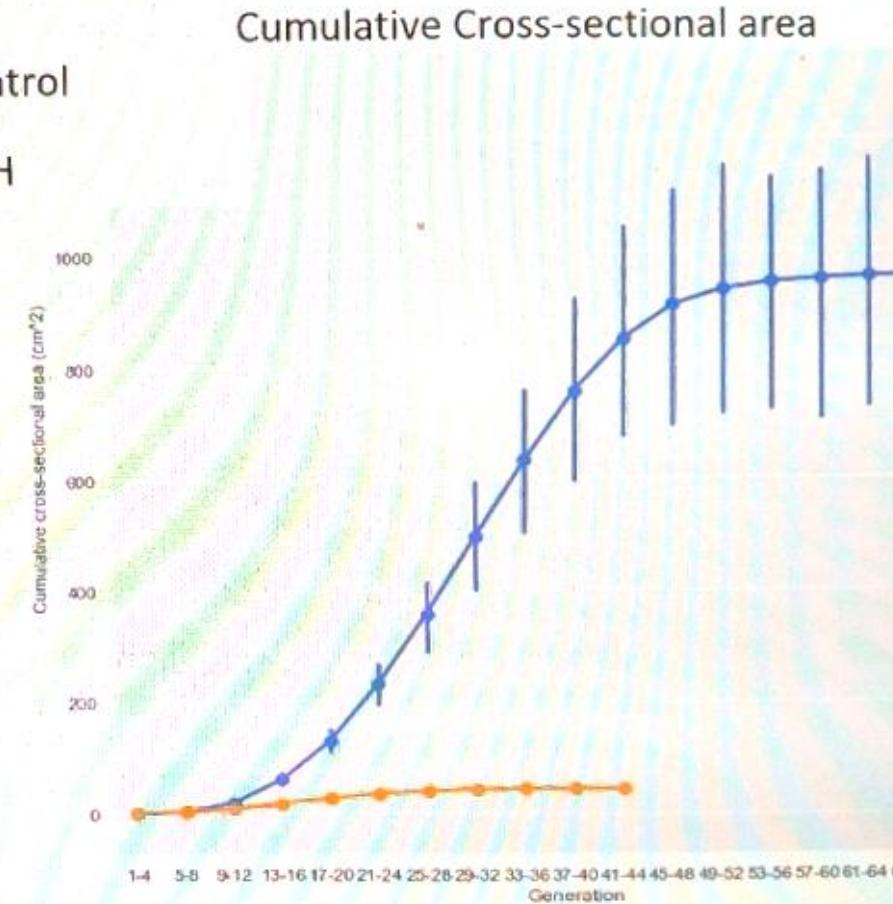


Contrast agent – Microfil
3D CT Scan Voxel res $16\mu\text{m}^3$
Morphometric analysis using Aviso
segmentation & skeletonization
of vascular network
Analysis by arterial hierarchy
Artery number
Radius
Length
Branching angle
Tortuosity
Cumulative volume
Cumulative surface area

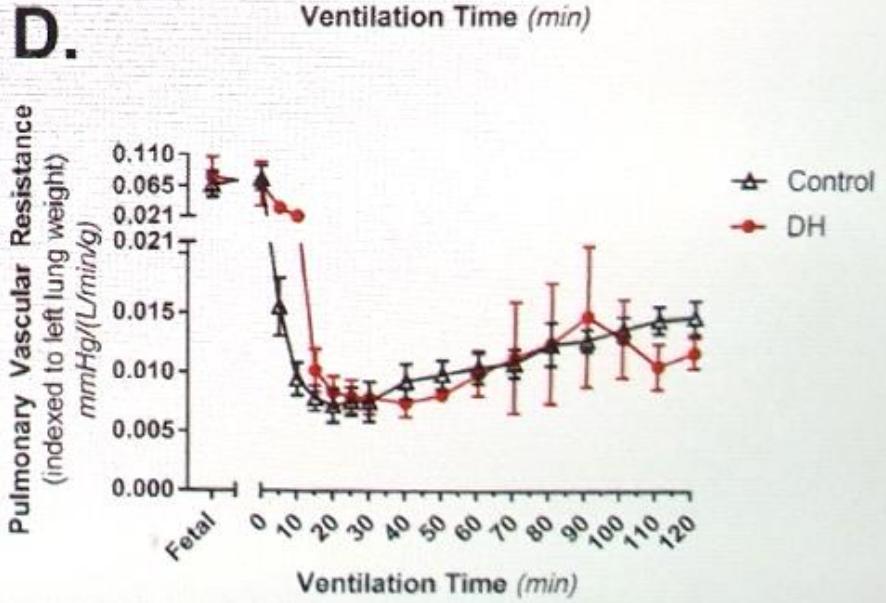
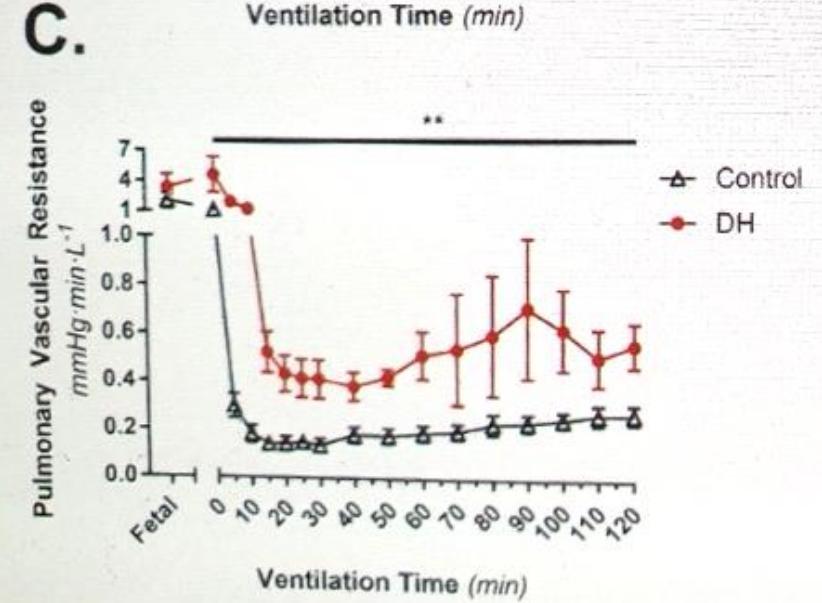
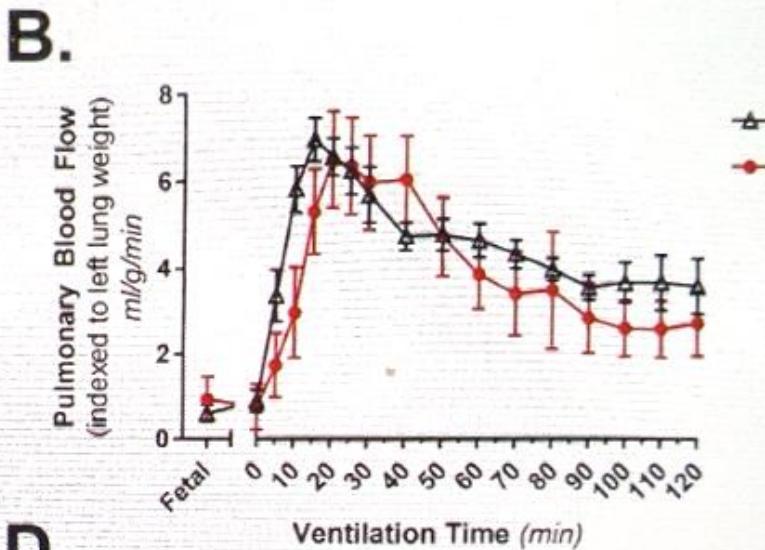
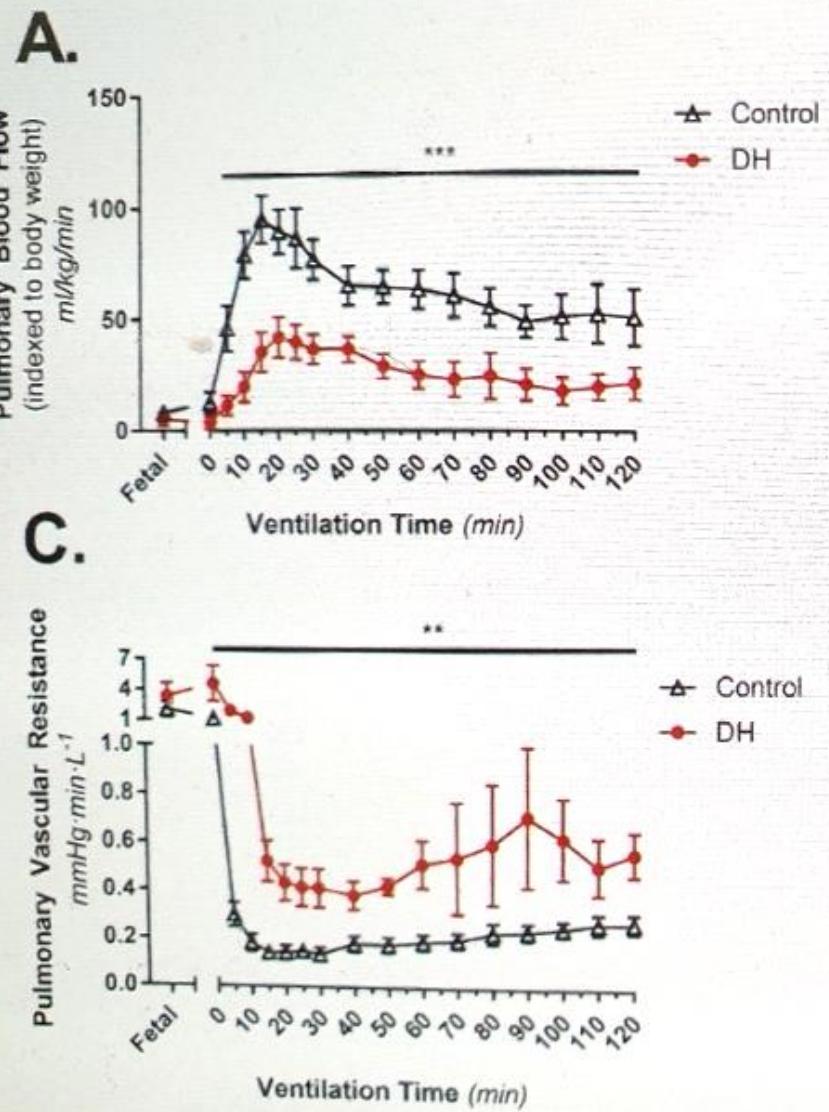
Arterial morphology



Loss of supernumerary arteries

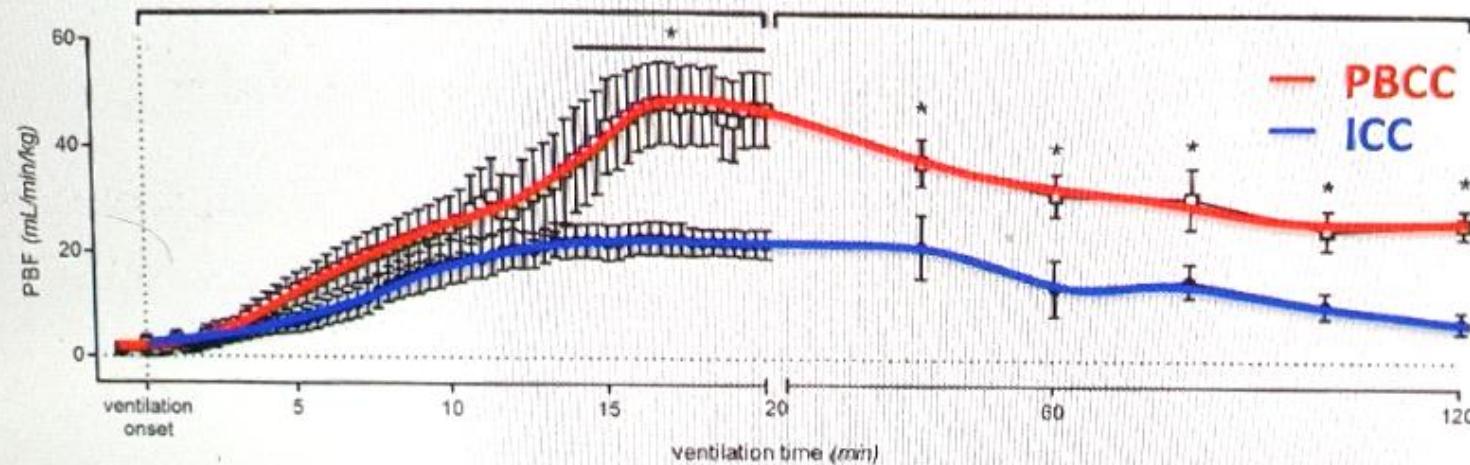


PBF increase at birth in DH Lambs

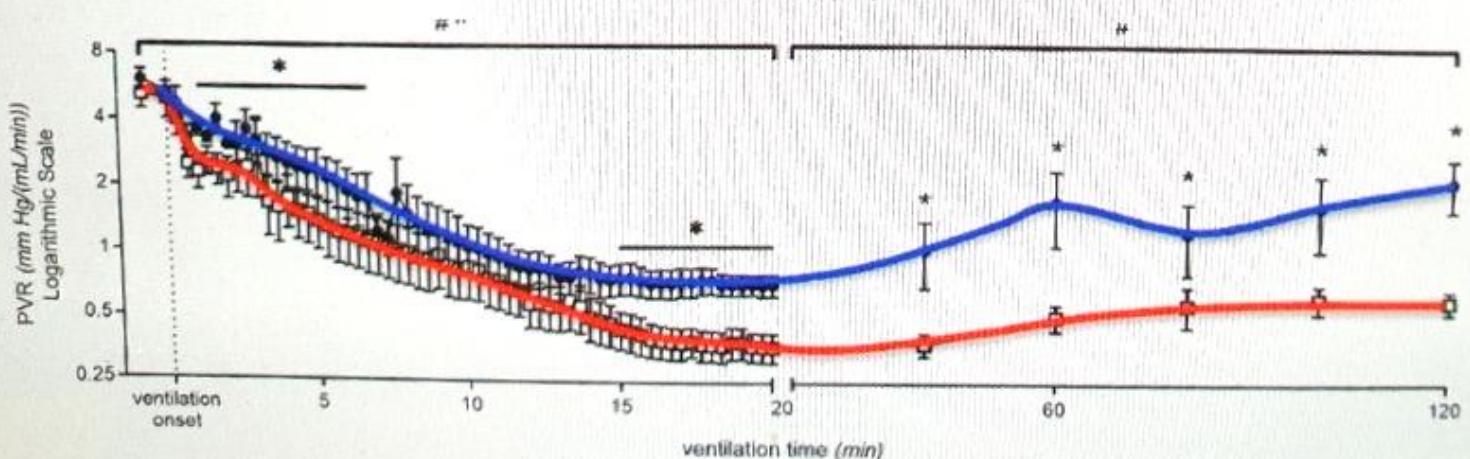


CDH Lambs

Effect of Physiological based cord clamping



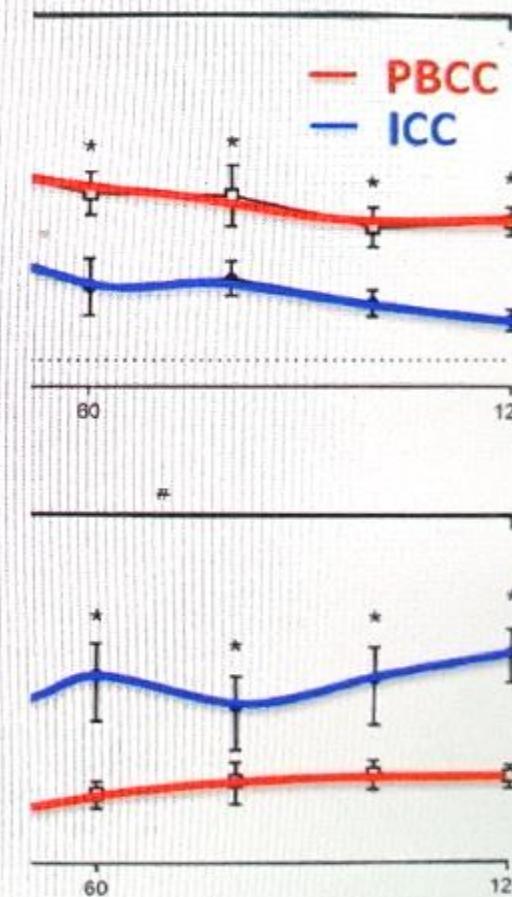
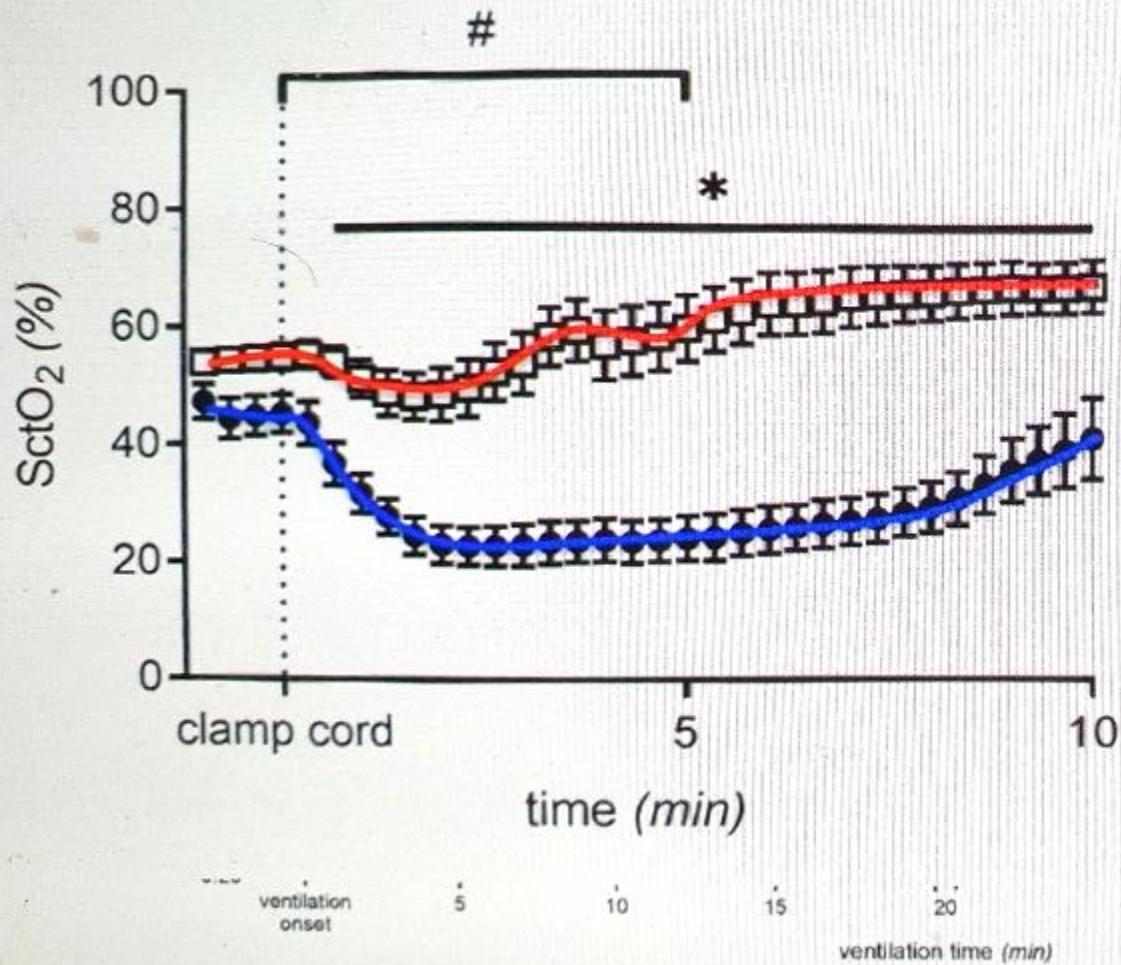
PBF



PVR

CDH Lambs

Effect of Physiological based cord clamping



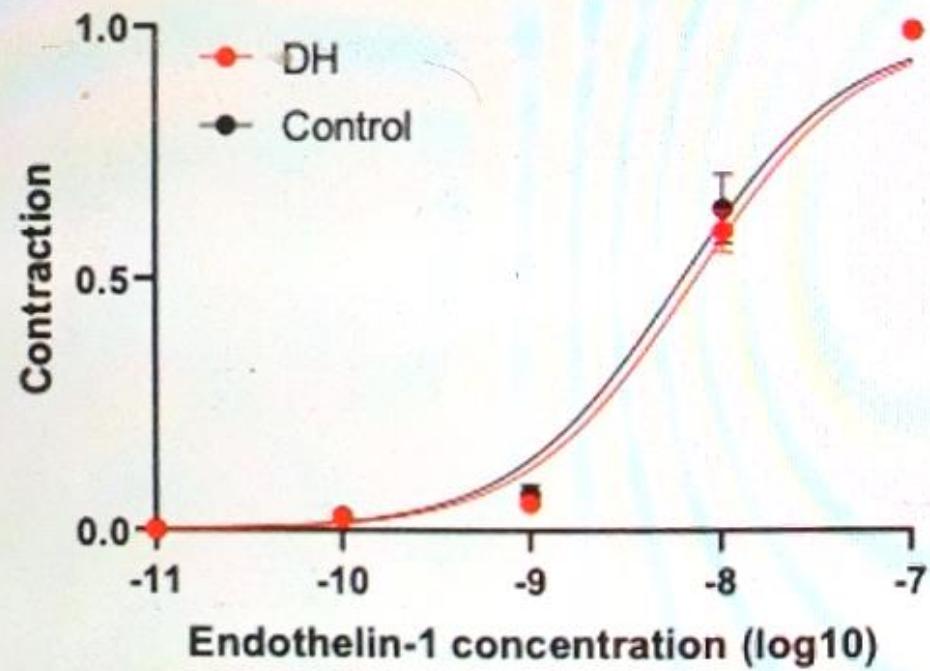
PBF

PVR

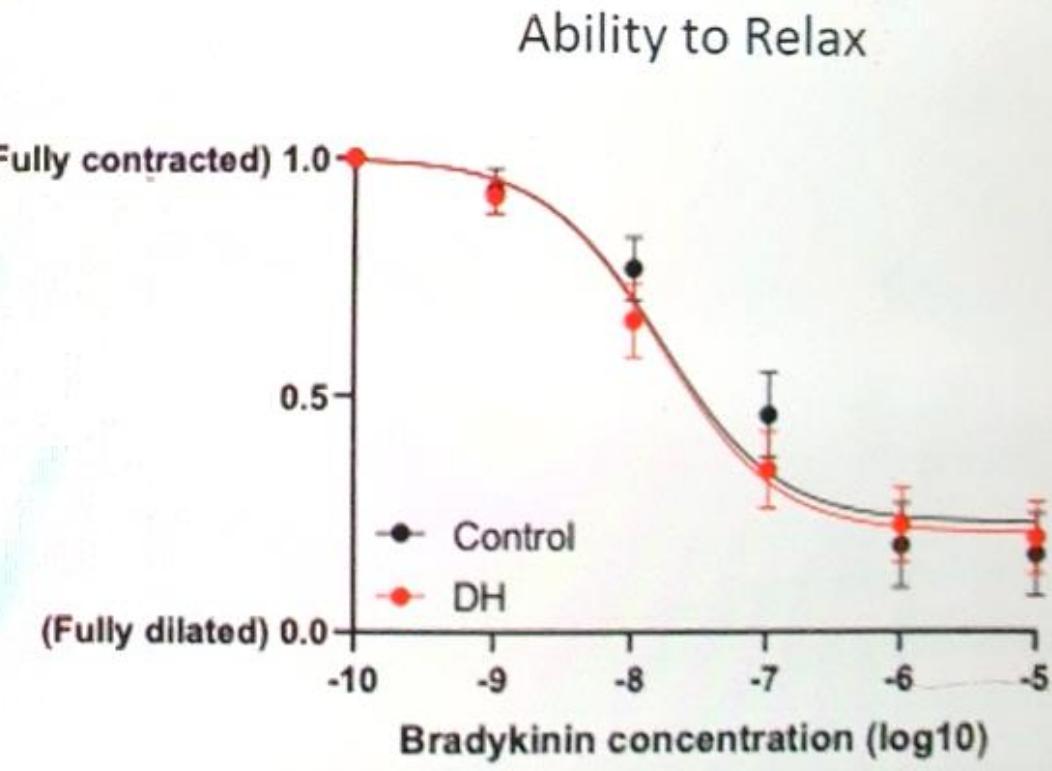
Myography in Unventilated lambs

Control Vs DH lambs

Ability to Contract



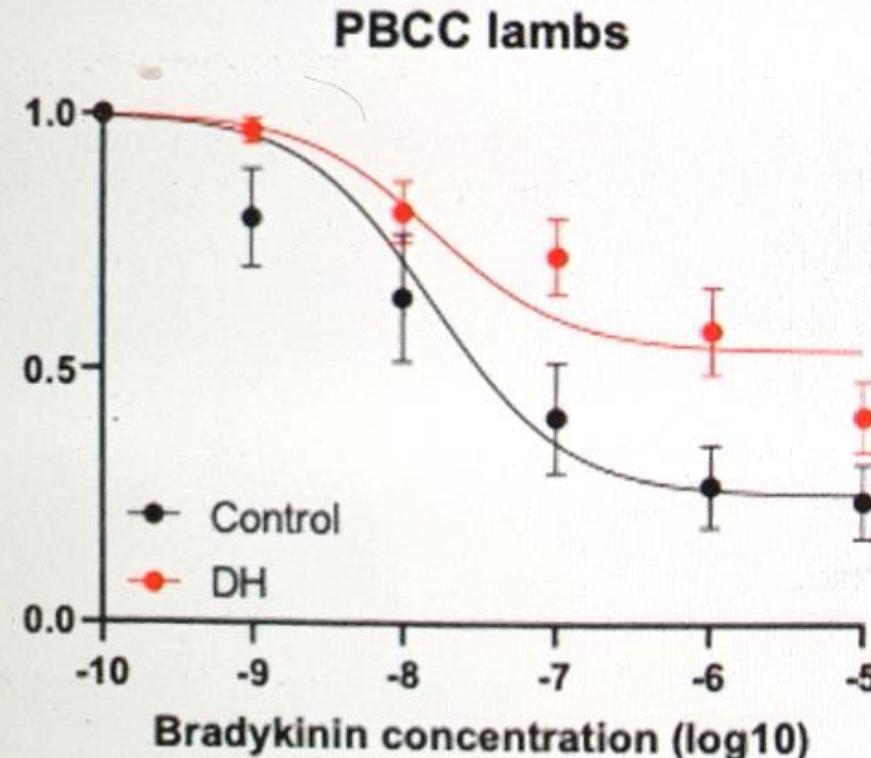
Ability to Relax



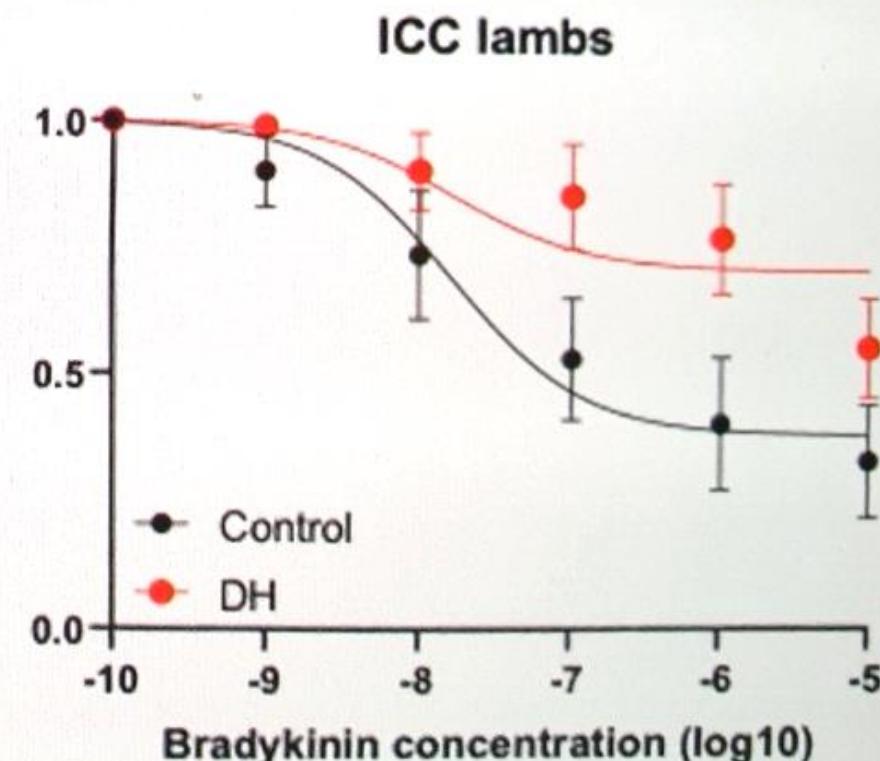
ICC reduces ability to relax

Following ventilation onset

PBCC = Physiological based cord clamping



ICC = Immediate cord clamping

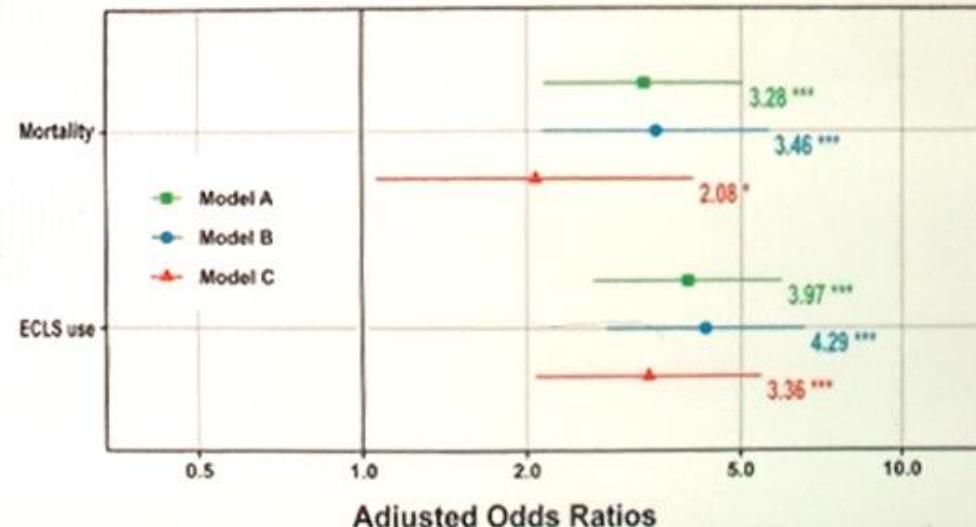


iNO in CDH – the controversy continues

Hôpital de Montréal
pour enfants
Centre universitaire
de santé McGill

Montreal Children's
Hospital
McGill University
Health Centre

- iNO has not been associated with improved outcomes in RCT including CDH newborns.
- Poster at PAS 2022 by Stanford group using the CDH registry
 - 1777 patients in CDH study group with echo in first 2 days of life
 - No improvement even in isolated RV dysfunction
 - Early iNO use associated with increased mortality and ECLS use even when adjusting:
 - A) echo characteristics (PH, function, shunt pattern), B)+ neonatal characteristics and defect side C) + size and repair



CDH Pathophysiology Review

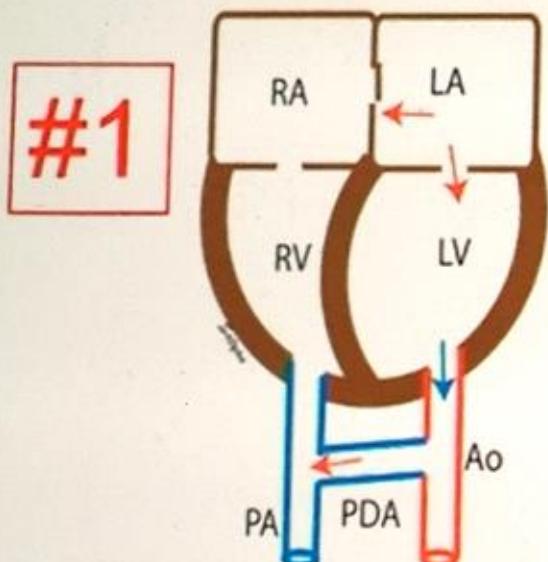
by Dr Shazia Bhombal (Stanford University), drawings by Dr Satyan Lakshminrusimha (UC Davis)

No/mild PH
No cardiac dysfunction

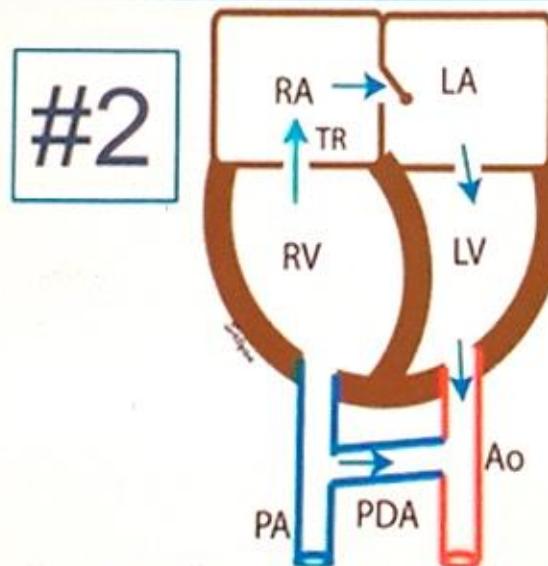
PH
No cardiac dysfunction/RV dysfunction

PH
LV dysfunction/BiV dysfunction

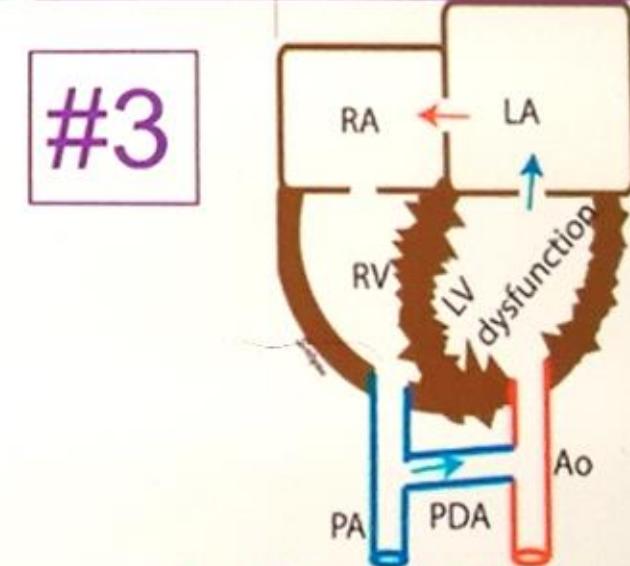
Pulmonary arterial Phenotype



Left to Right atrial shunt
Left to Right PDA



Right to left atrial shunt
Right to left PDA



Left to right atrial shunt
Right to left PDA

CDH Management – Precision Medicine

Adapted from slide provided by Dr Shazia Bhombal (Stanford)

#1

No or mild PH, normal function

Resp management, no additional support
Continue to monitor for clinical change and echo as needed

Early Echocardiography

Assess for CHD

Moderate or severe PH

#3

Normal function

iNO
+/- Milrinone

#2

RV dysfunction +/- LV

iNO
Maintain ductus
Systolic and diastolic RV support

- Milrinone
- Epi
- Vasopressin
- ± Hydrocort
- ± Ductus

LV dysfunction/+/-RV

Systolic and diastolic LV support

- Milrinone
- Dobutamine
- Epi

± ductus for systemic flow
Avoid iNO
± Ductus
± Hydrocortisone



Stanford
Children's Health

Lucile Packard
Children's Hospital
Stanford

Clinical Studies

- Single-center retrospective study
- 392 CDH patients
- 2008-2020
- Standardized protocols

	Male	Female	P value
o/e TFLV median, (IQR)	0.29 (0.23-0.39)	0.31 (0.23-0.41)	0.63

CDH Outcomes – Female vs. Male		
Outcome	Exposure = Female	
	Adjusted Odds Ratio (95% CI)	P value
ECMO Use	0.41 (0.18-0.92)	0.03

Resolution of Pulmonary Hypertension on Echocardiogram at 1 year			
Outcome	Male	Female	P value
Pulmonary Hypertension Resolution at 1 Year	25%	49%	0.03



ORIGINAL ARTICLE Full Access

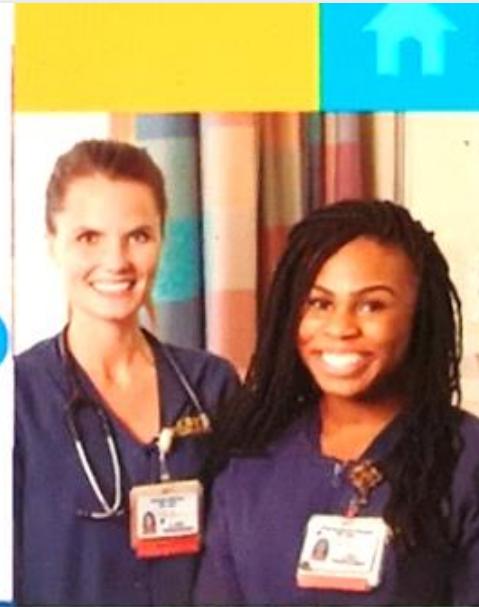
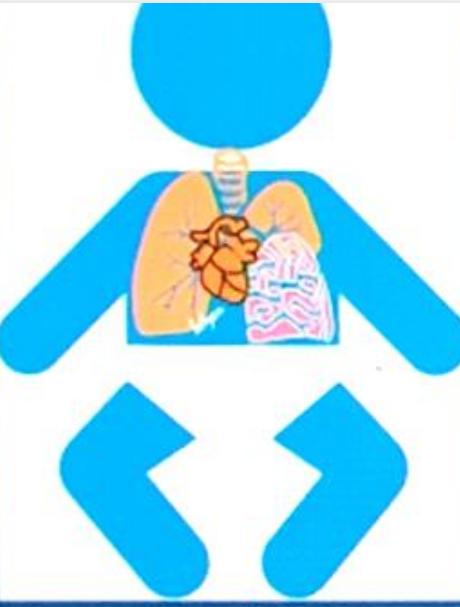
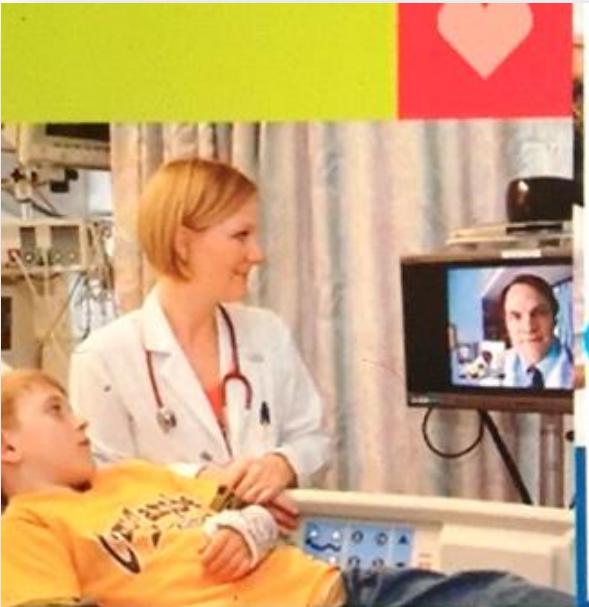
Clinical features and outcomes associated with tracheostomy in congenital diaphragmatic hernia

Sahar Al Baroudi MD, Joseph M. Collaco MD, MS, MBA, MPH, PhD, Pamela A. Lally MD, Matthew T. Harting MD, MS, Eric B. Jelin MD See fewer authors ^



Summary

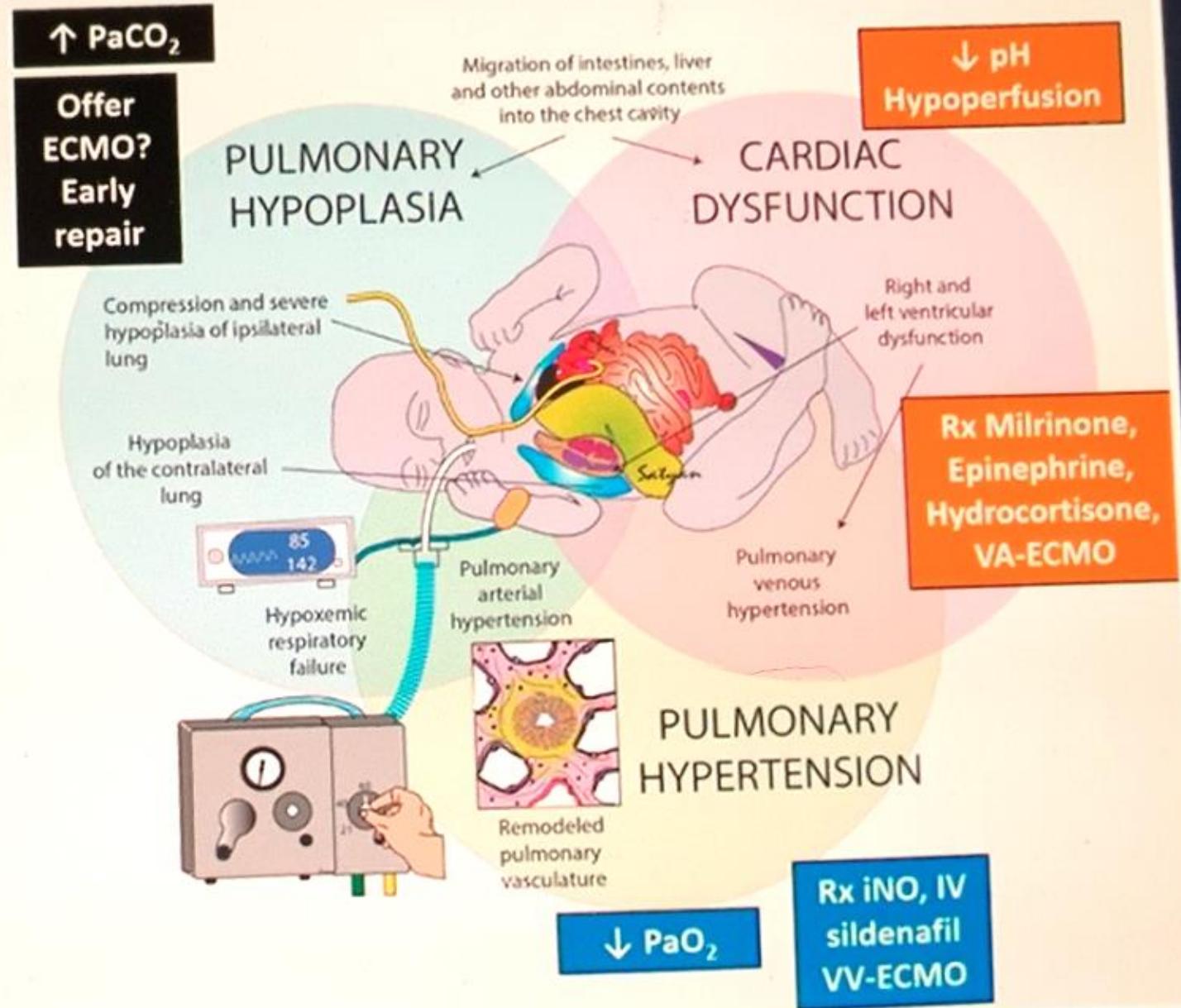
- Clinical data suggests that there are sex-based difference in PH outcomes of neonates born with CDH
- There are sex-based differences in transcriptome and functional differences in proliferation, migration, and tube formation in HUVECs of CDH patients

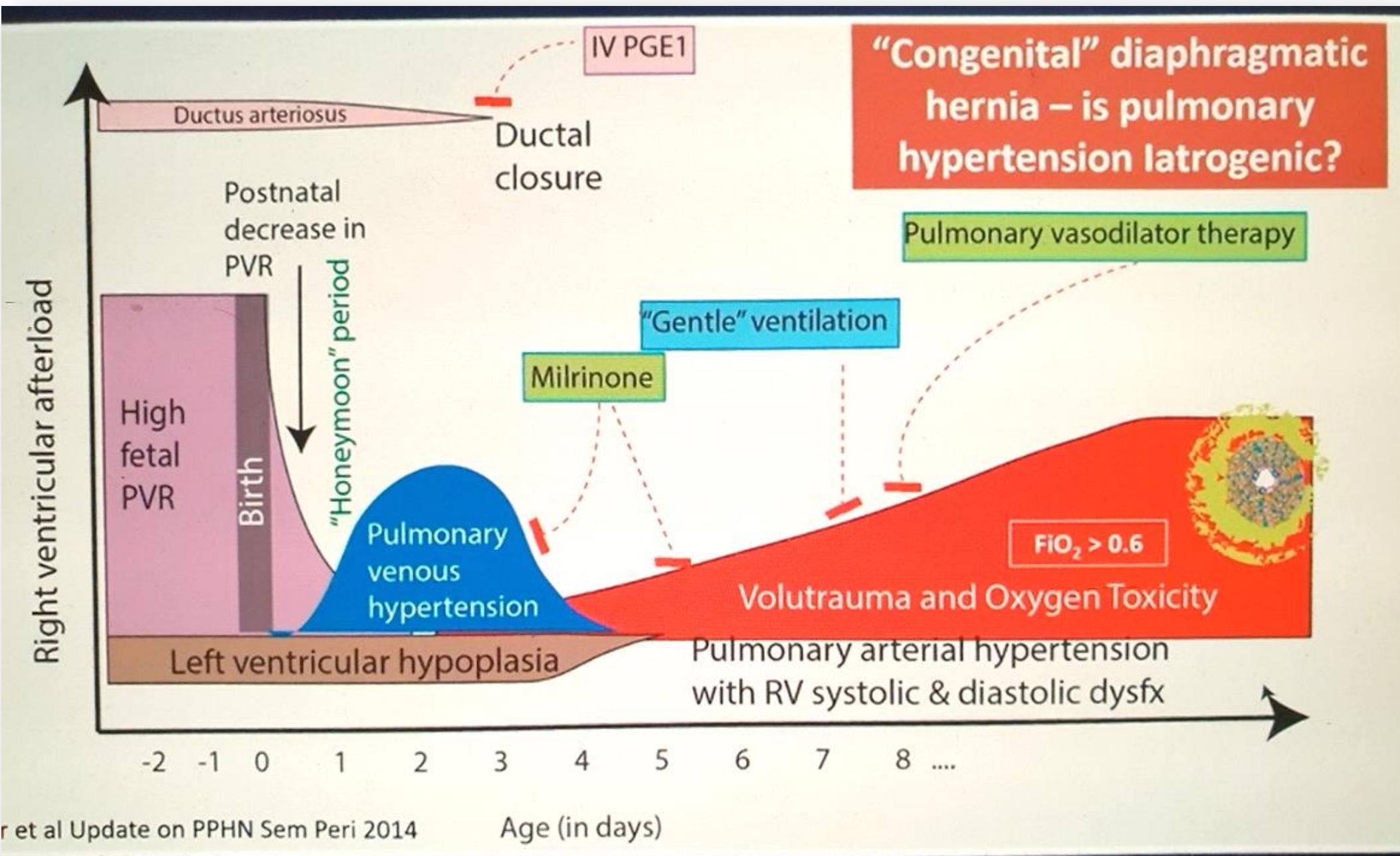


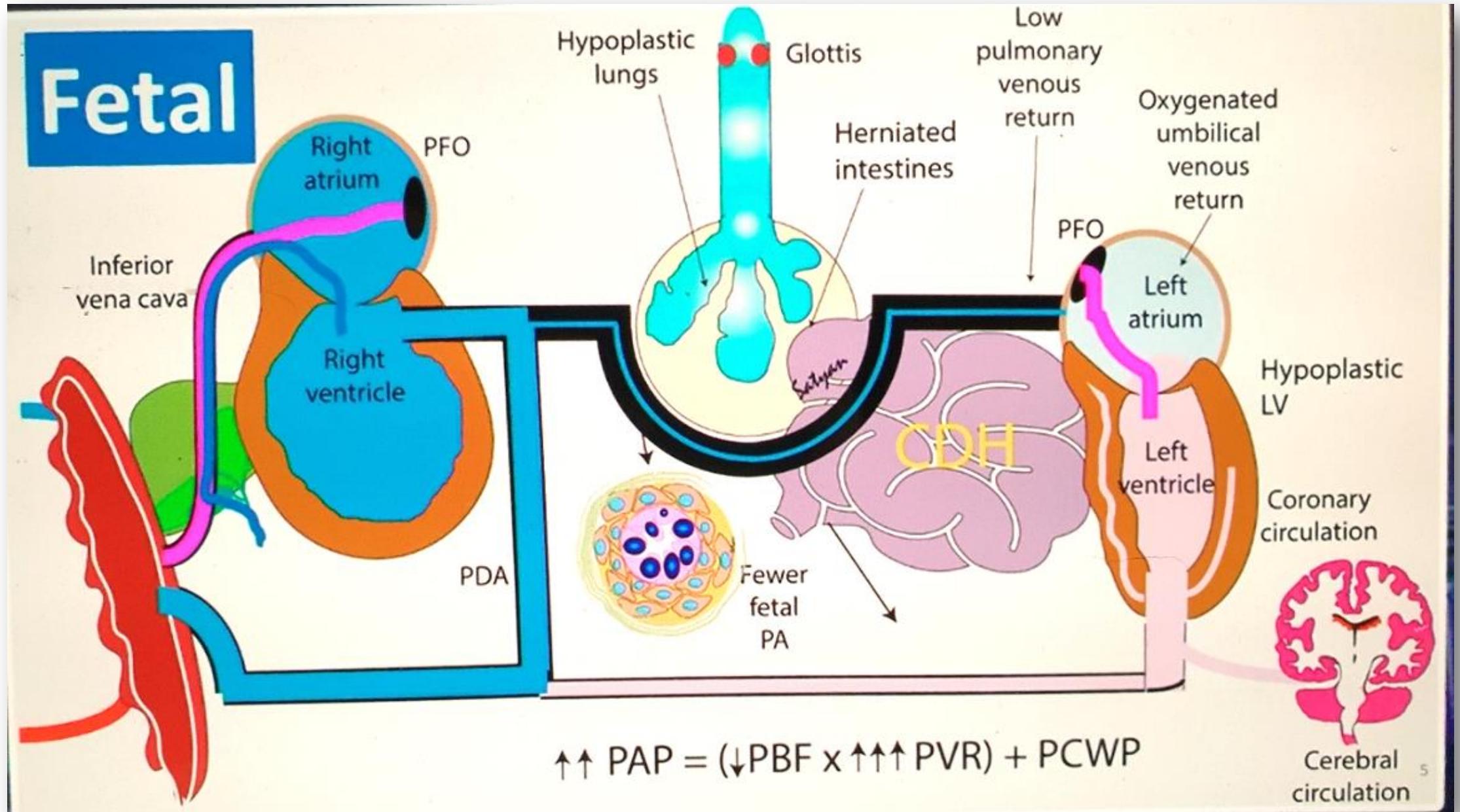
Pulmonary Hypertension in CDH

Satyan Lakshminrusimha, MD FAAP
Professor and Chair of Pediatrics,
Pediatrician-in-Chief, UC Davis Children's
Hospital, Sacramento, California
slakshmi@ucdavis.edu @neosatyan

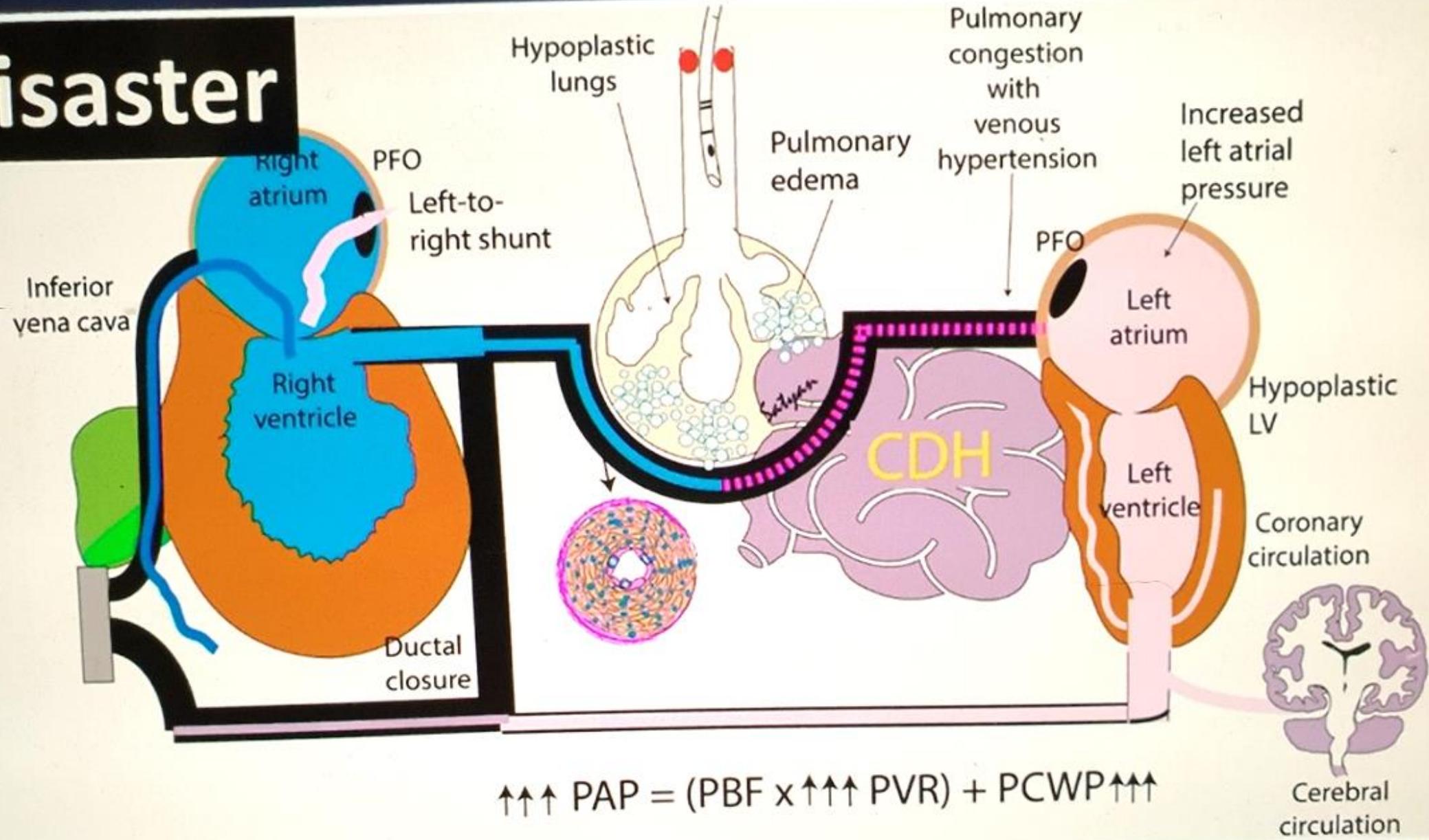
Congenital Diaphragmatic Hernia: Three Pathologies



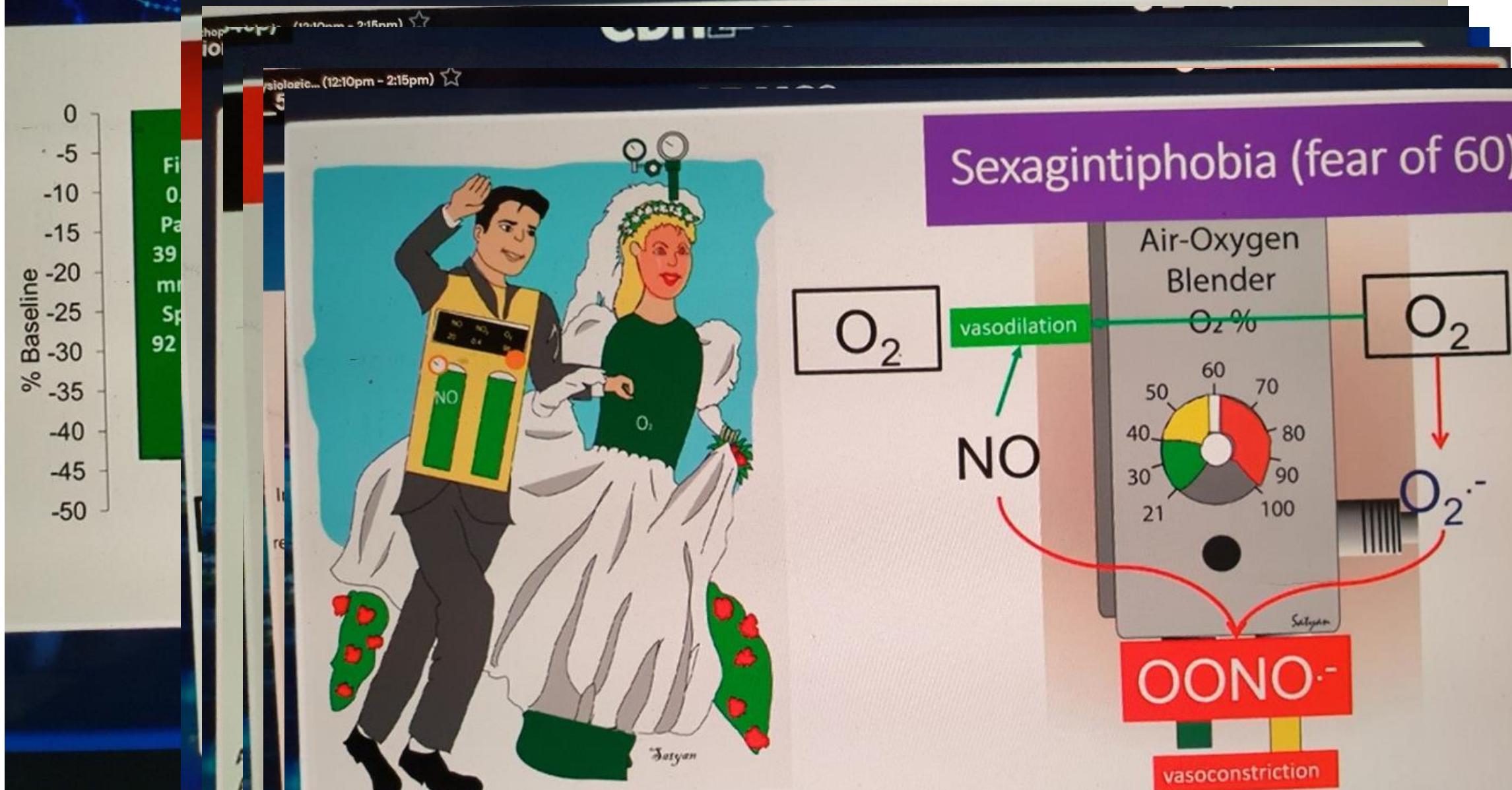




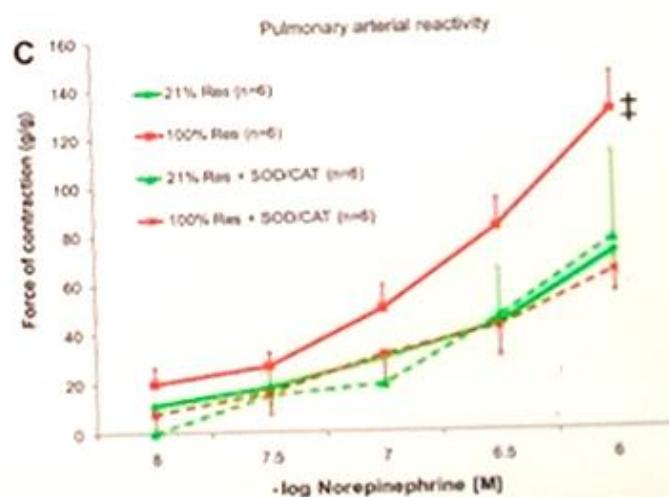
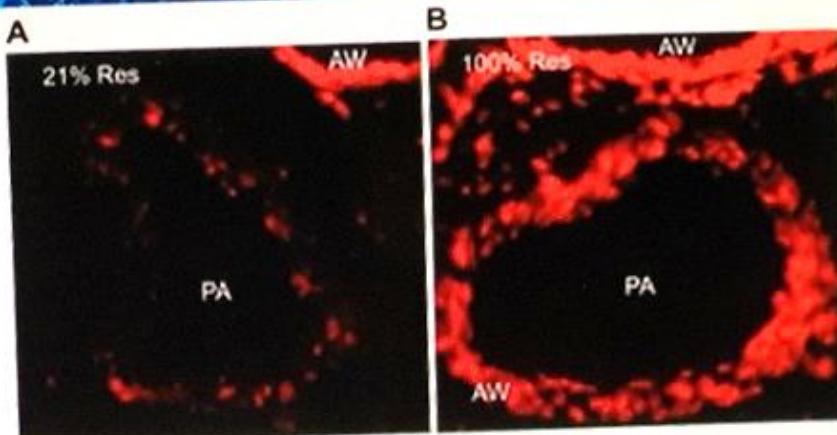
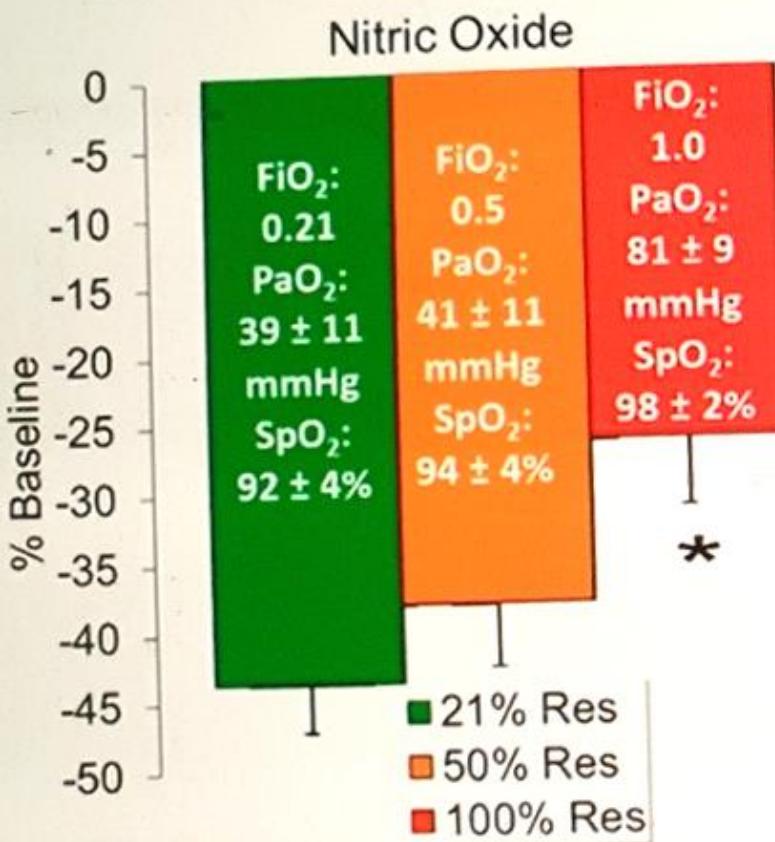
Disaster



Exposure to High FiO₂ can Impair Response to iNO



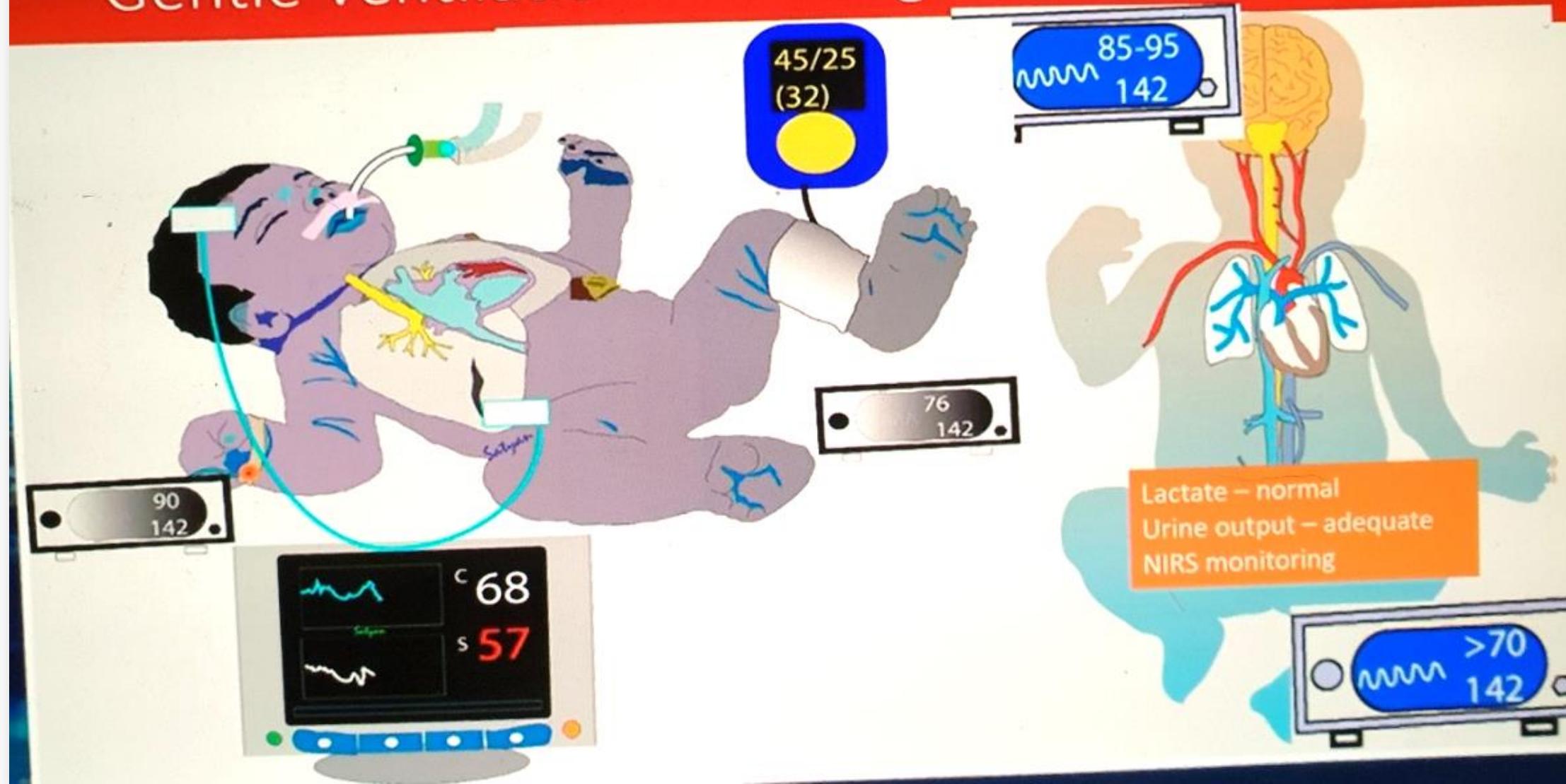
Exposure to High FiO₂ can Impair Response to iNO



Lakshminrusimha, et al.
"Pulmonary hemodynamics in
neonatal lambs resuscitated
with 21%, 50%, and 100%
oxygen." *Pediatric research*
62.3 (2007): 313-318.



Gentle Ventilation 101: Target Preductal Oxygen



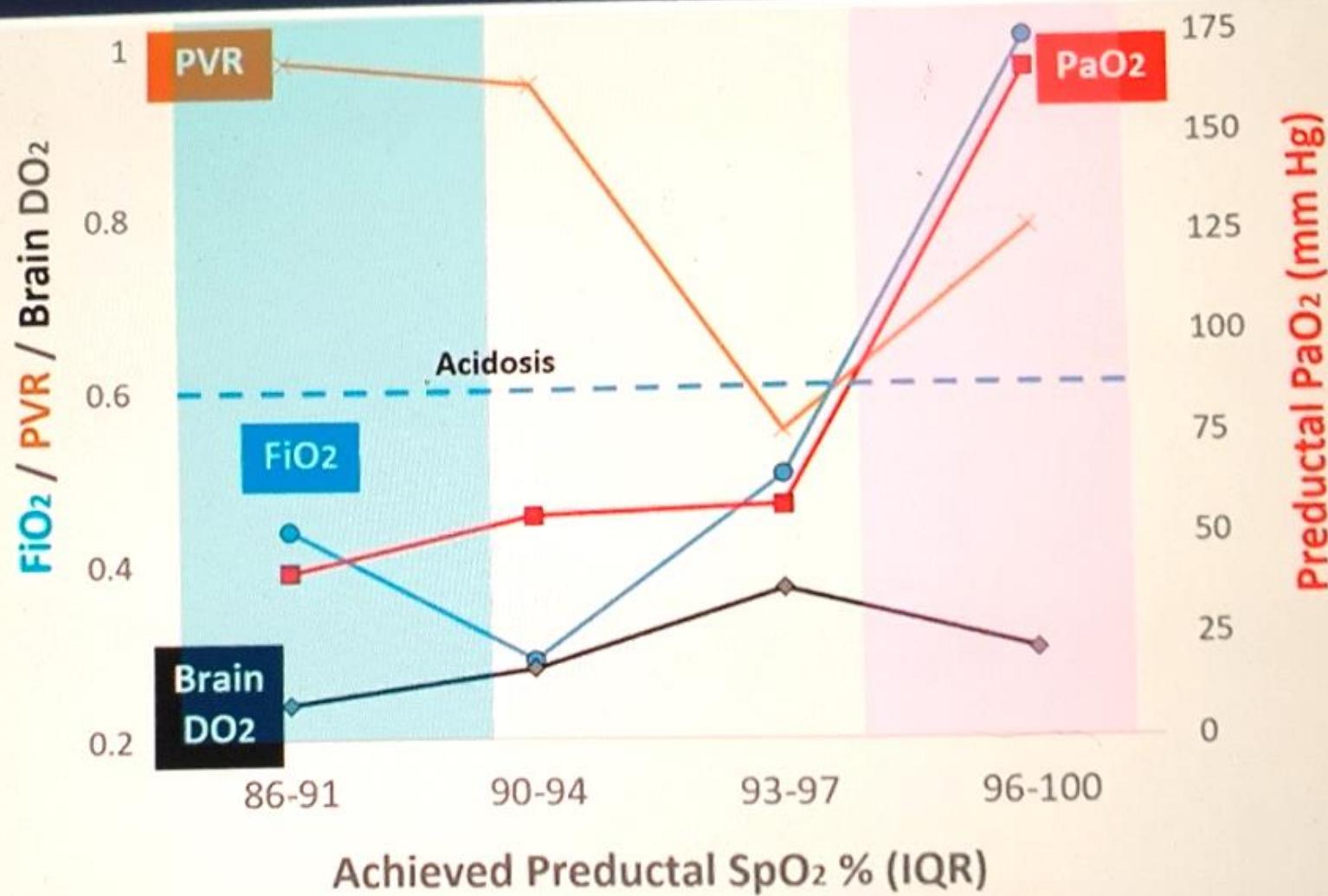
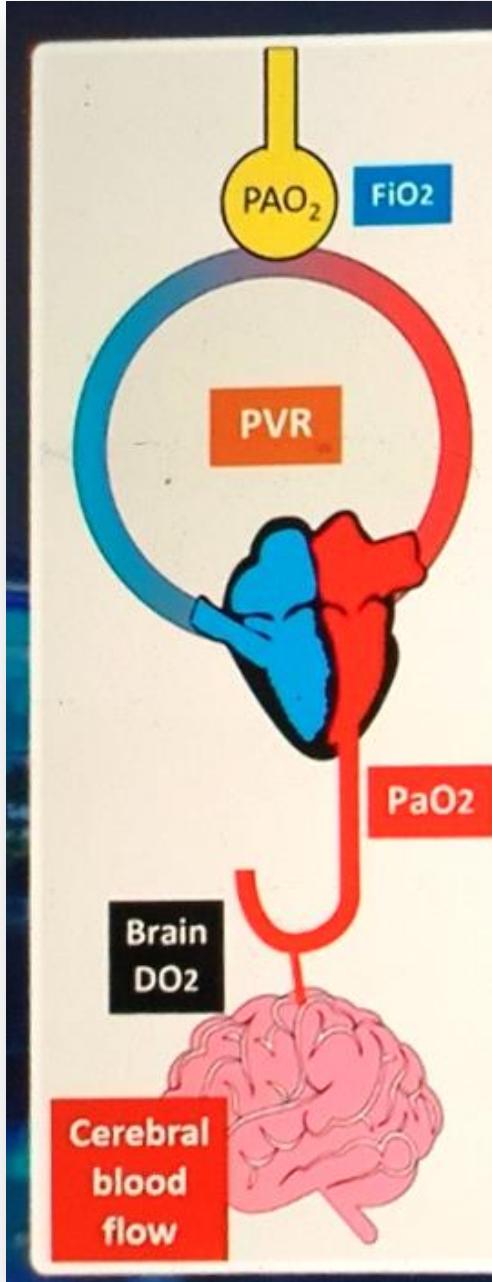
Importance of FiO_2 – Benefits and Risks

Sexagintiphobia (Fear of 60 or $> 60\% \text{ O}_2$)

If FiO_2 is < 0.6 ,
Try to maintain
preductal SpO_2 in
the low-to-mid
90s
Benefit of
pulmonary
vasodilation >
oxygen toxicity



If FiO_2 is > 0.6 ,
Try to tolerate
preductal SpO_2 in the
85-95% range and
watch NIRS, lactate &
urine output
Oxygen toxicity > risk
of hypoxic pulmonary
vasoconstriction



Rawat et al Am J Resp Mol Biol – July 2020

Optimal Initial Mode of Ventilation – VICI Trial



**MAP 13 to 17 cm H₂O,
Frequency 10 Hz,
Amplitude 30 to 50
I:E 1:1**

High Frequency Oscillator

OR

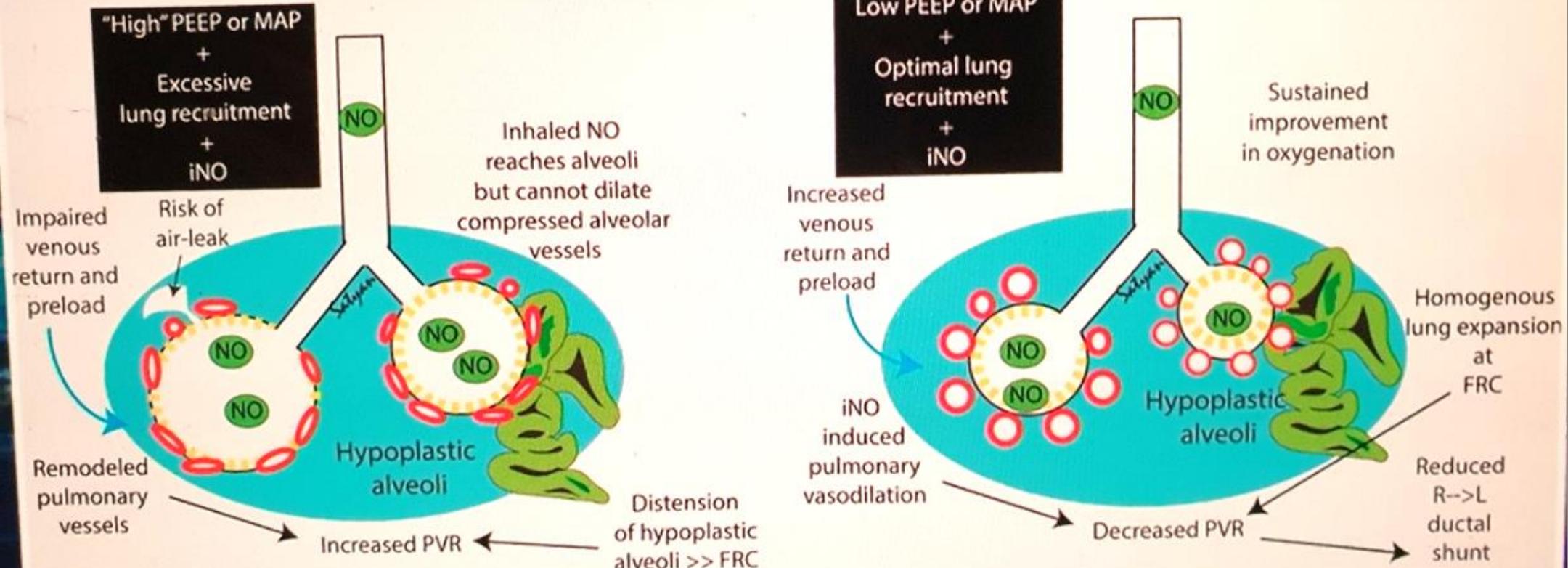
Snoek, Kitty G., et al.
"Conventional mechanical ventilation versus high-frequency oscillatory ventilation for congenital diaphragmatic hernia." *Annals of surgery* 263.5 (2016): 867-874.



**PIP 20-25 cm H₂O,
PEEP 2-5 cm H₂O
40-60 per minute**

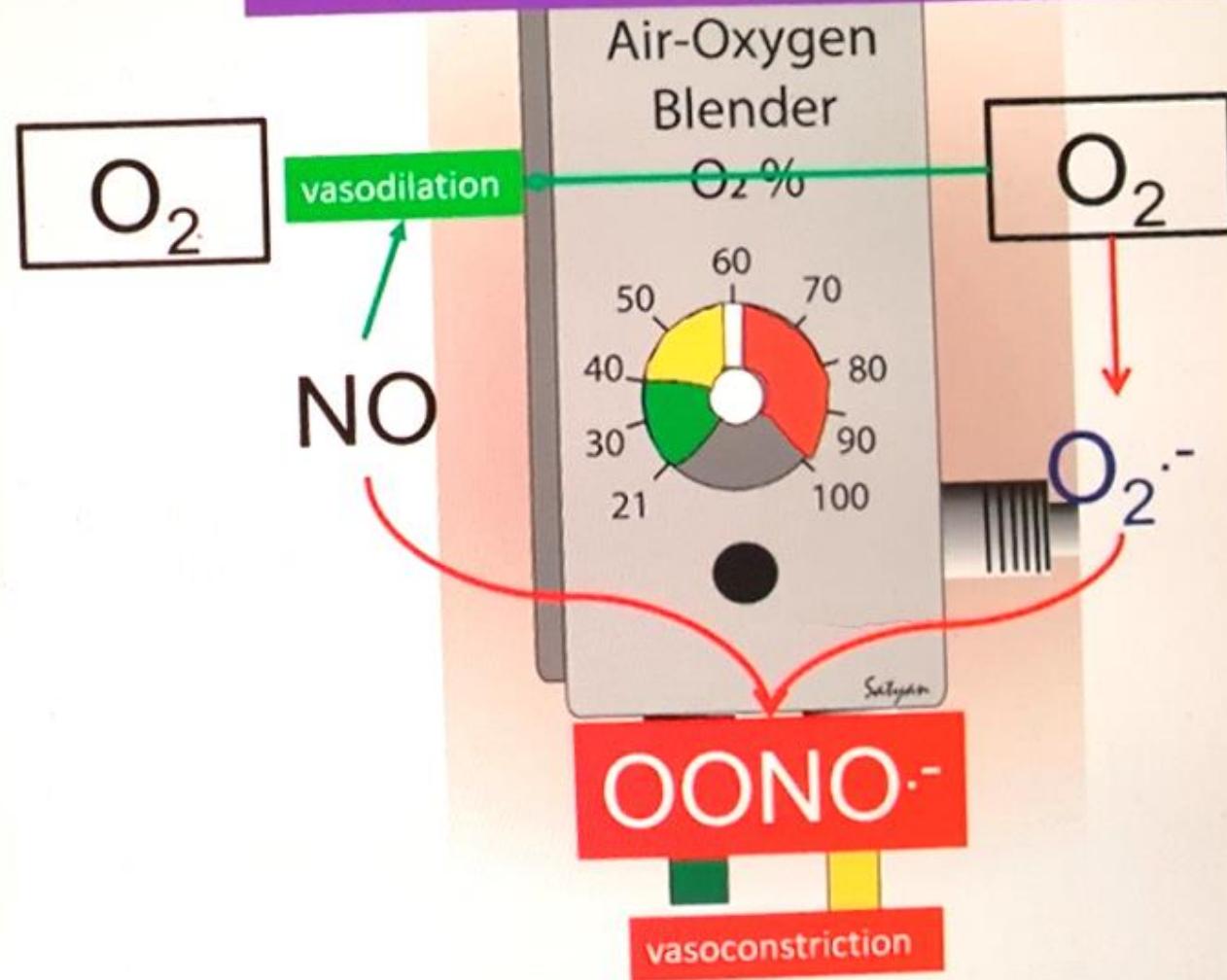
Conventional Ventilator

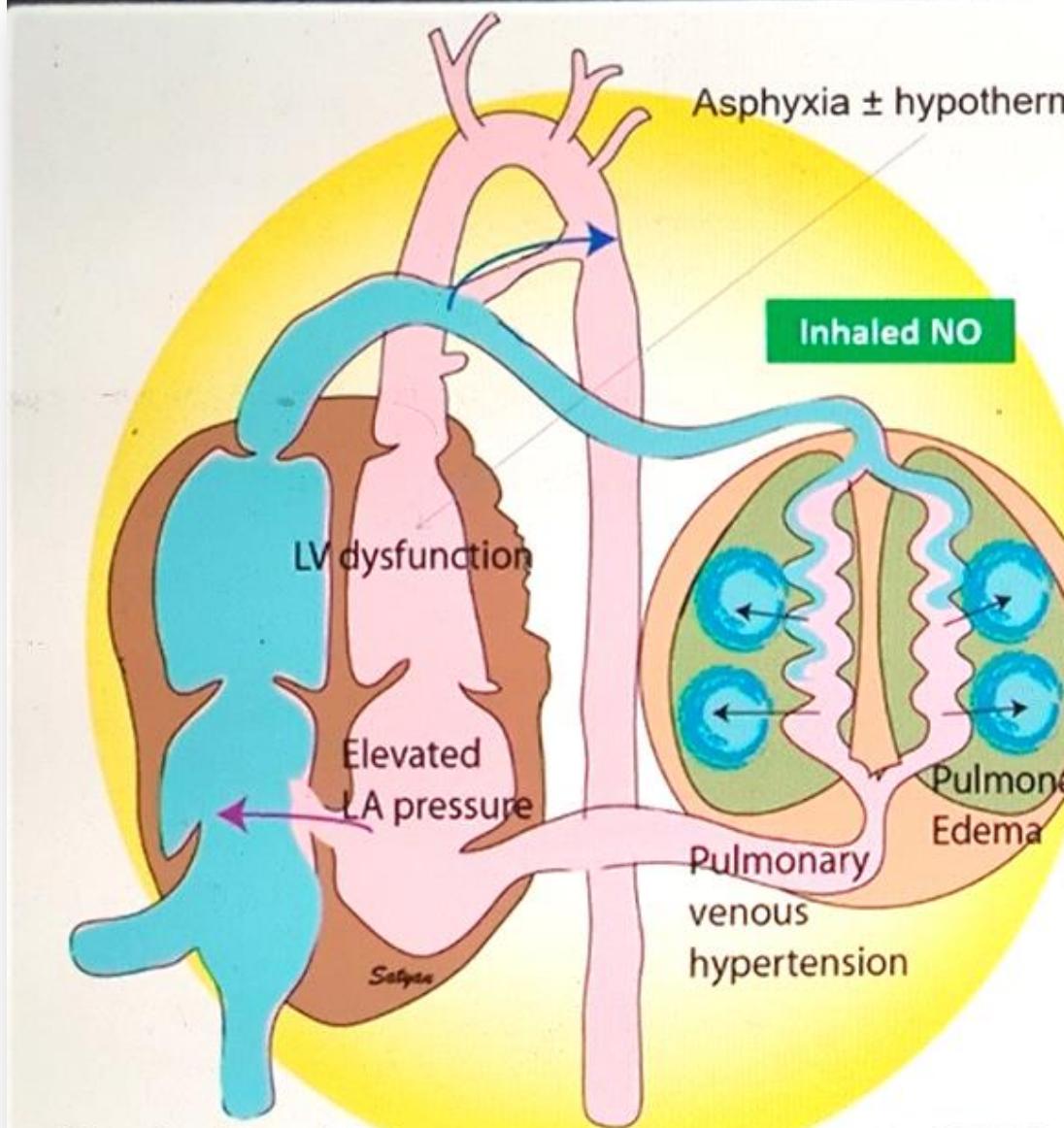
Optimal Lung Inflation in CDH





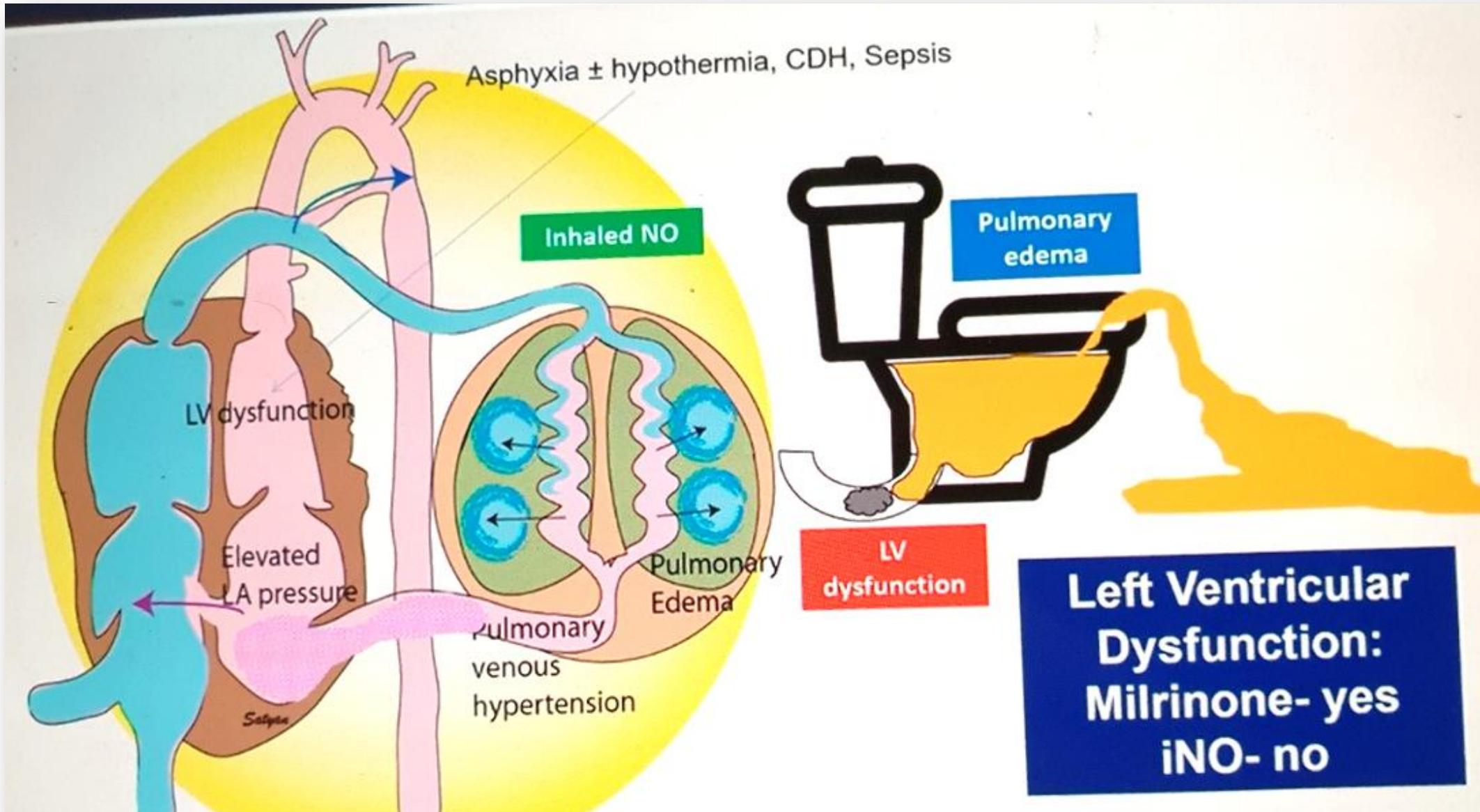
Sexagintiphobia (fear of 60)





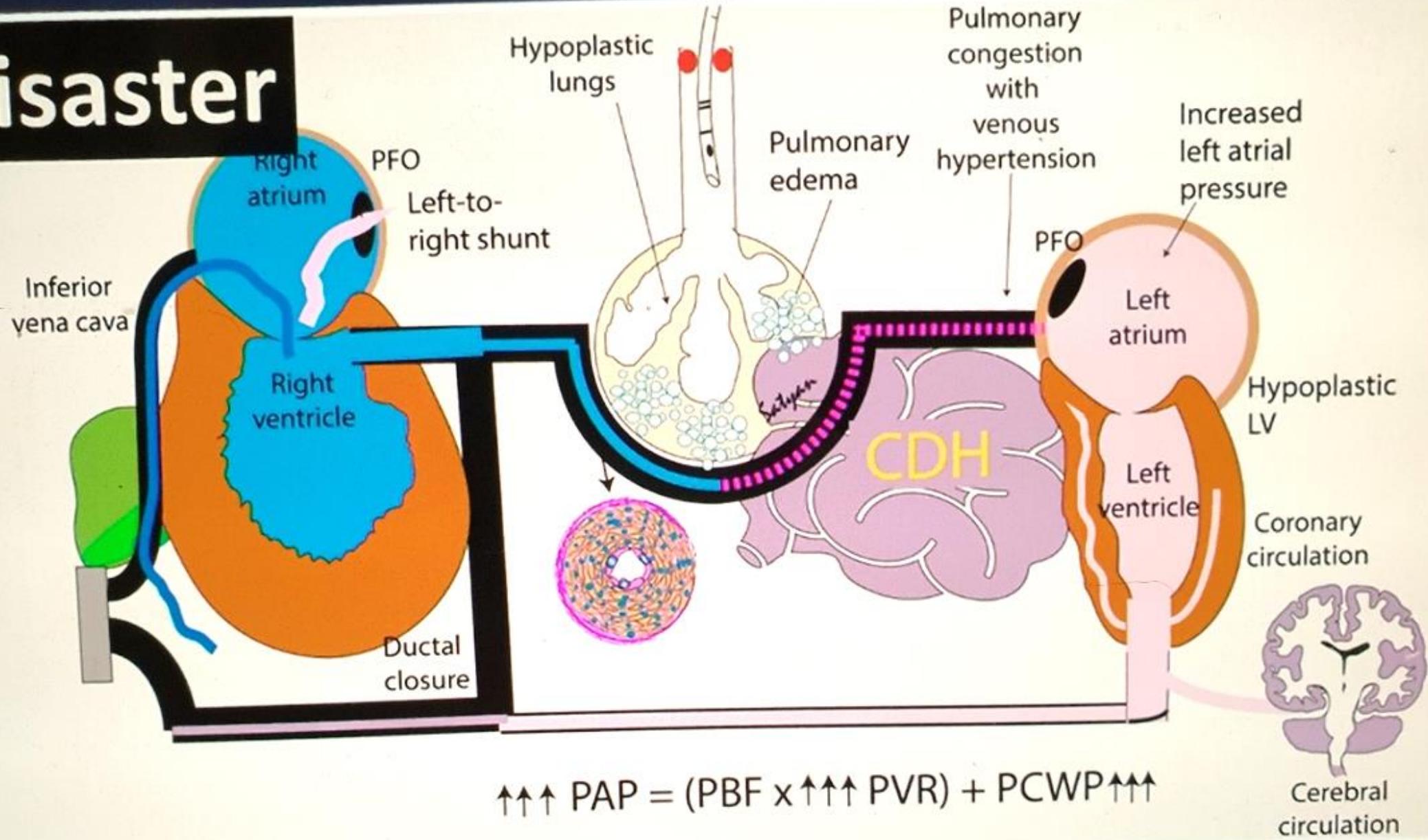
Left Ventricular Dysfunction:

Kinsella JP et al Pulmonary vasodilator therapy in CDH Seminars in Perinatology 2005

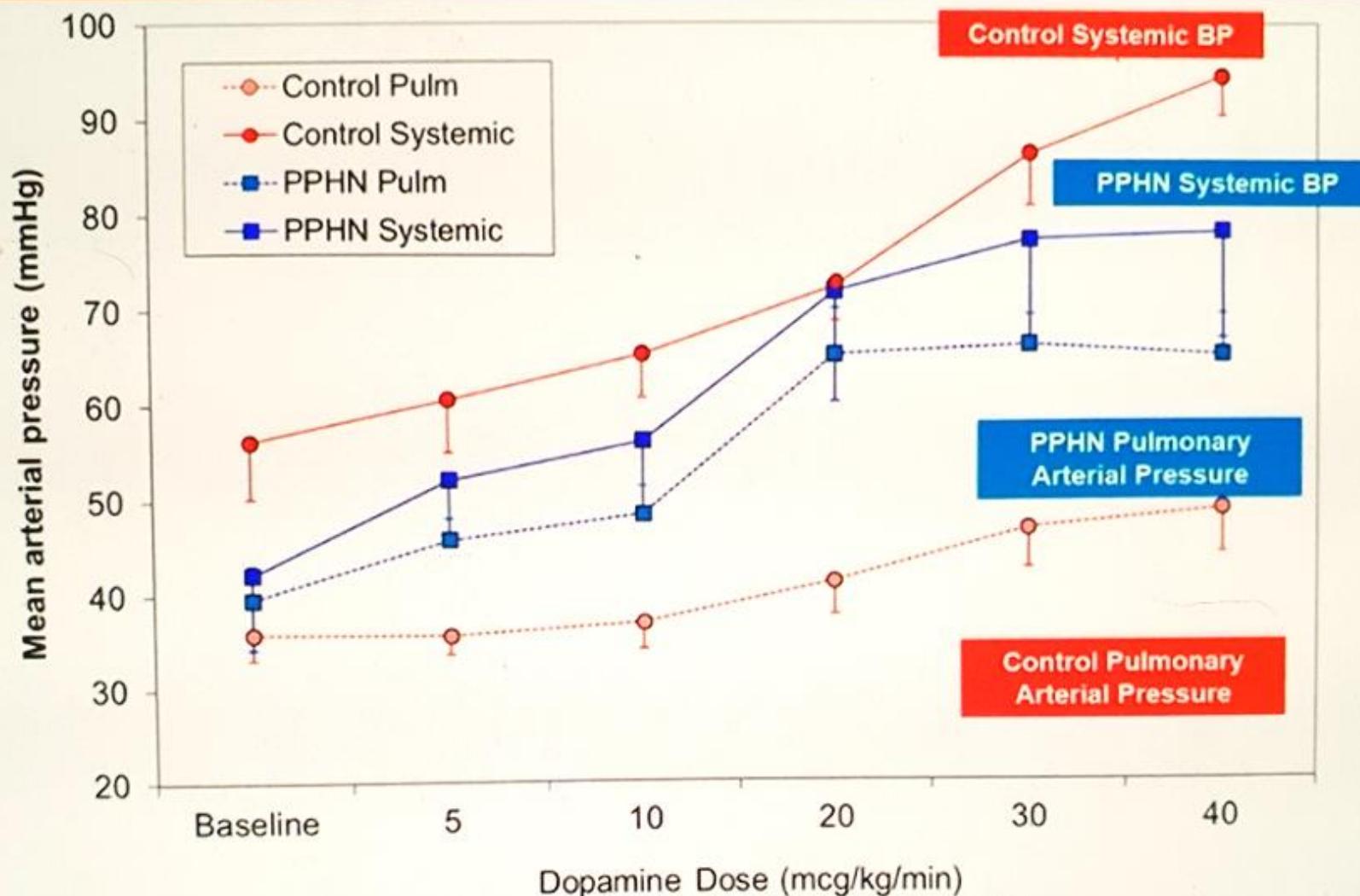


Kinsella JP et al Pulmonary vasodilator therapy in CDH Seminars in Perinatology 2005

Disaster

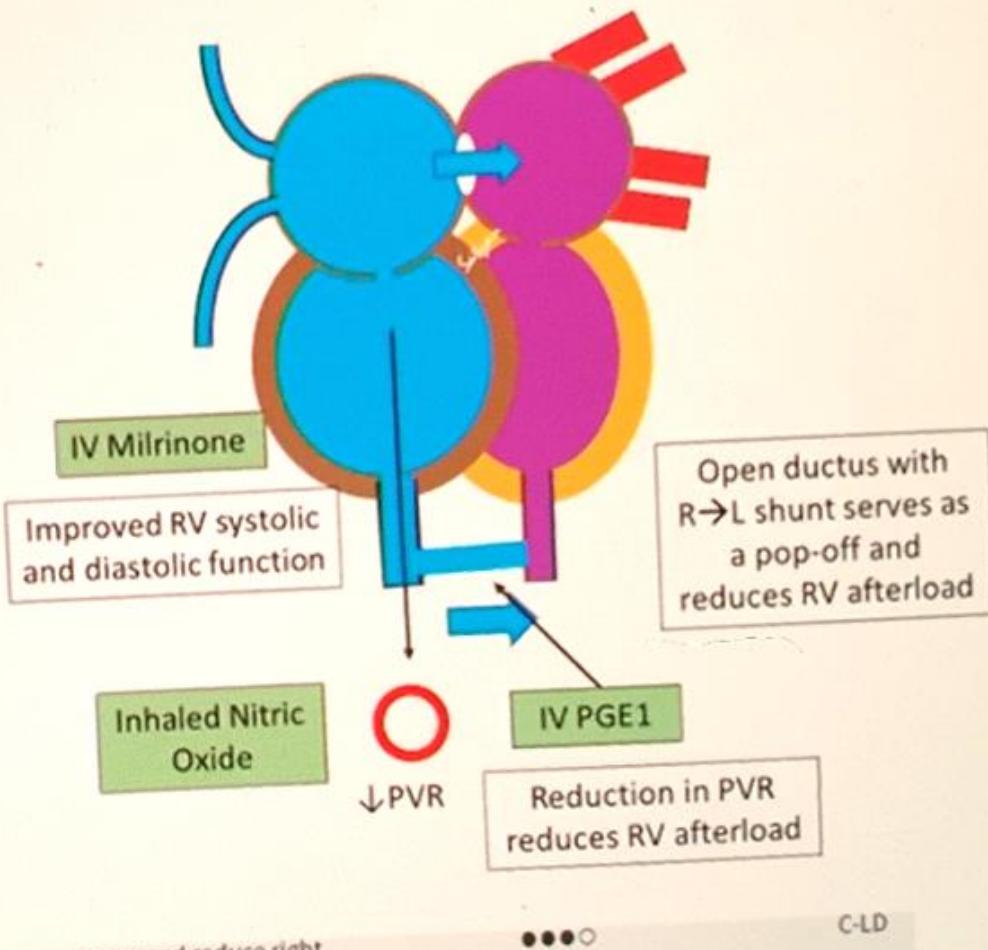
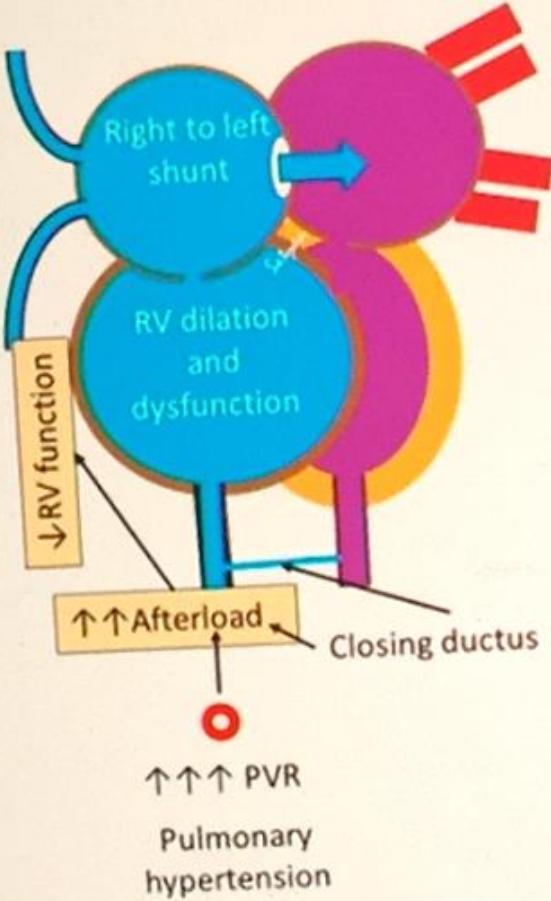


CAUTION: Dopamine & Selectivity to Systemic Circulation



Kirmani et al E PAS 2007; Lakshminrusimha et al Clin Perinatol 2012 McNamara – J Peds 2022

Use of IV PGE1 for Ductal Patency

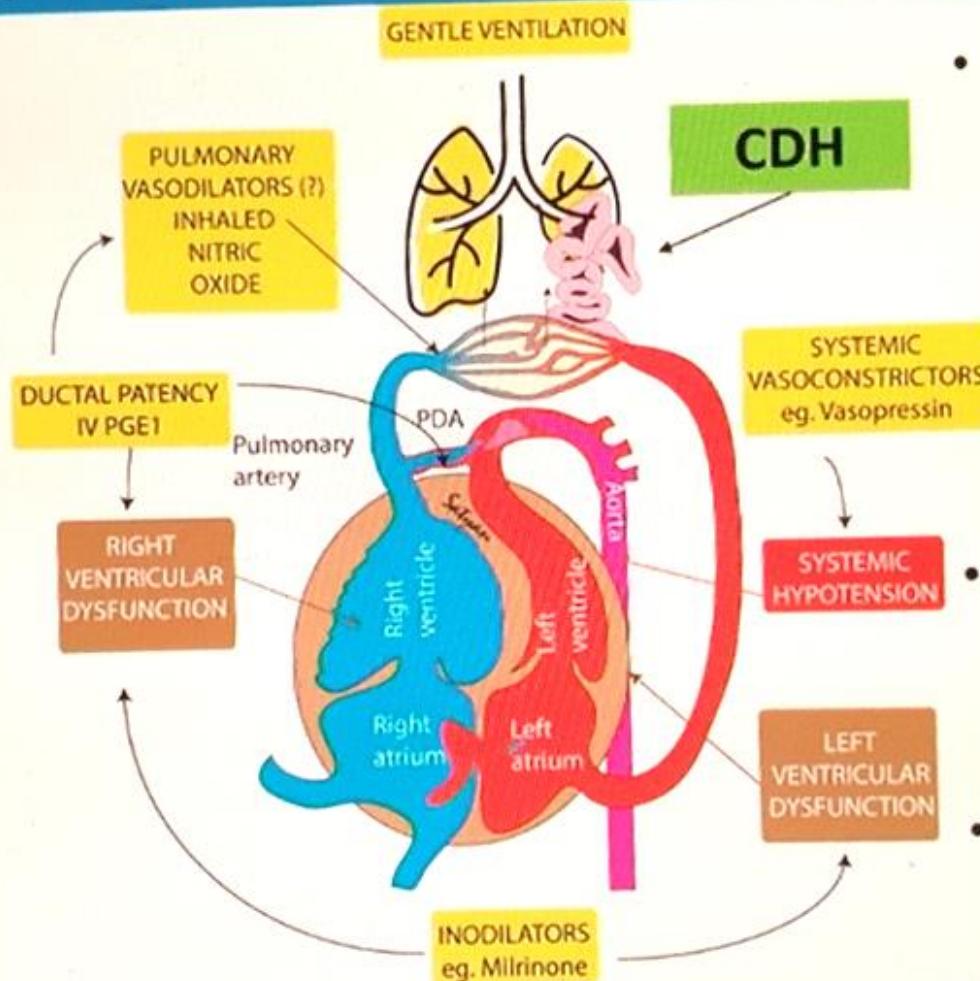


Prostaglandin E₁ can be used to maintain ductus arteriosus patency and reduce right ventricular afterload in patients with pulmonary hypertension with right ventricular failure, or in the presence of a closing ductus.

C-LD

An Evidence-Based Approach to Diagnose and Manage PH in Congenital Diaphragmatic Hernia – Mimic the Fetus

- PULMONARY HYPOPLASIA: Gentle, lung protective ventilation, SpO_2 targets in the low-90s (mid-90s if acidotic and $\text{FiO}_2 < 0.6$)
- Consider low PEEP
- Reasonable Hgb (fetal preferred)
 - ↓ iatrogenic loss
 - ↑ Placental transfusion



- PULMONARY HYPERTENSION: Pulmonary **vasodilators** iNO – (keep $\text{FiO}_2 < 0.6$), sildenafil, bosentan, prostaglandins) and correction of systemic hypotension
- VENTRICULAR DYSFUNCTION: Early use of inodilators (**milrinone**)
- DUCTAL PATENCY: with **PGE1** for pop-off

To intubate or not?

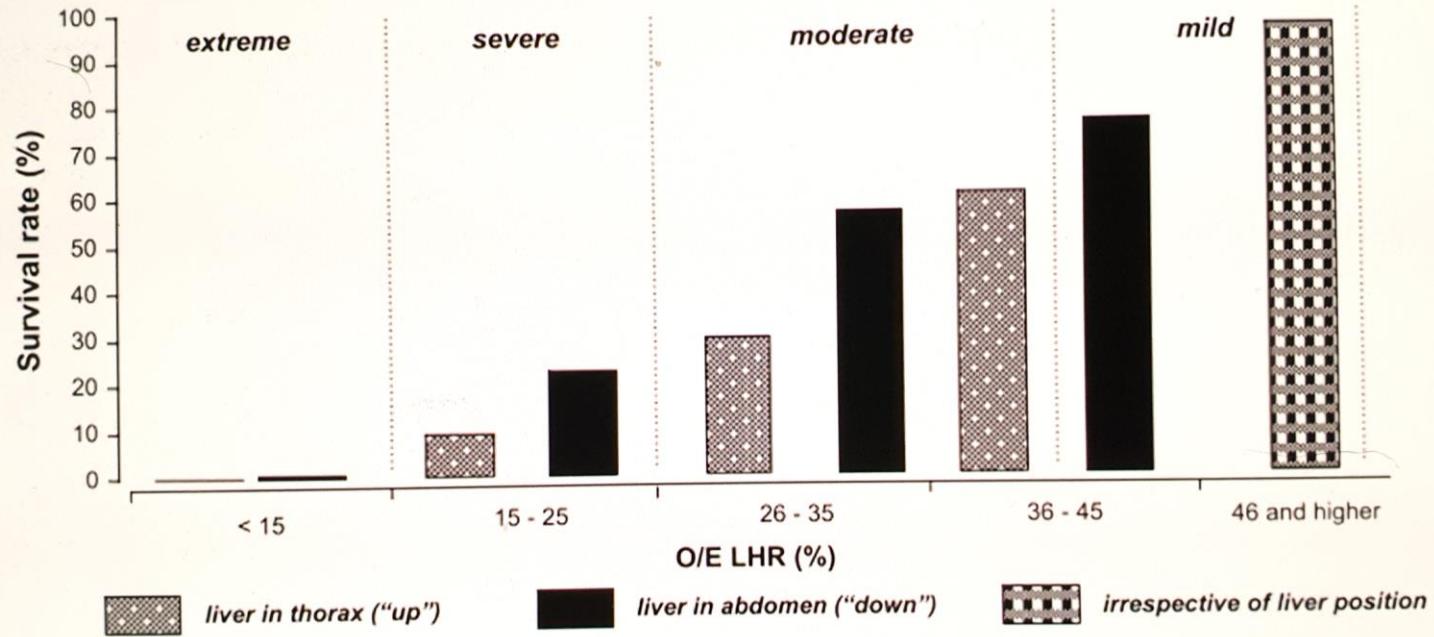
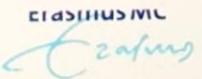


Fig. 2. Survival rates depending on observed/expected lung:head ratio (O/E LHR) measurements and liver position as in the antenatal congenital diaphragmatic hernia registry.
(Based on data from Jani et al.¹¹).

(Deprest, Flemmer et al. 2009)

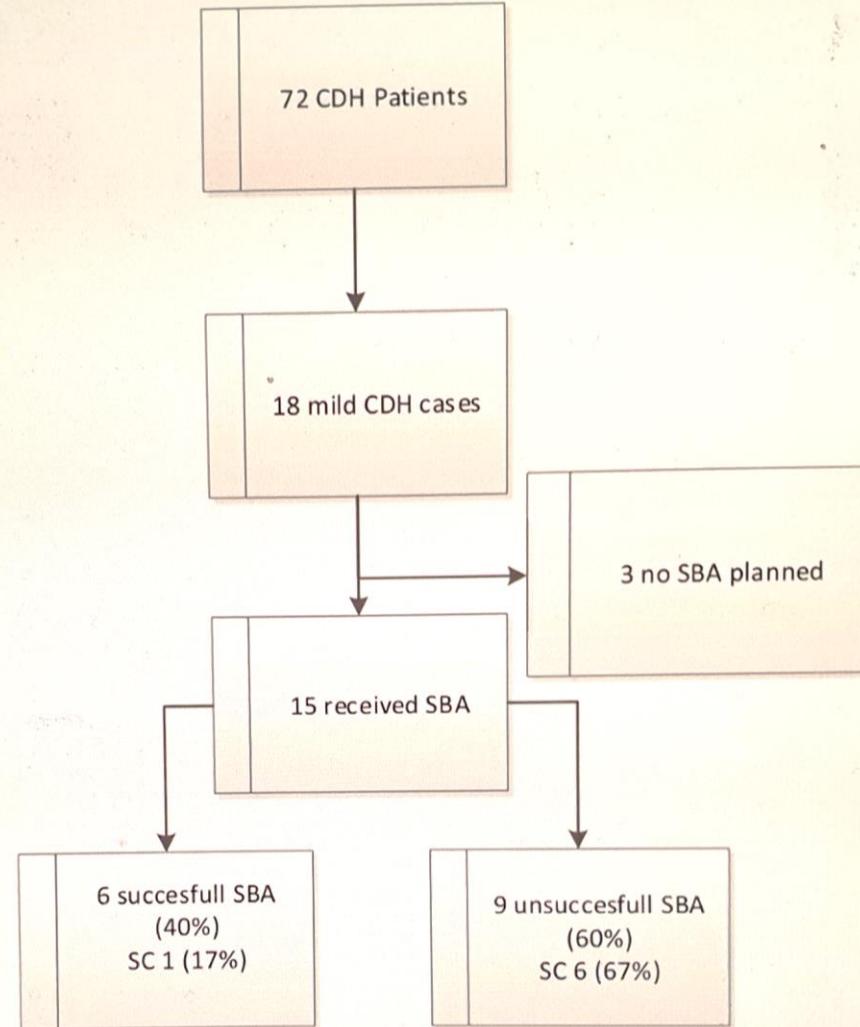


Erasmus MC

Sophia Children's Hospital

SBA

Mild:
L-CDH
O/E LHR ≥ 50
Liver down
No anomalies



(Cochius – den Otter et al. Pediatrics 2020)

SBA

	Successful SBT (n=6) Median / %	Failed SBT (n=9) Median (IQR)	p-value
Apgar score 5 minutes	8 (8-9)	7 ((7-9)	0.18
Peak ventilator pressure	23.5 (21.5-27)	23 (19.5-25)	0.37
Days on ventilator	1 (1-2.5)	7 (4-10)	0.004
Maximum FiO ₂ on the ventilator	60 (40-79)	50 (37.5-75)	0.64
Total oxygen therapy (days)	4.5 (2.5-7)	15 (5-17)	0.037

Cochius – den Otter et al. Pediatrics 2020

Resuscitation of Infants with an Intact Umbilical Cord

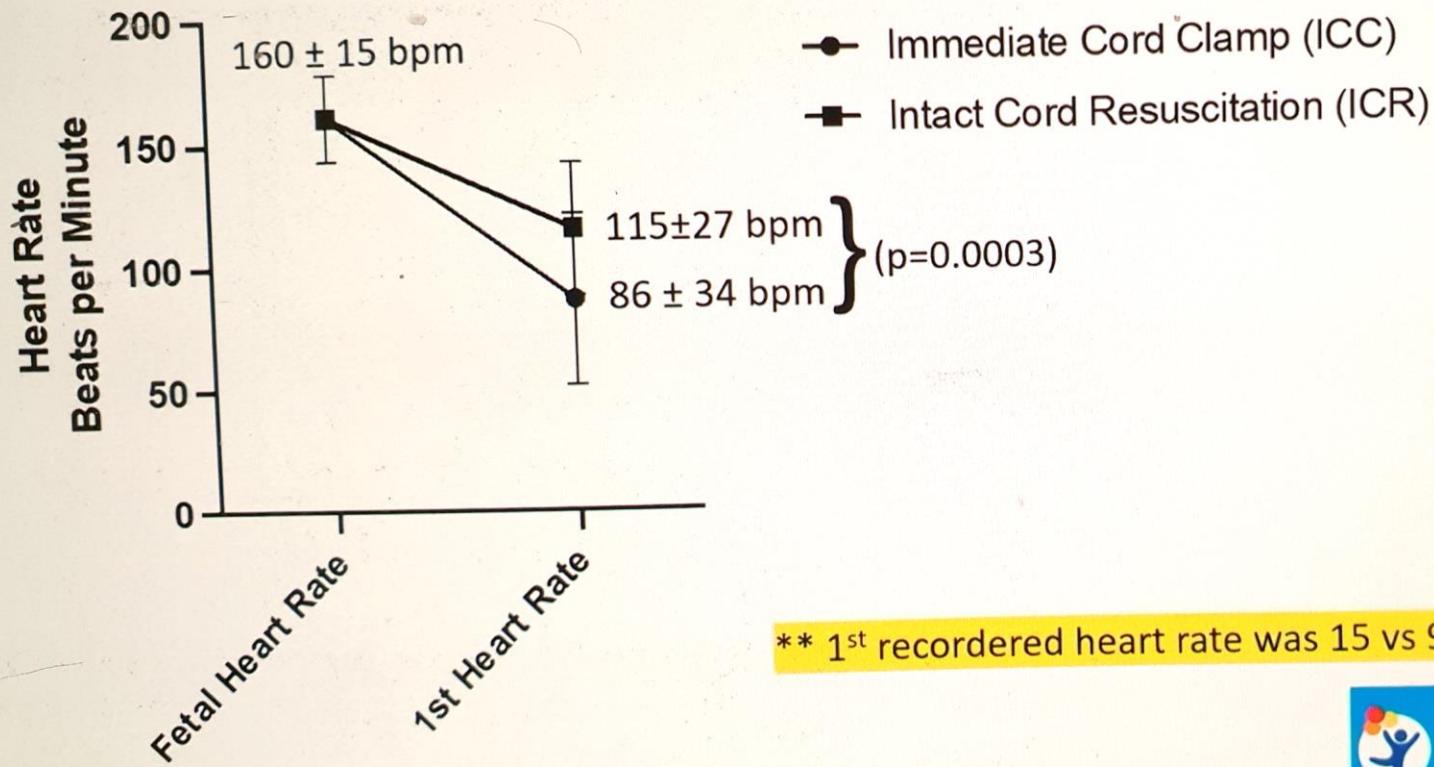
- C Section deliveries – infant placed on maternal legs
- Vaginal Deliveries – infant placed on maternal abdomen
 - Infant intubated with umbilical cord intact
 - Positive Pressure Ventilation initiated with T Piece Resuscitation
 - 25/5 rate 40-60 50% Oxygen
 - RN place preductal pulse-oximeter
 - HR < 60 bpm for > 60 seconds after initiation of Ventilation FiO₂ Increased to 100%



Demographics Intact Cord Resuscitation Versus Historical Controls

Characteristic	All (n=71)	Control (n=46)	Intervention (n=25)	P Value
Gestational Age.at.birth	37±2	37±2	38±1	0.1205
Weight	2958±489	2918±476	3030±514	0.3735
Percent Predicted Lung Volume (PPLV) 24wks	21±8	21±9	21±6	0.8939
Total Lung Volume (TLV)	31±13	30±12	32±15	0.6408
Lung Head Ratio (LHR)	1±1	1±0	1±1	0.1354
Observed:Expected LHR	45±17	44±17	46±16	0.6023
<u>Liver</u>				0.3773
Down	25 (35%)	14 (30%)	11 (44%)	
Up	46 (65%)	32 (70%)	14 (56%)	
APGAR.1	5±2	5±2	5±2	0.448
APGAR.5	7±2	7±2	7±1	0.3075
<u>Closure</u>				0.3143
Primary	28 (39%)	15 (33%)	13 (52%)	
Flap	35 (49%)	25 (54%)	10 (40%)	
Patch	8 (11%)	6 (13%)	2 (8%)	

Intact Cord Resuscitation Attenuates the abrupt Onset of Bradycardia with Umbilical Cord Clamping



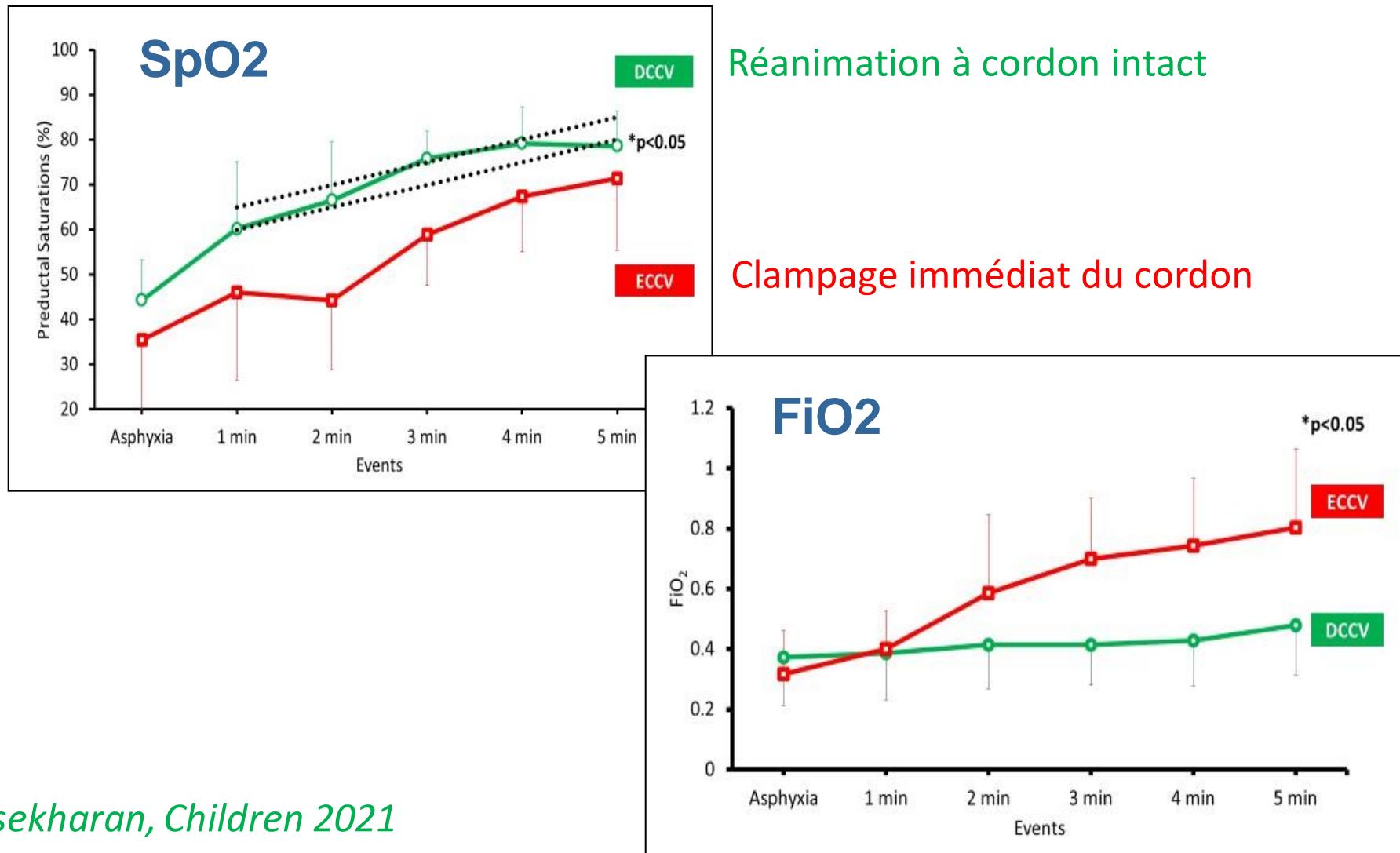
Echocardiographic Parameters Intact Cord Resuscitation Versus Historical Controls

	All (n=71)	Control (n=46)	Intervention (n=25)	
LV function				0.0234
Normal	43 (61%)	31 (67%)	12 (48%)	
Mild	6 (8%)	1 (2%)	5 (20%)	
Moderate	13 (18%)	10 (22%)	3 (12%)	
Severe	9 (13%)	4 (9%)	5 (20%)	
LV SF	35±13	35±13	34±15	0.8783
LF EF	64±19	67±16	60±22	0.2581
RV function				0.028
Normal	35 (49%)	27 (59%)	8 (32%)	
Mild	21 (30%)	9 (20%)	12 (48%)	
Moderate	12 (17%)	9 (20%)	3 (12%)	
Severe	3 (4%)	1 (2%)	2 (8%)	
TR jet	55±13	56±11	53±17	0.6277
PDA				0.7215
Bidirectional	52 (73%)	32 (70%)	20 (80%)	
Right to Left	18 (25%)	13 (28%)	5 (20%)	
Left to Right	1 (1%)	1 (2%)	0 (0%)	
PFO				0.8929
Bidirectional	26 (37%)	16 (35%)	10 (40%)	
Right to Left	11 (15%)	8 (17%)	3 (12%)	
Left to Right	34 (48%)	22 (48%)	12 (48%)	

Conclusion

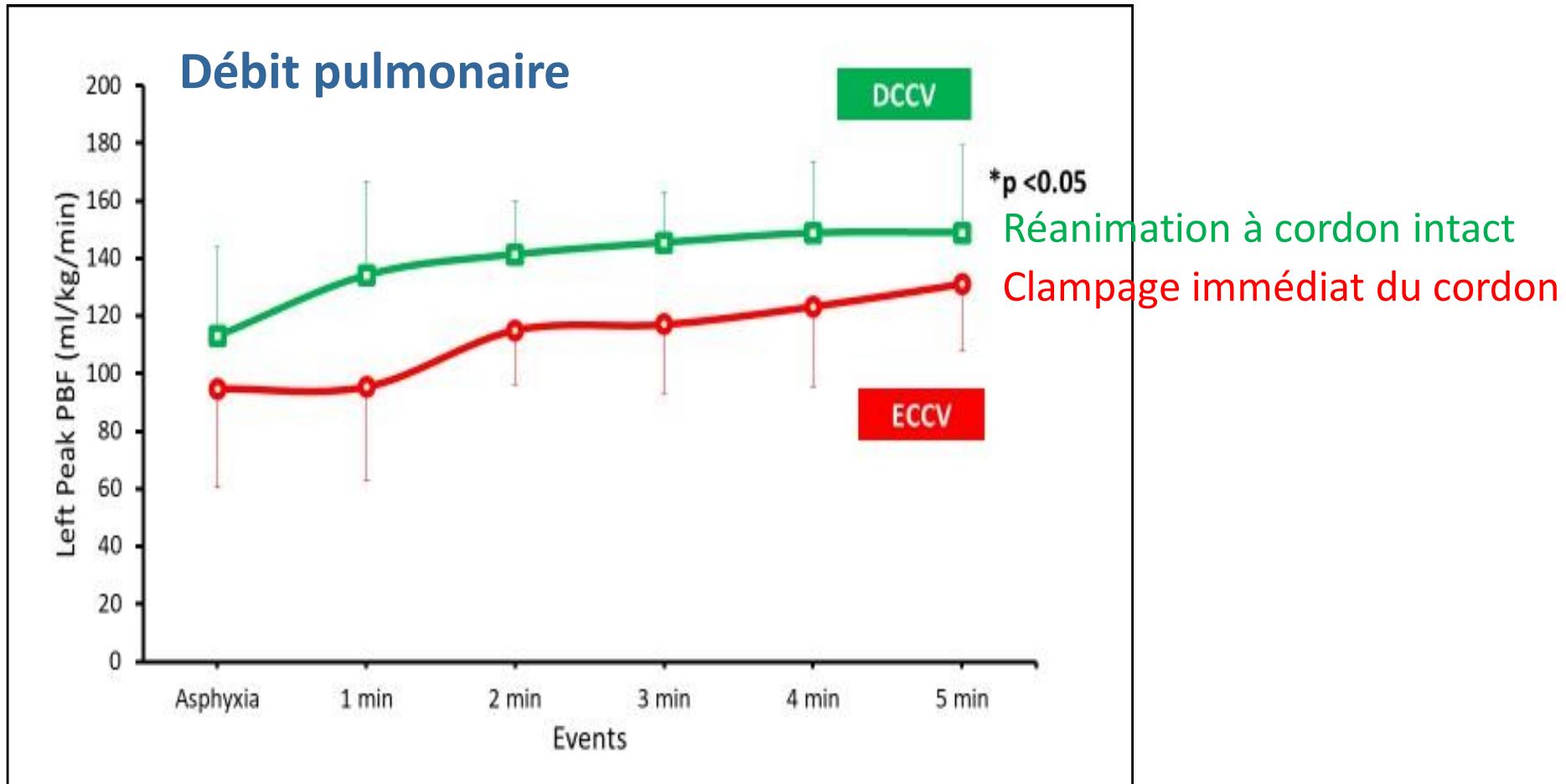
- Intact Cord Resuscitation in Infants with CDH
 - attenuates bradycardia that ensues after cutting the umbilical cord
 - no effect on cardiac function – possible detrimental effect in the most severe subset of infants
 - LVEF 67.7% vs 30.5%
 - LVSF 33% vs 6%
 - 2 patients in intervention group with retrograde flow in Ao Arch
- These differences were not apparent in the mild and moderate subsets
- No Difference in ECMO utilization, overall 29/71 (41%), controls 17/46 (37%), intervention 12/25 (48%) ($p=0.5148$)
- No difference in survival 9/71 (87%), %, controls 39/46 (85%), intervention 23/25 (92%) ($p=0.4779$)

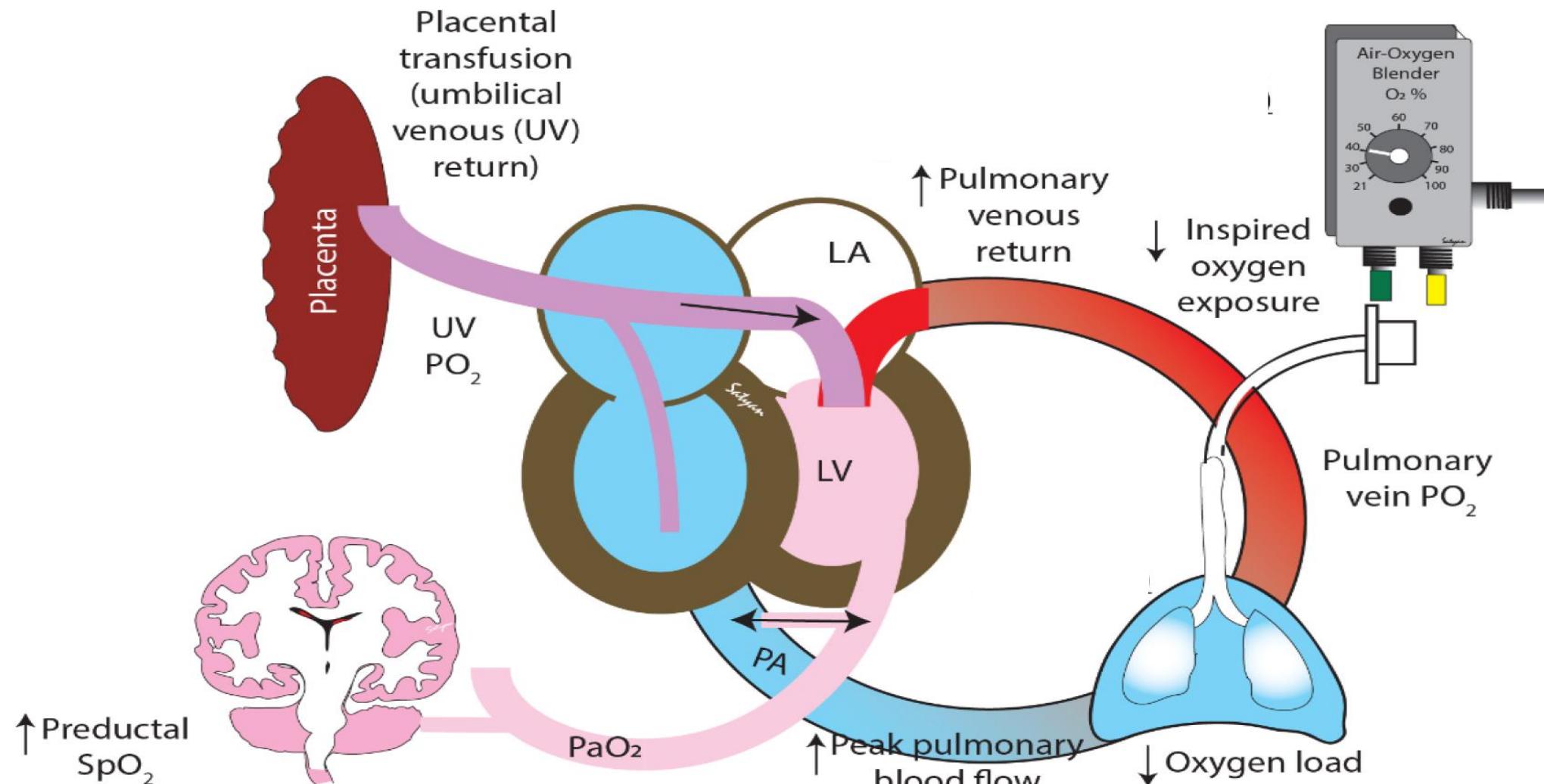
Evolution de la SpO₂ préductale lors d'une réanimation à cordon intact comparé à un clampage immédiat du cordon après un épisode d'asphyxie (agneau prématûré)



Chandrasekharan, Children 2021

Evolution du débit pulmonaire lors d'une réanimation à cordon intact comparé à un clampage immédiat du cordon après un épisode d'asphyxie (agneau prématûré)

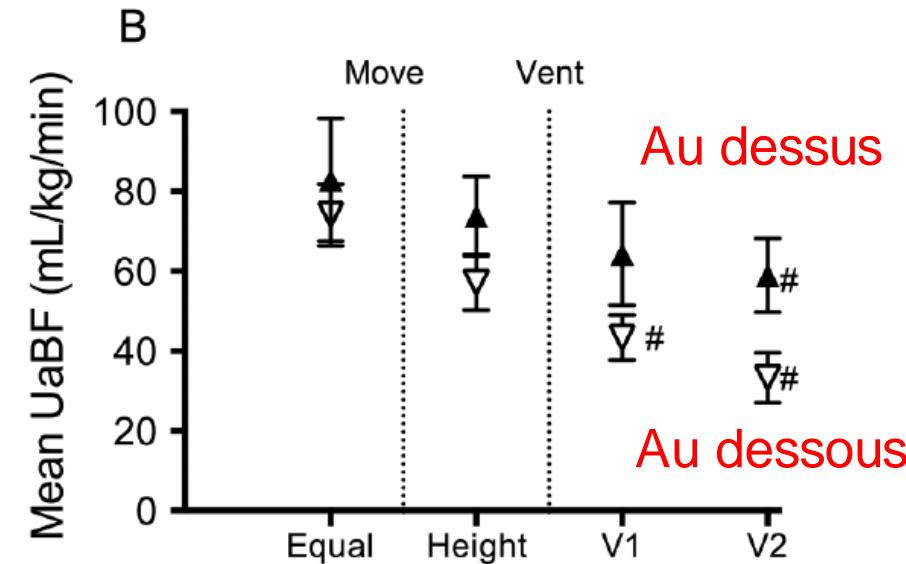
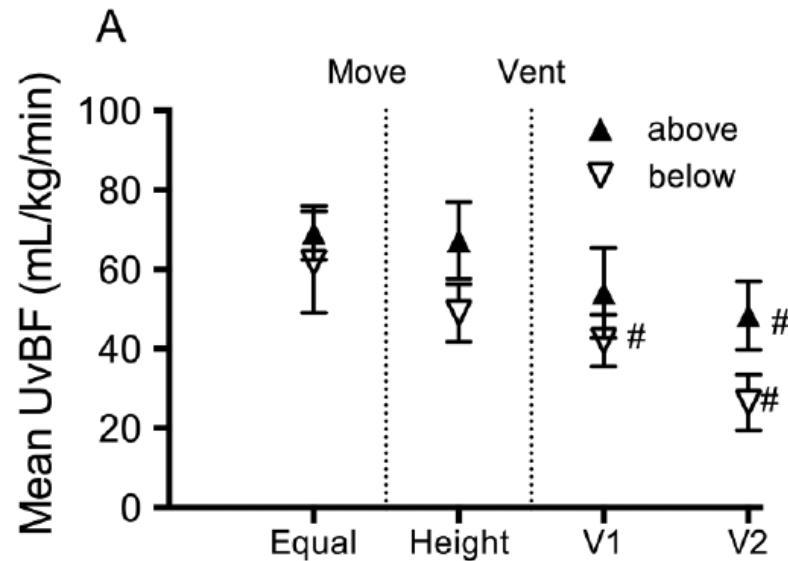


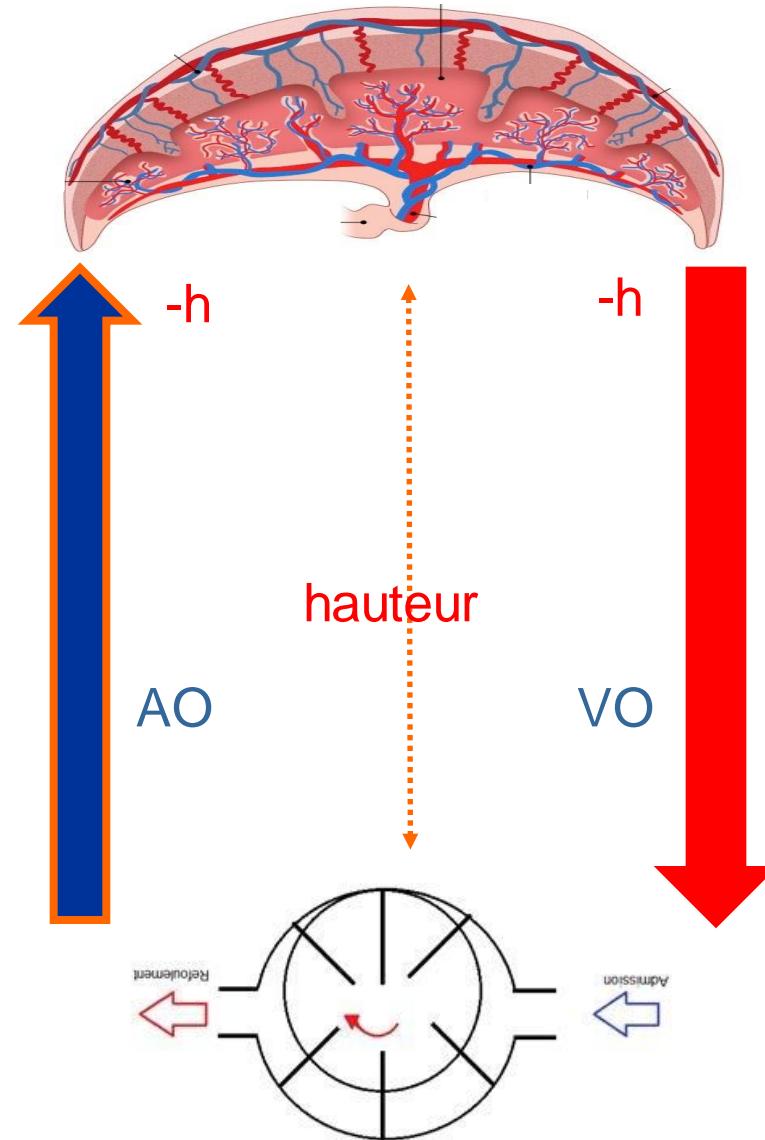
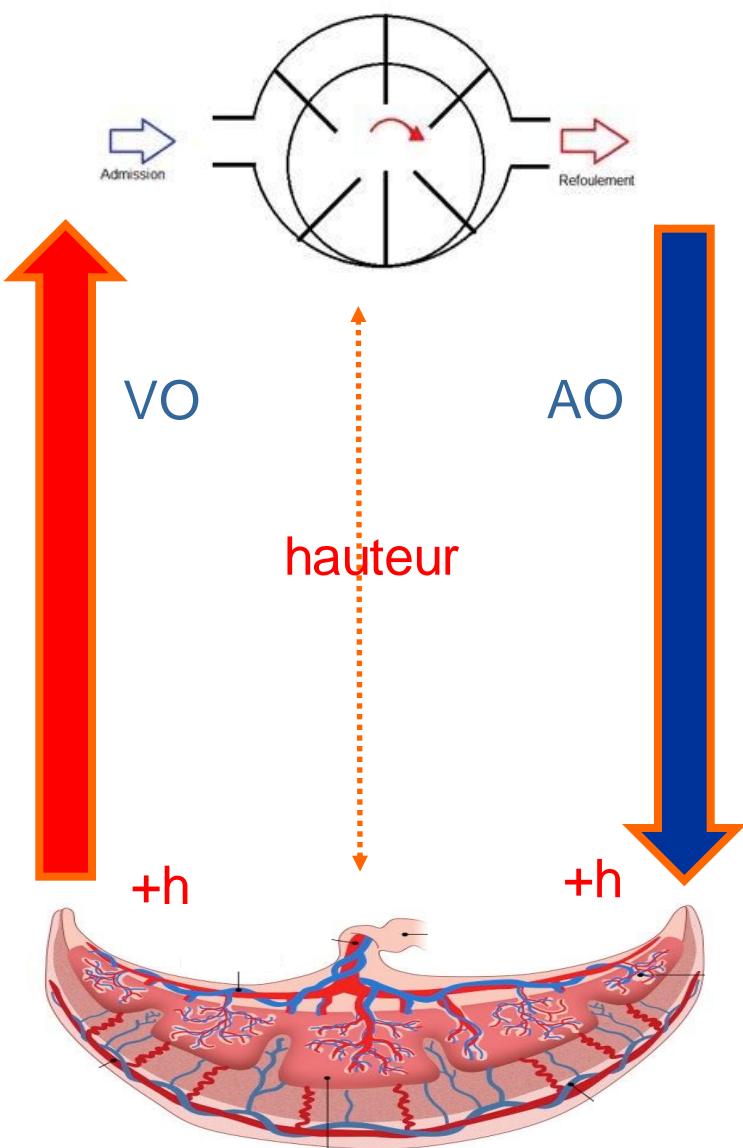


Oxygénation et circulation lors de la réanimation à cordon intact

Déterminants des débits ombilico-placentaires au cours de l'ICR

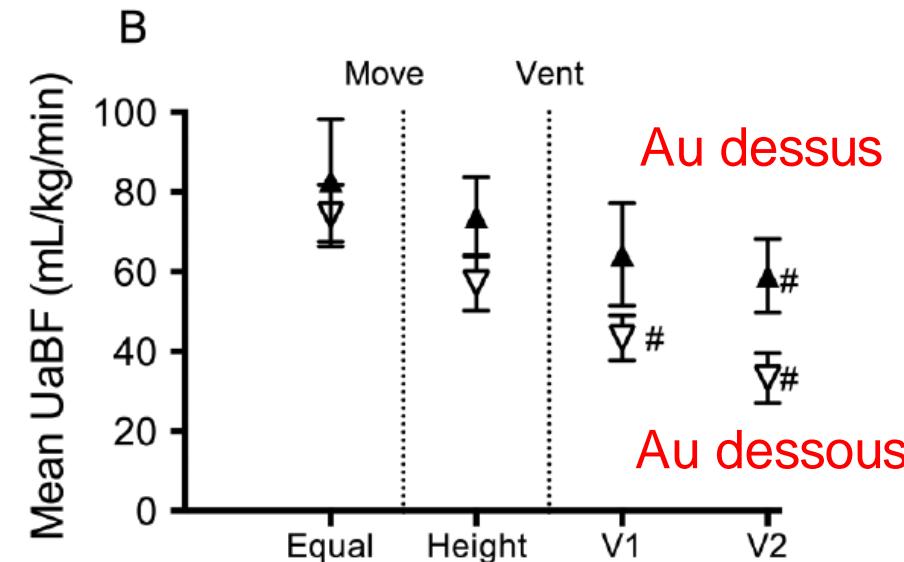
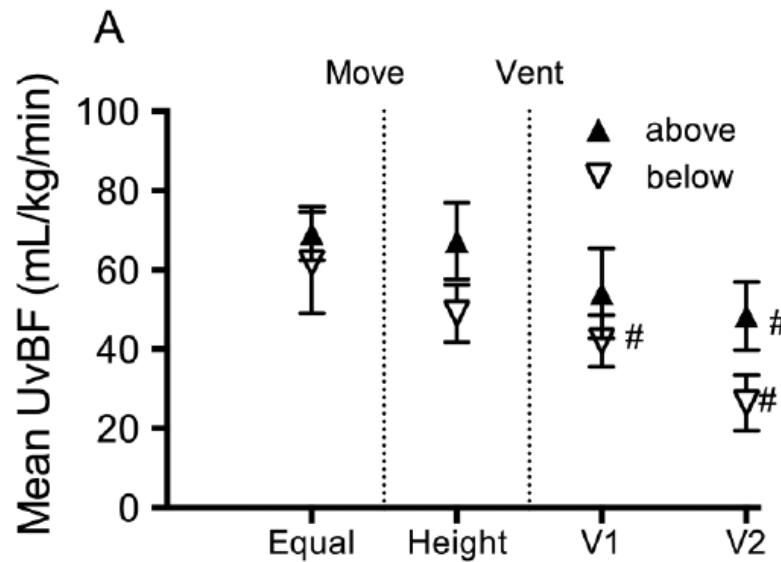
- Comparaison des débits ombilicaux en fonction de la position du nouveau-né



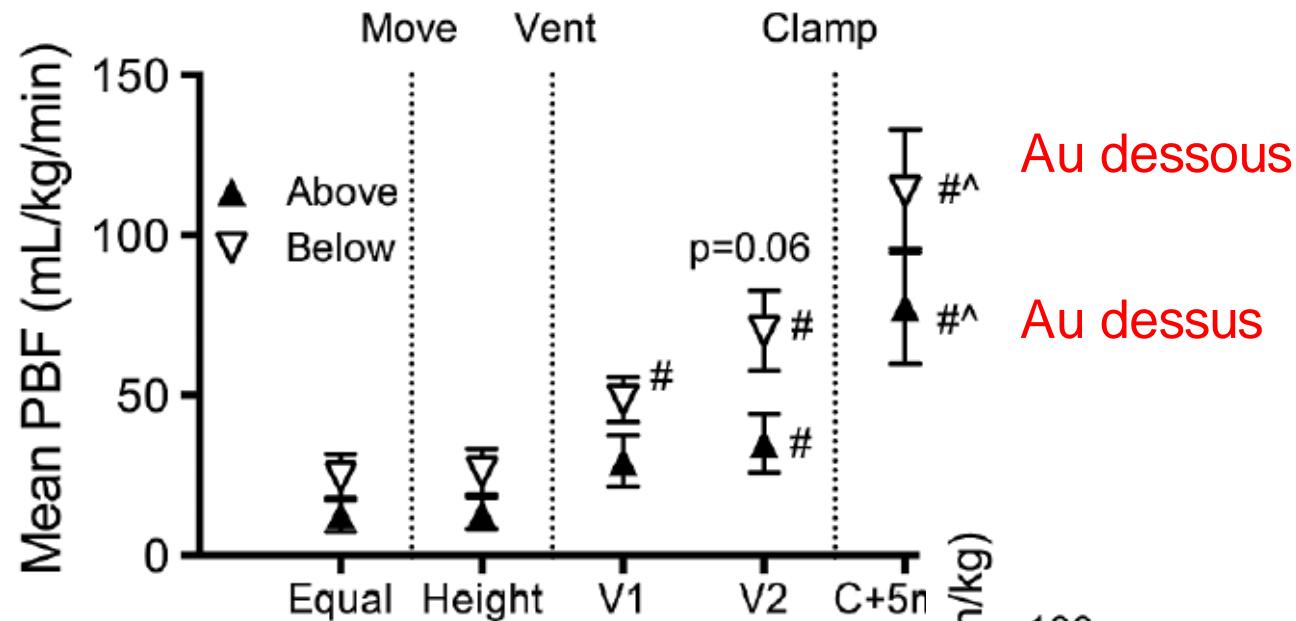


Déterminants des débits ombilico-placentaires au cours de l'ICR

- Comparaison des débits ombilicaux en fonction de la position du nouveau-né



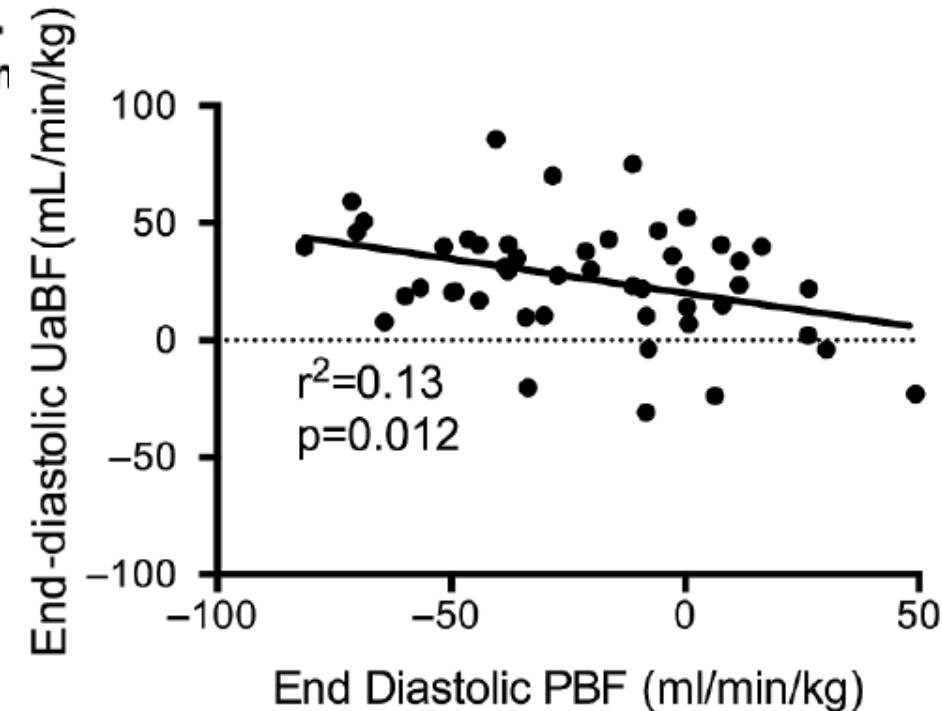
Comparaison des débits ombilicaux en fonction de la position du nouveau-né



Hooper, Arch Dis Child Fetal
Ed 2017

Au dessous

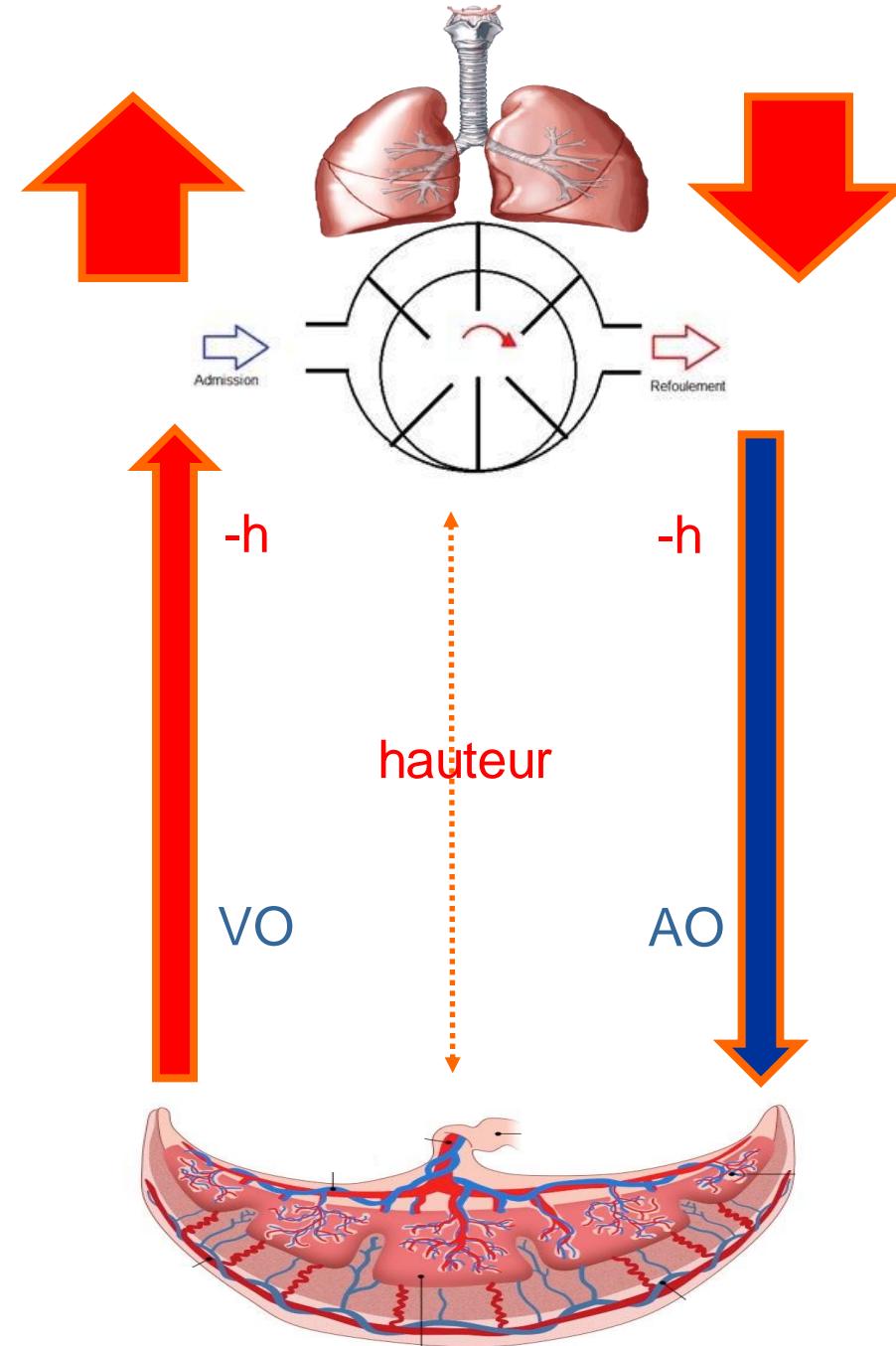
Au dessus

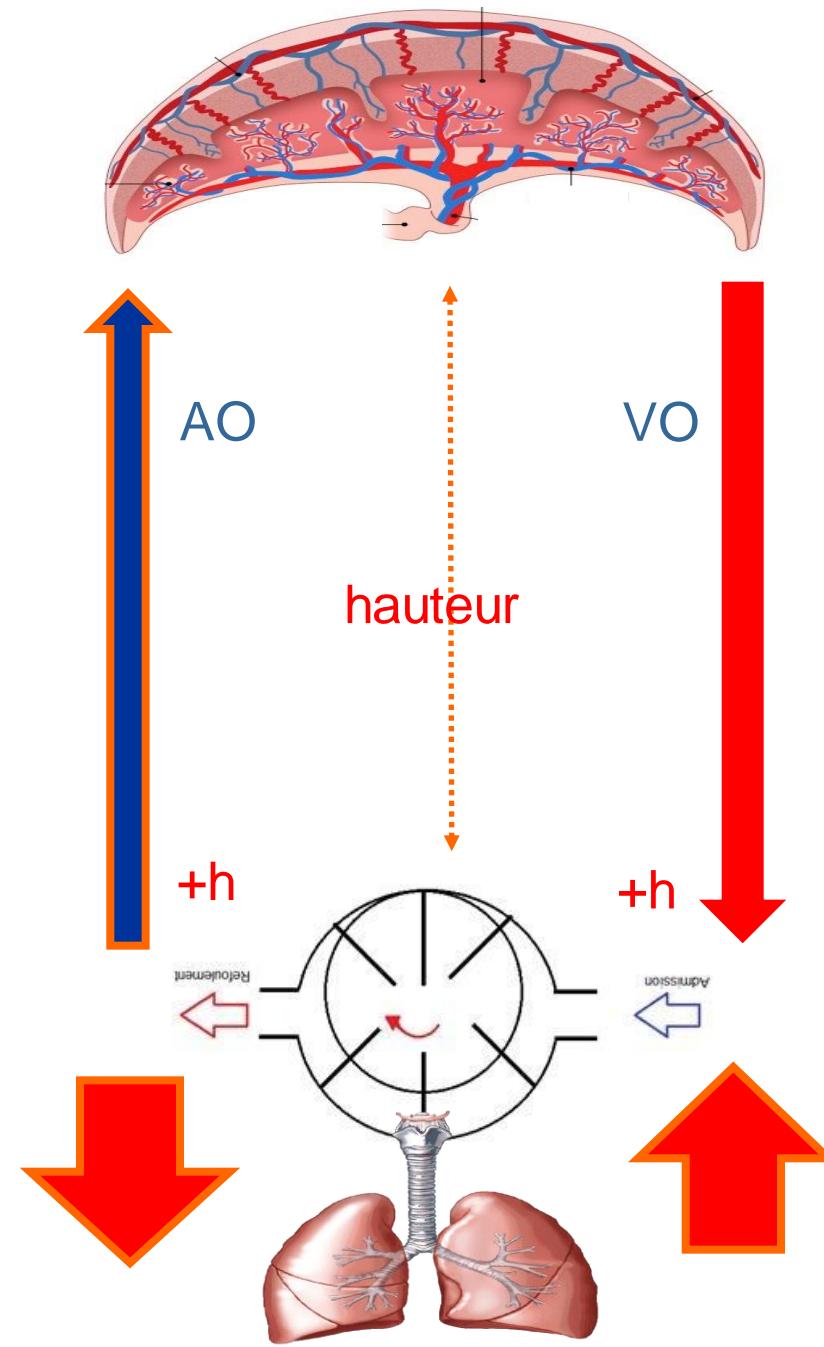
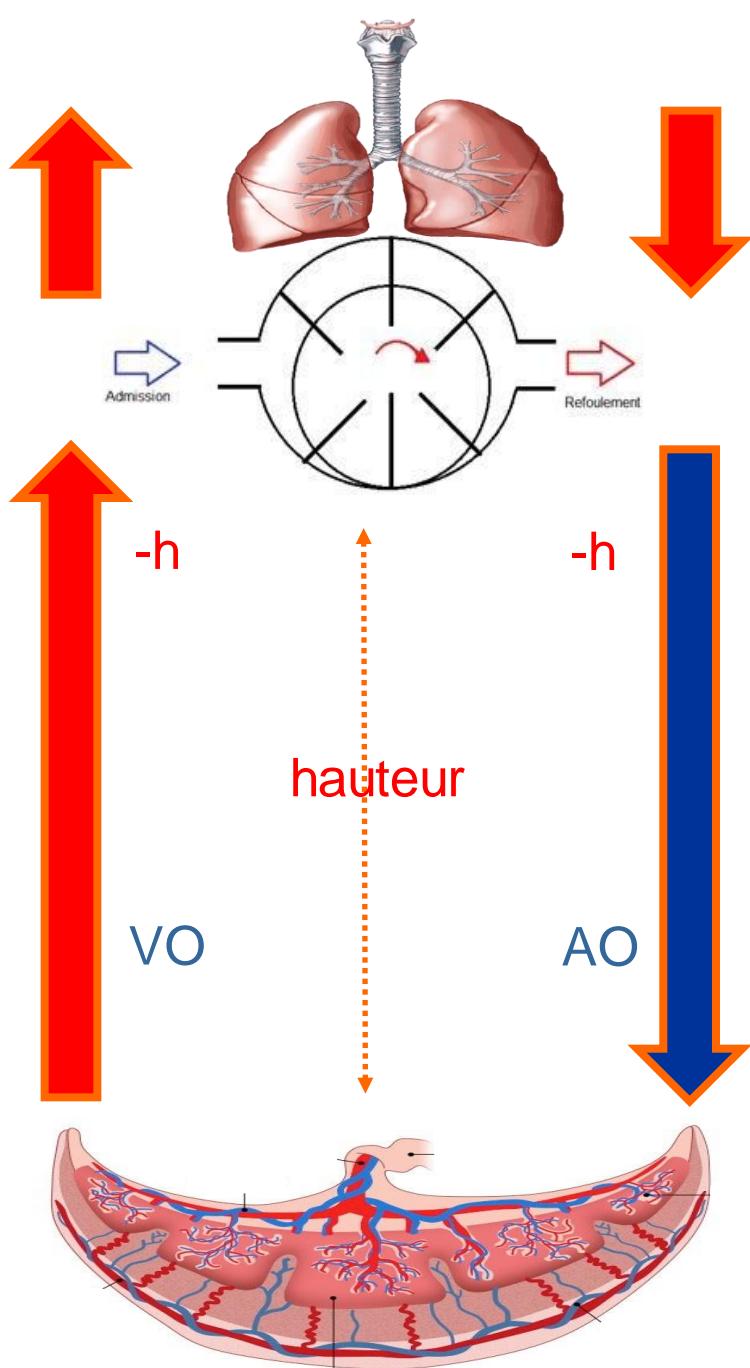


↑ débits
pulmonaires



↓ perfusion
placentaire



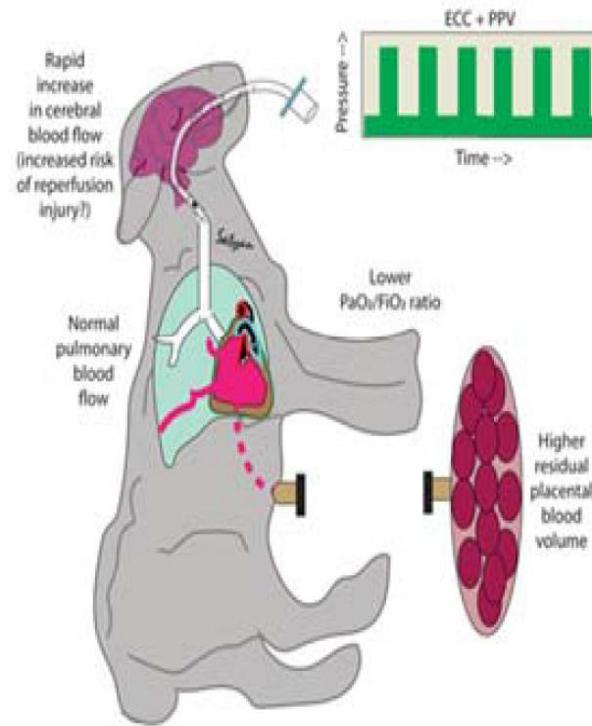


Comparaison des débits ombilicaux en fonction de la position du nouveau-né

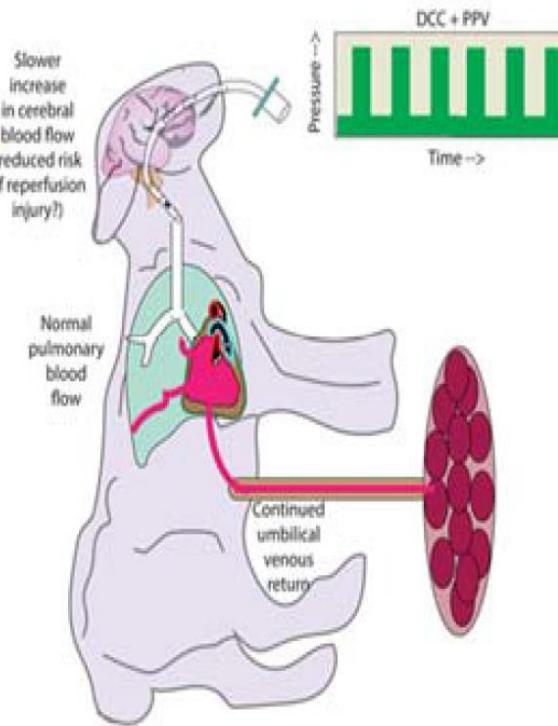
- Rapport volume sang Agneau/(Agneau+placenta) similaire dans les 2 groupes (60%)

Pression de distension pulmonaire à la naissance réduit le débit veineux ombilical

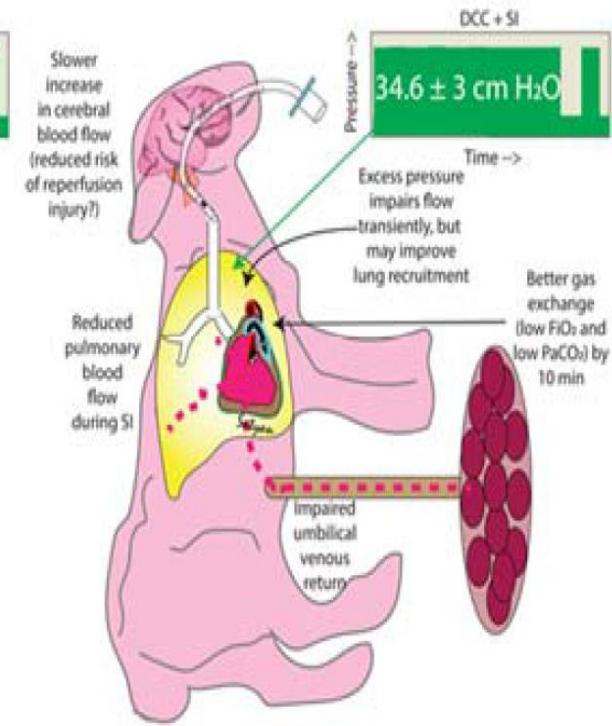
A. ECC + V



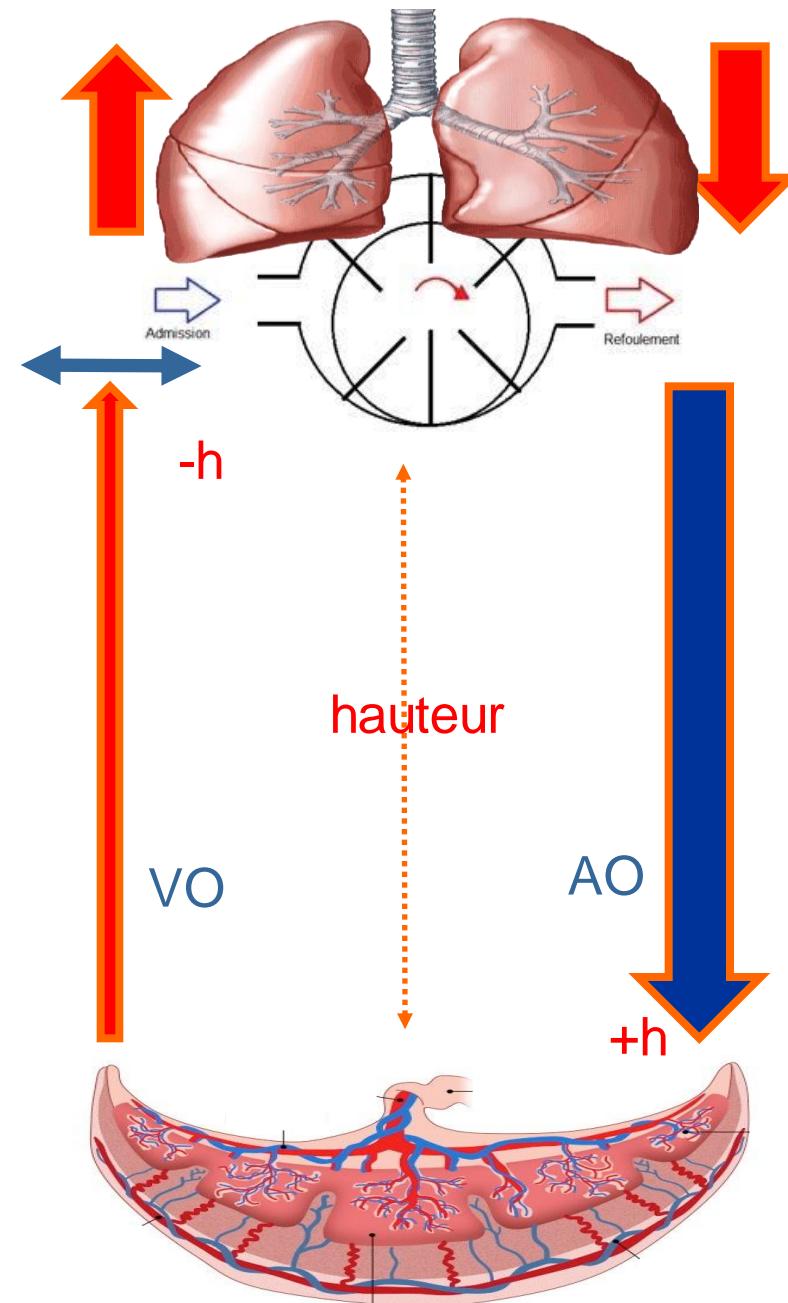
B. DCC + V



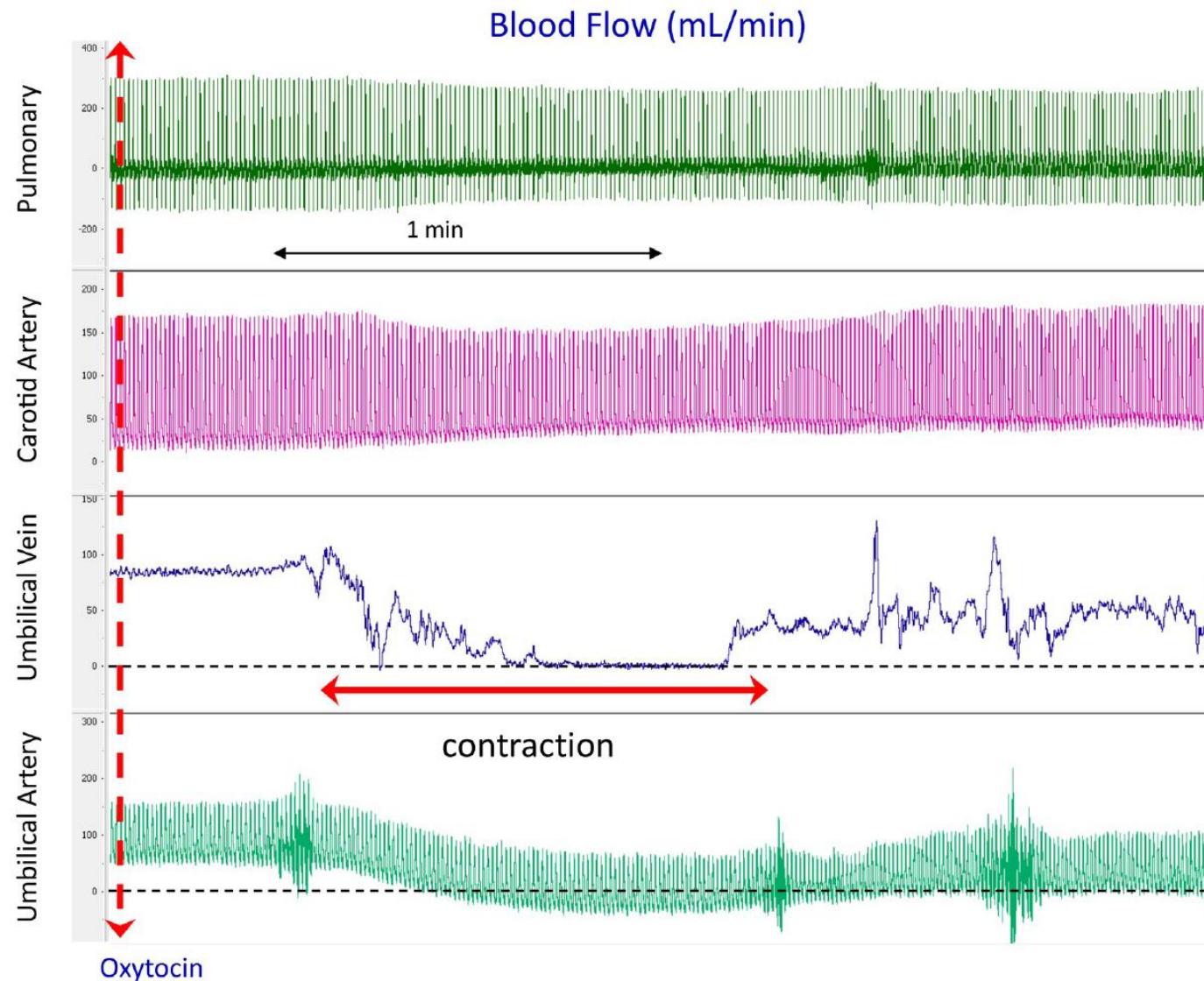
C. DCC + SI



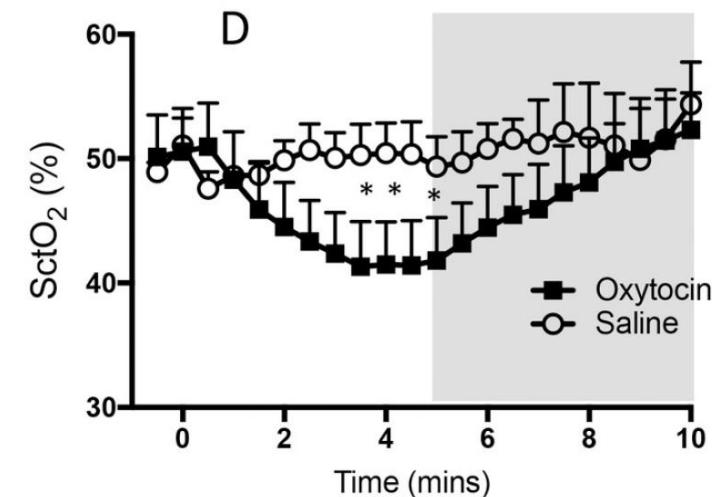
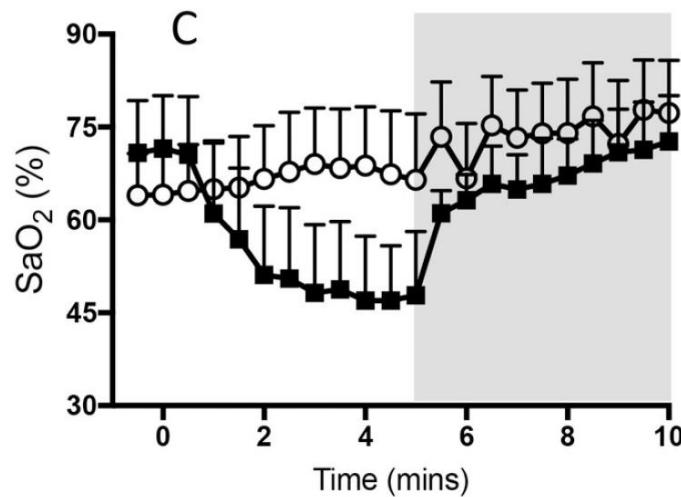
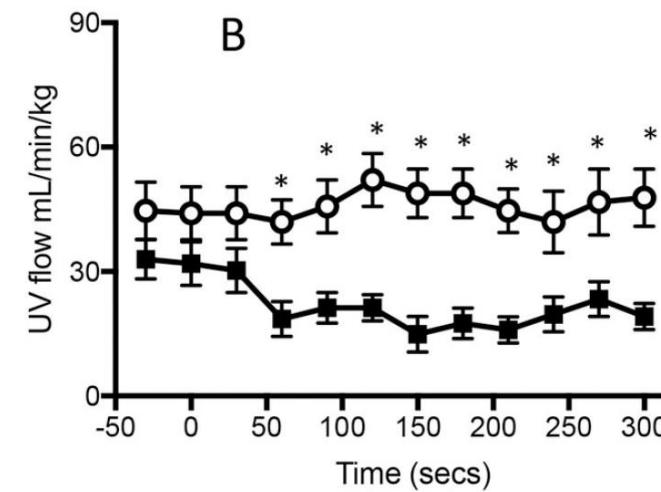
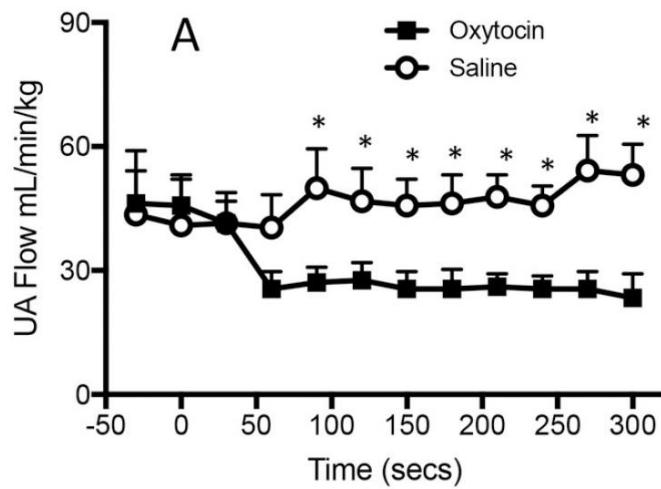
Distension pulmonaire



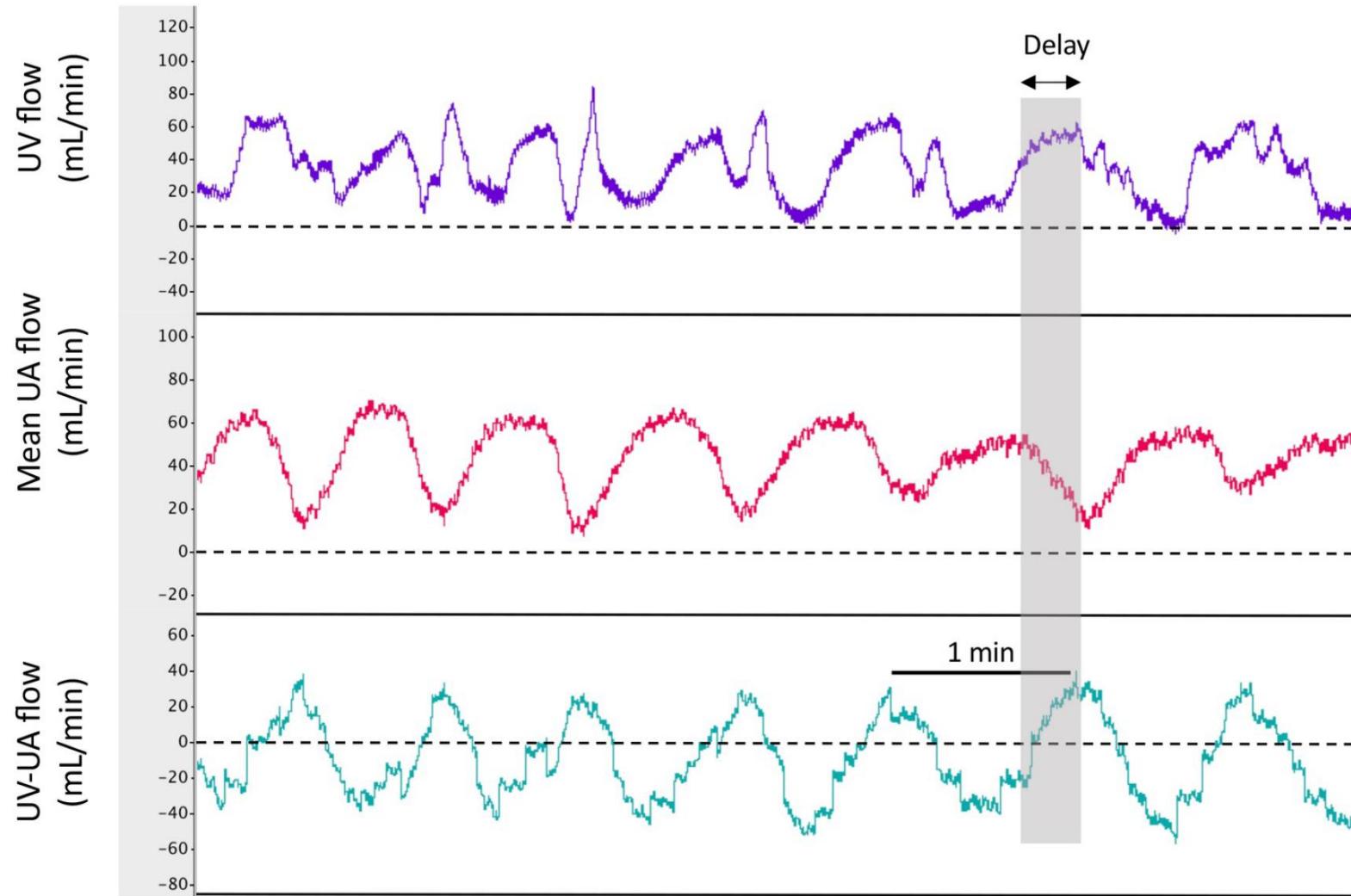
Effets de l'administration d'ocytocine



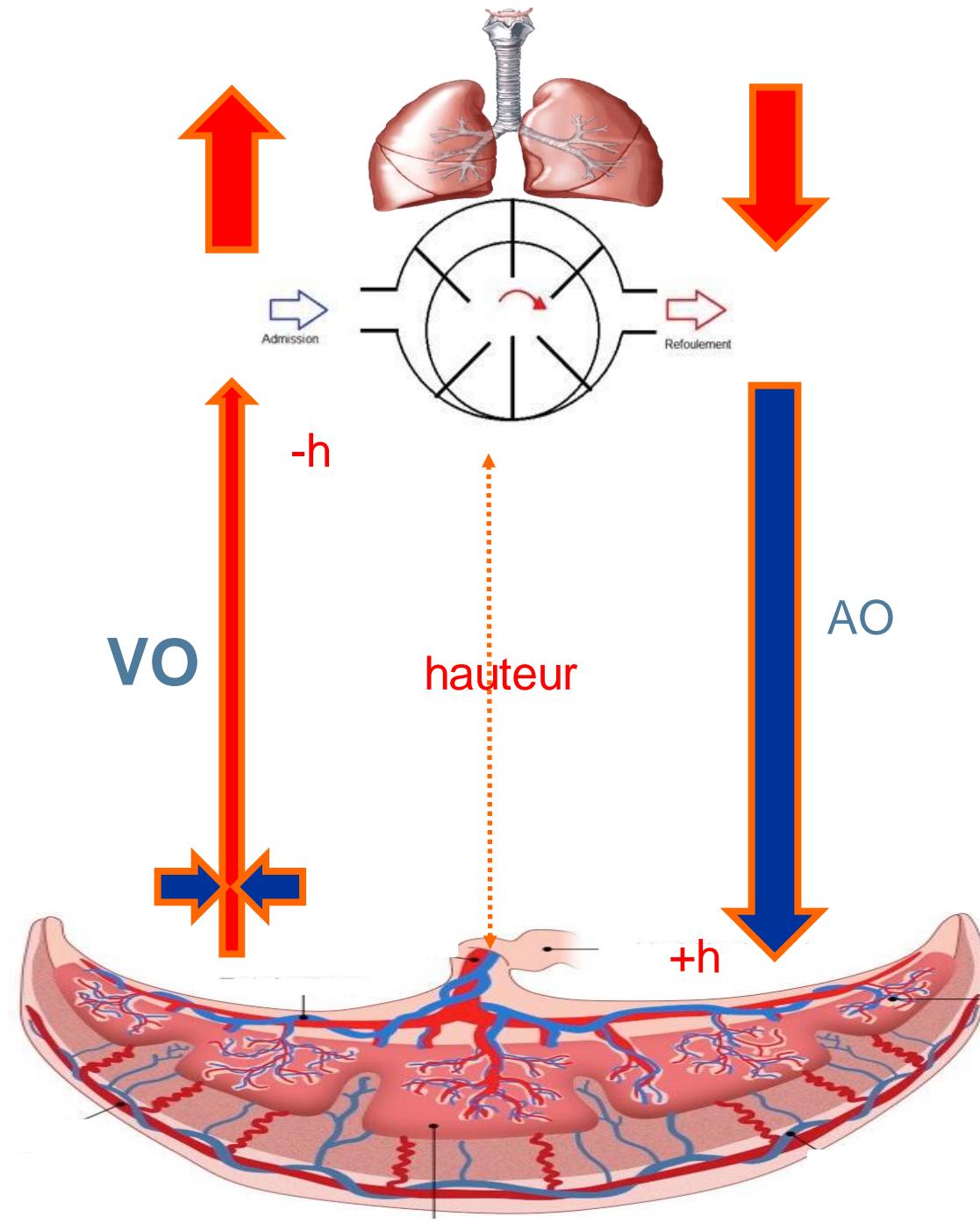
Effets de l'administration d'ocytocine



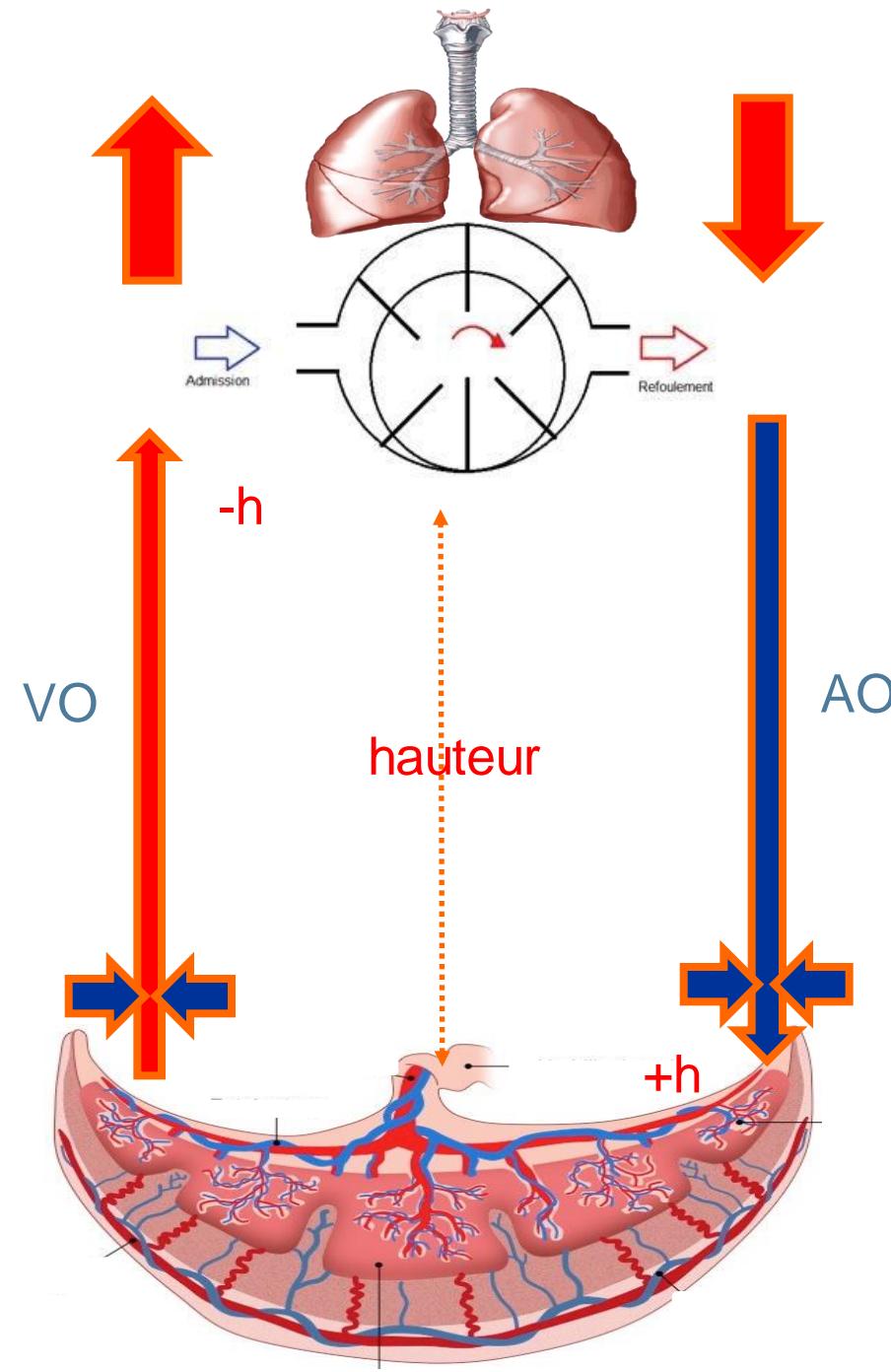
Effets de l'administration d'ocytocine



Début de contraction utérine



Contraction utérine





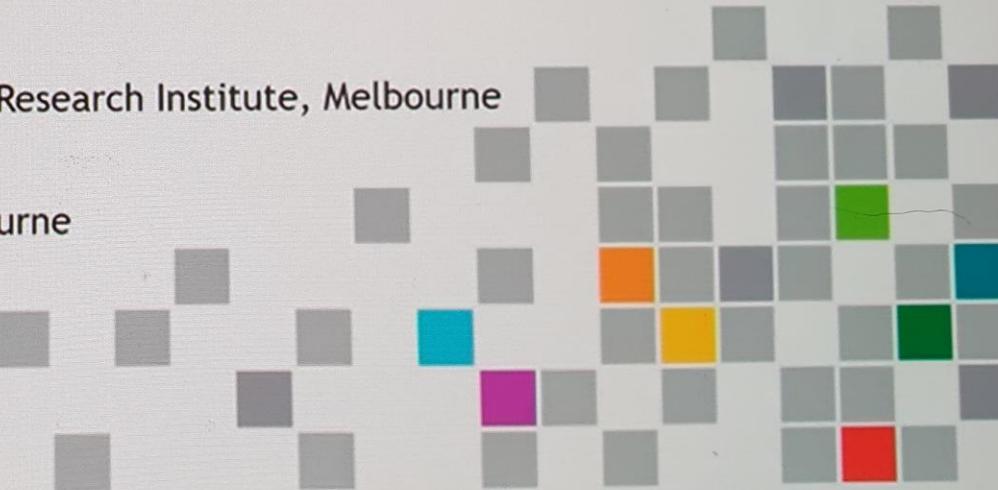
Respiratory Management in CDH: Do we still have need the answers?

David Tingay

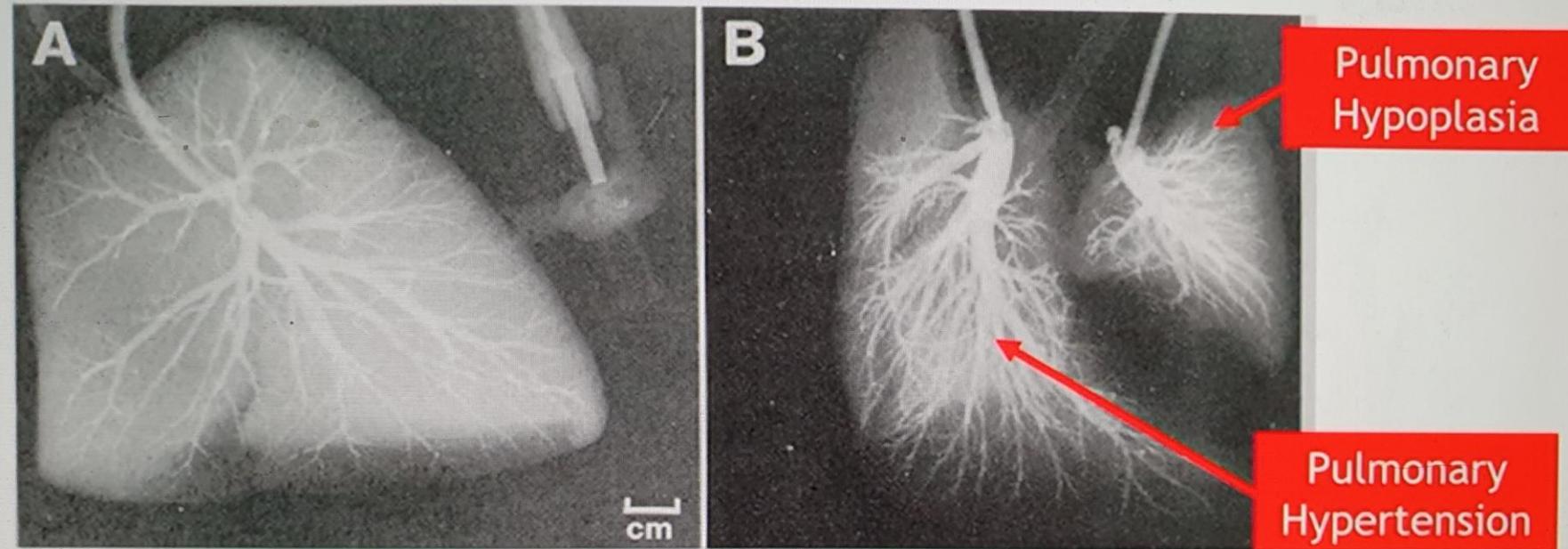
1. Neonatal Research, Murdoch Children's Research Institute, Melbourne
2. Neonatology, Royal Children's Hospital
3. Dept of Paediatrics, University of Melbourne



@ Murdoch Children's Research Institute, 2017



The Lung in CDH



Loss of lung unity

Levin J Pediatr 1978



3

Pulmonary Hypoplasia An exercise in compromise, patience and trust

- Small Lungs - less alveolar surface for gas exchange
- Increased VQ mismatching
- Unknown FRC and EILV



Biotrauma
Oxidative Injury



Managing Pulmonary Hypoplasia

Current Guidelines

CDH Euro Consortium 2015

- Avoid BM Ventilation
- Decompress stomach
- CMV initial mode of support
 - PIP <25 cmH₂O
 - PEEP 3-5 cmH₂O
 - Rate 40-60/min
- HFOV rescue therapy (MAP >12 cmH₂O)
- Preductal SpO₂ 80-95% (Post SpO₂ >70%)
- PaCO₂ 50-70 mmHg

TABLE 1. OUTLINE OF PRINCIPLES OF MANAGEMENT

Resuscitation
ET tube placement with minimal bag mask/ventilation
Vascular access
Gut decompression by nasogastric tube
Ventilation objectives: preductal Sa_o₂ > 85% and pH > 7.3 with PIP
 $\leq 25 \text{ cm H}_2\text{O}$

Cardiopulmonary management

Ventilation
Conventional ventilation
Objective: preductal Sa_o₂ > 85% pH > 7.3
PIP $\leq 25 \text{ cm H}_2\text{O}$

HFOV

Objective: preductal Sa_o₂ > 85%
MAP $\leq 16 \text{ cm H}_2\text{O}$

Pulmonary vascular management

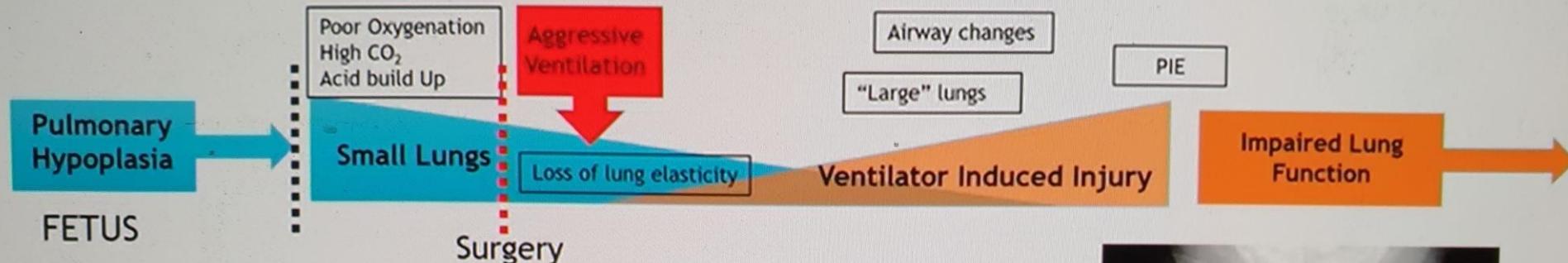
Cardiac echo
Exclude CHD
Assess RV function
Estimate PA pressure
Identify the ductus and assess shunting

Trial of inhaled nitric oxide for patients with increased RV pressure



Bohn AJRCCM 2002; Snoek Neo 2016

Respiratory Management Phases of CDH



1. Birth: Initial slightly higher PEEP (never use SI)
2. Pre-repair: Lowest possible PEEP (3-6 cmH₂O)/MAP
3. Post-repair: Low PEEP (3-5 cmH₂O) overdistension risk/MAP
4. Titrating to pathophysiological priorities after surgery
 - Aim low initially but don't resist higher PEEP/MAP to support airway or interstitial changes later
 - Positioning



Tingay AJRCCM 2019; Guevorkian J Peds 2018; Wu Ann Palliat Med 2020

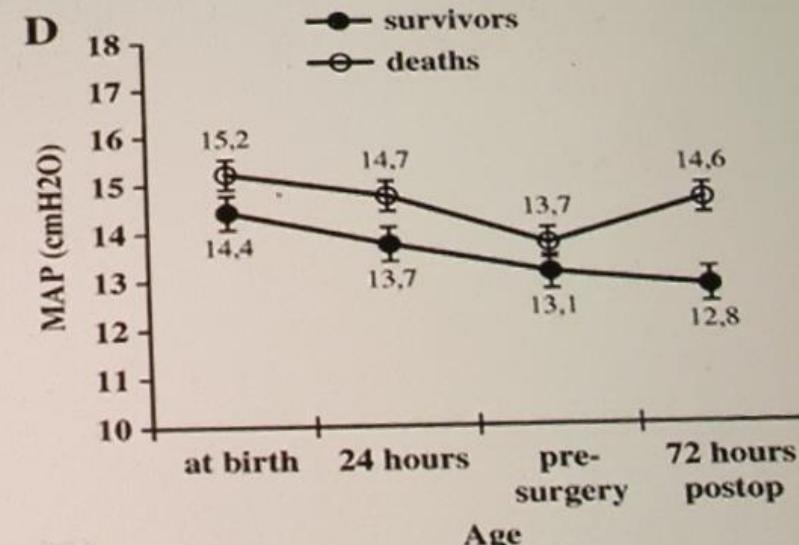
Not all CDH Lungs are the same Is there Pulmonary Hypoplasia CDH Phenotypes?

Tidal Volume:

- 4.7 ml/kg (pre) and 4.5 ml/kg (post)

Associated with survival:

- V_{exp} 4.3 vs 2.0 ml/kg
- $V_{\text{exp}} > 3.8$ ml/kg
- $C_{\text{dyn}} > 0.12$ ml/kg/cmH₂O
- Higher Dead space
- Lower MAP needs
- Higher maximal pre-ductal SpO₂ in DR

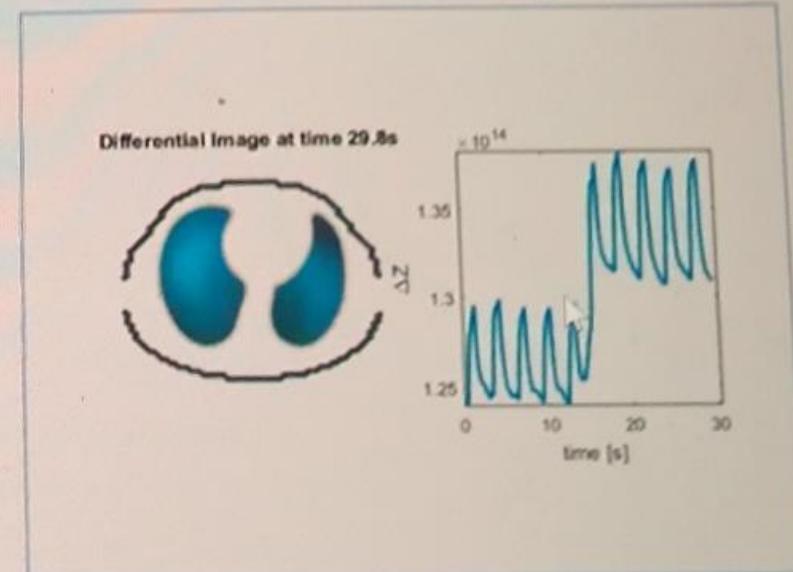


Are early measures of mechanical state the best discriminator of pulmonary hypoplasia, post-hypoplasia support and/or later VILI?

Mak ADC FN 2020; O'Rourke-Potocki ADC FN 2017; Williams Early Human Dev 2020; Migliazza J Pediatr Surg 2007

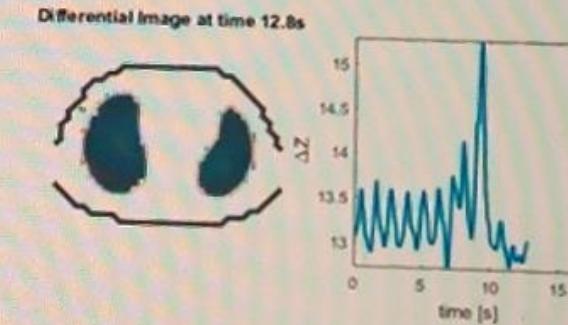
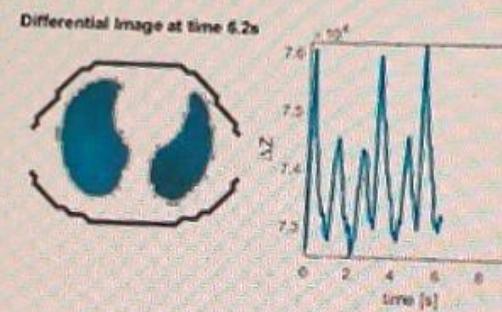
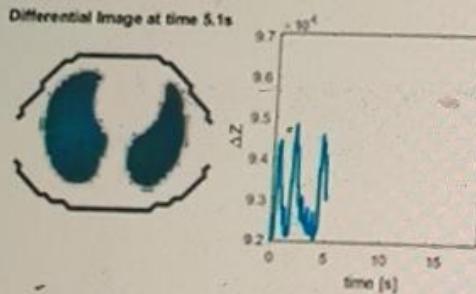
Do we really understand the CDH lung? Volume state, Lung Function and Lung Disunity?

- All current bedside measures of lung function assume lung unity
- Electrical Impedance Tomography (EIT) assesses both lungs simultaneously



Lung Behaviour during post-natal CDH life

- Serial EIT imaging at the RCH; n=18 infants



Pre-Repair

Right Lung	97.3%
Left Lung	2.7%
CoV_{RL}	25.6%
CoV_{VD}	53.8%

D3 Post-Repair

Right Lung	76.7%
Left Lung	23.3%
CoV_{RL}	36.9%
CoV_{VD}	56.3%

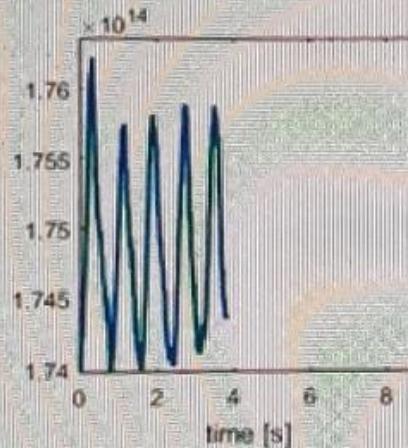
2 month age

Right Lung	67.1%
Left Lung	32.9%
CoV_{RL}	41.8%
CoV_{VD}	56.8%

Idea CoV: RL 46%; VD 55%

Defining the mechanical disunity of the CDH lung

Differential Image at time 3.8s

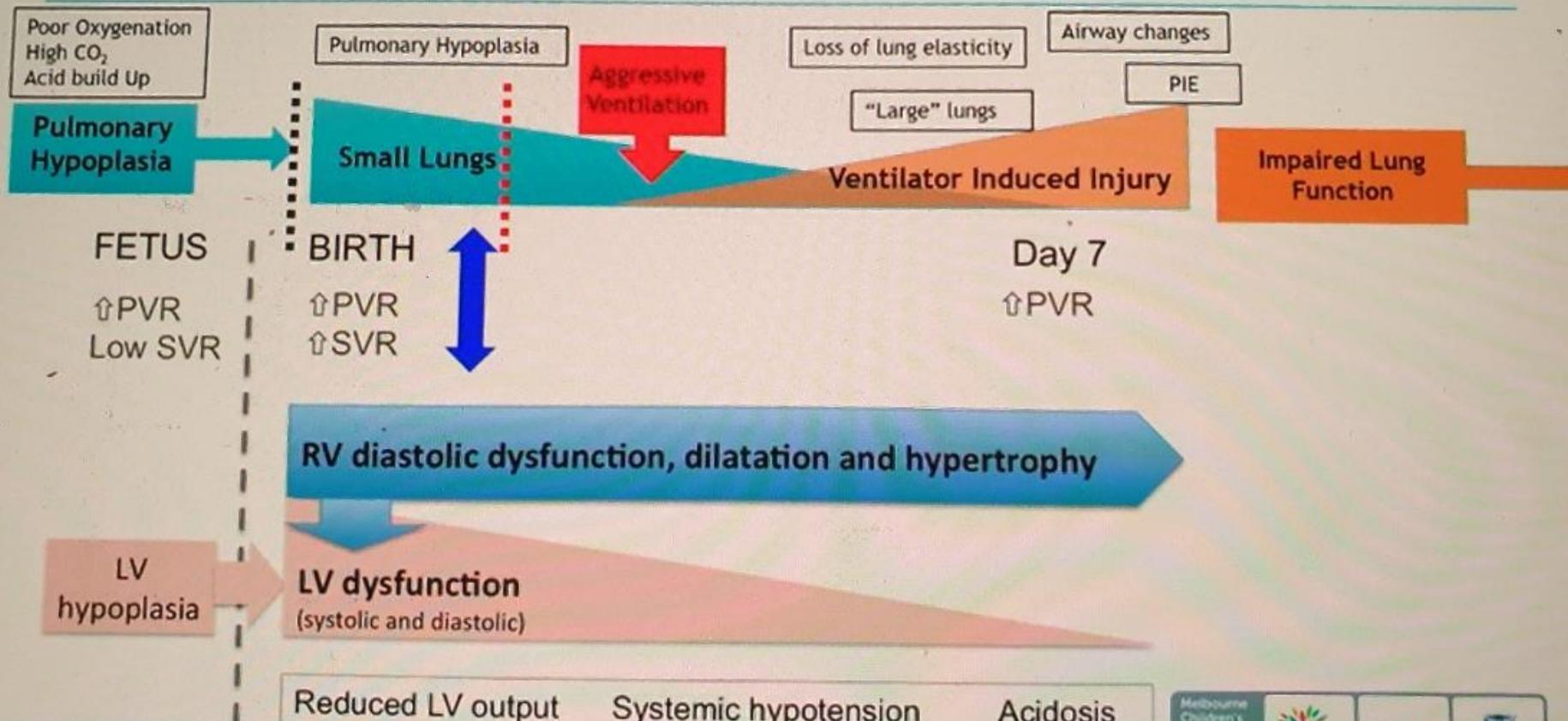


Contralateral Lung $\tau = 0.067\text{s}$

Ipsilateral Lung $\tau = 0.065\text{s}$

Time to achieve steady state end-inspiratory volume
Contralateral = 0.335 s
Ipsilateral = 0.325 s

Summary Cardiorespiratory trajectory of CDH



Adapted from Patel and Kipfmüller Sem Ped Surg 2017



CDH22

What matters to us: Personalising Support for people with CDH?

Philosophy of Care

*

Laurent STORME, Sébastien MUR, Dyuti SHARMA, Céline COUTTE, Kévin Le DUC, Nicoleta PANAIT, Alexandra BENACHI, For the National Center for Rare Disease « CDH »

*

Lille, Hôpital Jeanne de Flandre, CHRU de Lille

AP-HM, Hôpital La Timone, Marseille

AP-HP, Hôpital Antoine Béclère, Kremlin-Bicêtre, Clamart

*



European
Reference
Networks



DIRECTION
GÉNÉRALE
DE L'OFFRE
DE SOINS



Université
de Lille

FIMATHO
maladies rares abdomino-thoraciques

Professionals vs families : What matters to us?

Mortality - Comorbidities

- Mortality : from 10 to 40%
- Comorbidities: from 40 to 60%
 - Chronic lung disease, Pulmonary hypertension;
 - Oral aversion, failure to thrive, growth retardation;
 - Scoliosis, pectus excavatum;

How can we better predict the outcome ?

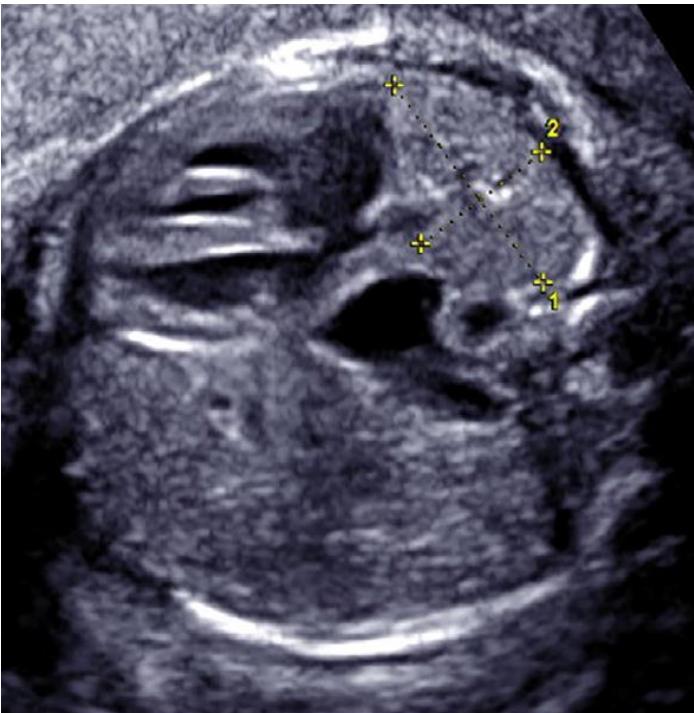
Prenatal prognostic factors

- Isolated CDH or syndromic CDH?
- Gestational age at birth ;
- Side of the CDH ;
- Severity of the pulmonary hypoplasia.

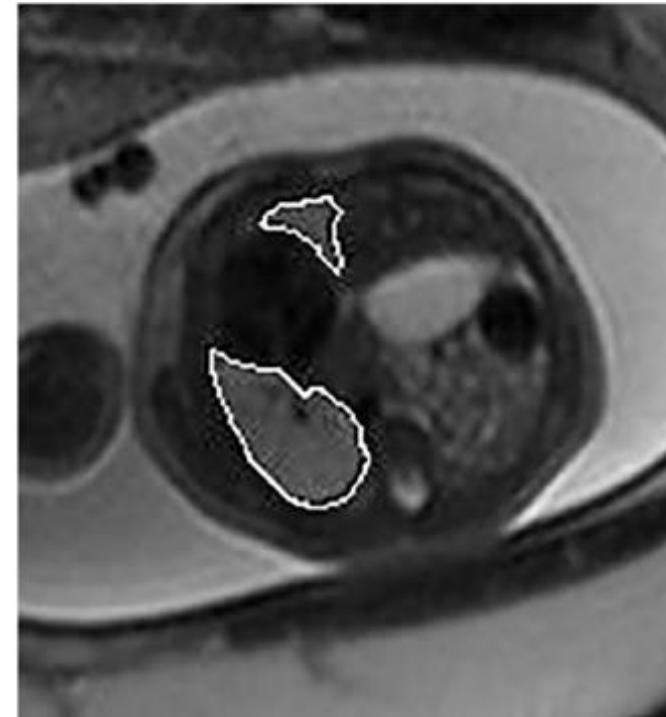
Severity of the pulmonary hypoplasia and of the pulmonary hypertension

Prenatal assessment of the lung volume:

Observed/expected « lung over head ratio »



MRI: O/E Fetal Lung volume



Observed/expected « Lung over head ratio »

Table 2 – Prognosis of Left CDH with liver UP correlates with LHR observed/expected measured at US evaluation.

Left CDH, liver UP	LHR o/e	Survival
Very severe	<15%	<5%
Severe	16–25%	20–30%
Moderate	26–45%	40–60%
Mild	>45%	95%

AG Cordier, Semin Perinatol 2020

**Lung volume
measured
by MRI**

Table 3 – Prognosis of Left CDH depending on liver position and TFLV (Total Fetal Lung Volume) by MRI.

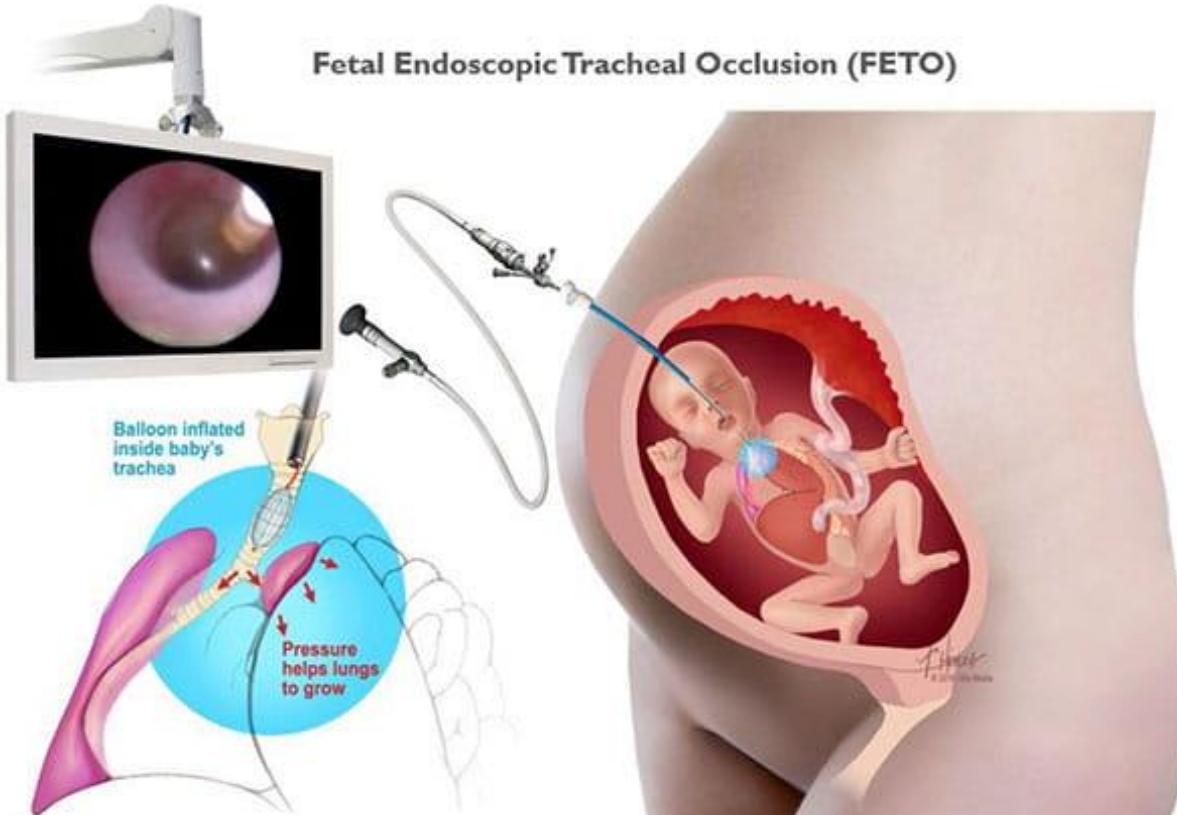
	TFLV o/e	Survival	
		Liver UP	Liver DOWN
Very severe	<15%	12%	40%
Severe	16–25%	40%	85%
Moderate	26–45%	65%	85%
Mild	>45%	75%	85%

Can we predict mortality?

- Yes, assessment of the vital risk is possible in the fetus with CDH;
- Consensual methods and indicators: O/E LHR, O/E MRI Lung volume;
- Standardized and reliable methods;
- Regular training at least in reference centres;

Prenatal assessment of vital risk: *impact for the management / research ?*

Indication for Fetoscopic Endoluminal Tracheal Occlusion (FETO)



Picture from the *Cincinnati Children's Fetal Care Center*

Clinical trials

Stratification of the population according prenatal prognostic factors

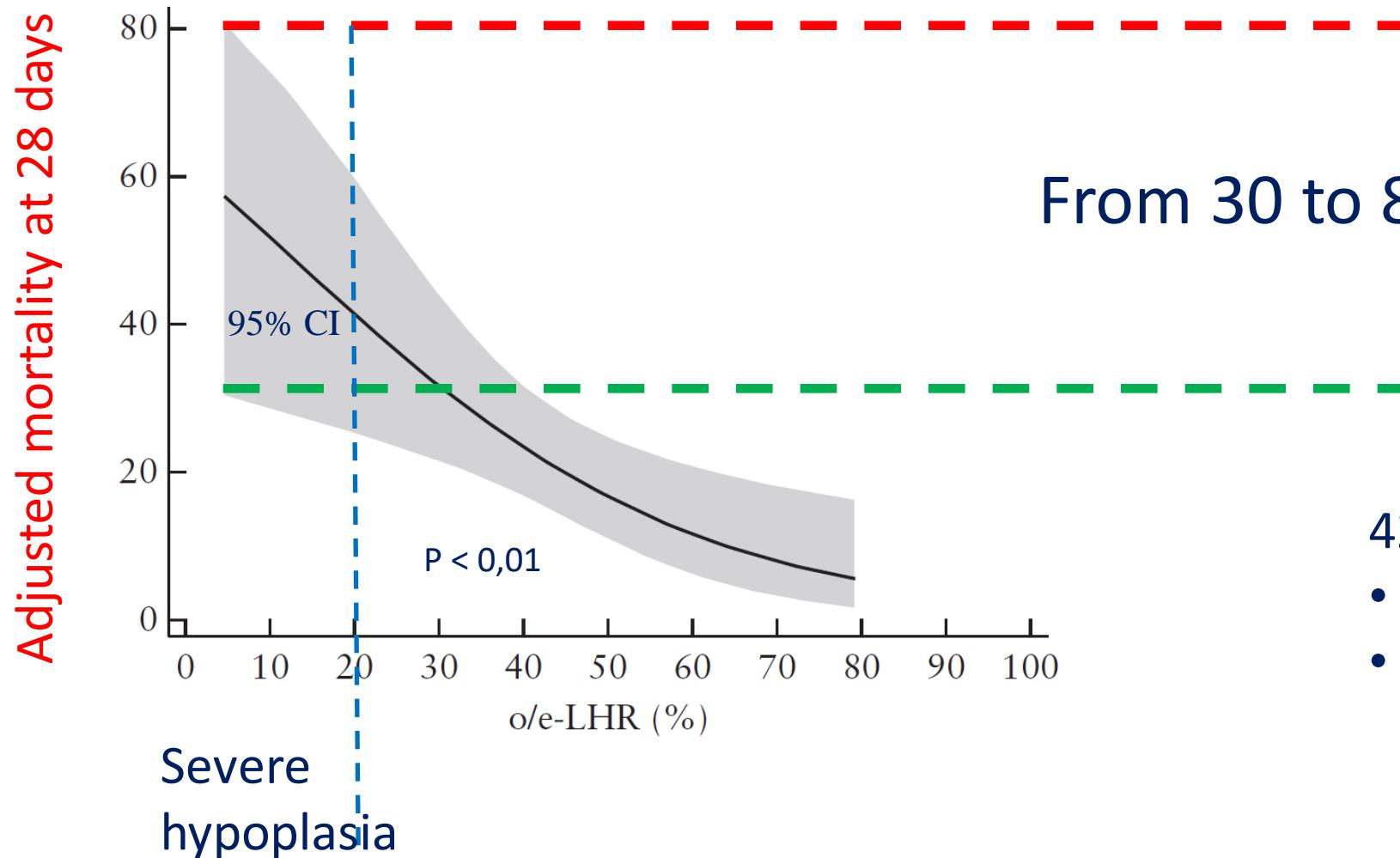
J Deprest, NEJM 2021

Prenatal assessment of vital risk: *Which information for the parents?*

Mortality depends on lung size and liver position

Left CDH, liver UP	LHR o/e	Survival
Very severe	<15%	<5%
Severe	16–25%	20–30%
Moderate	26–45%	40–60%
Mild	>45%	95%

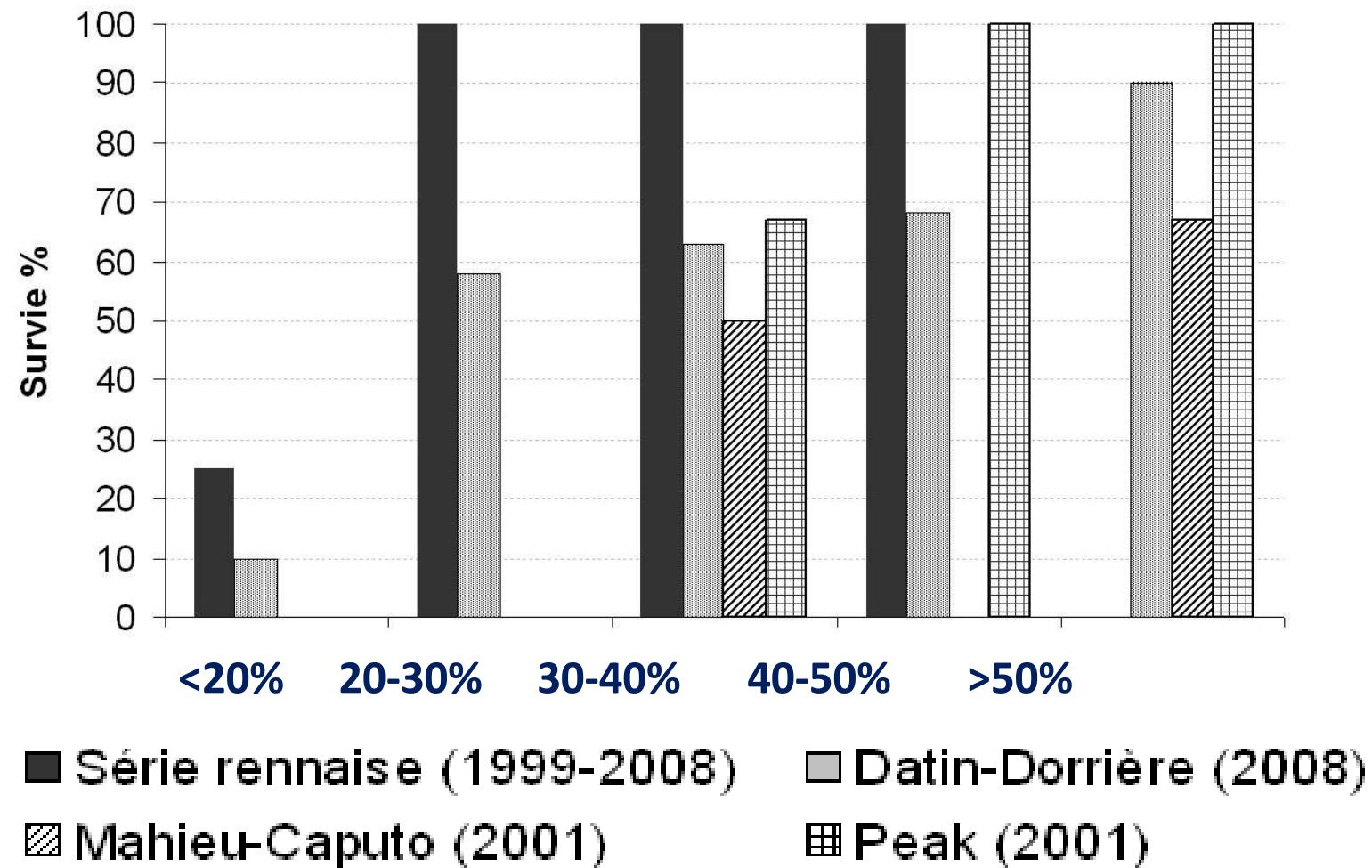
Adjusted relationship between o/e-LHR and Mortality

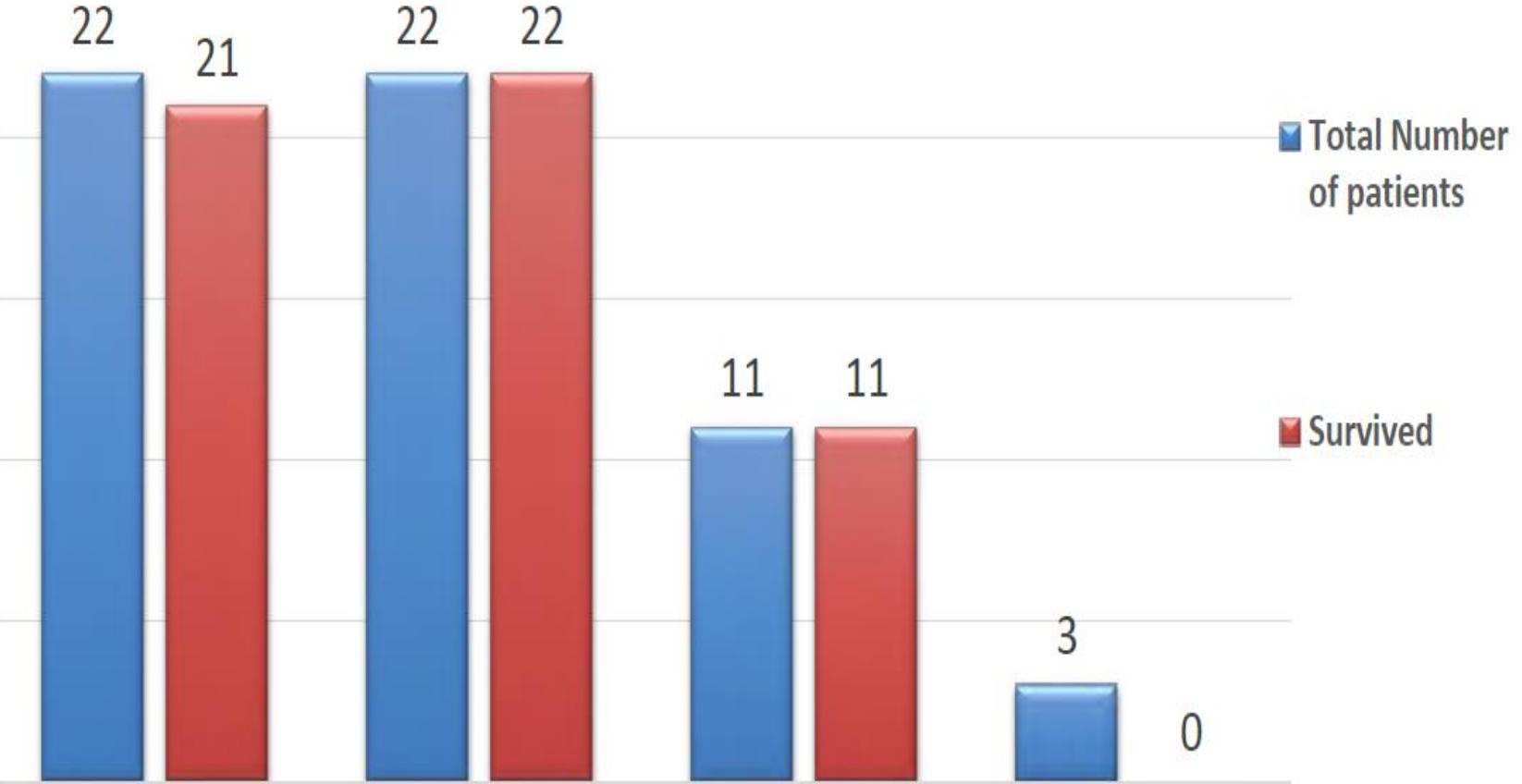


Senat MV et al. Ultrasound Obstet Gynecol 2018

High variability of mortality between centres in France despite fetal lung volume adjustment

Survival according
fetal lung volume



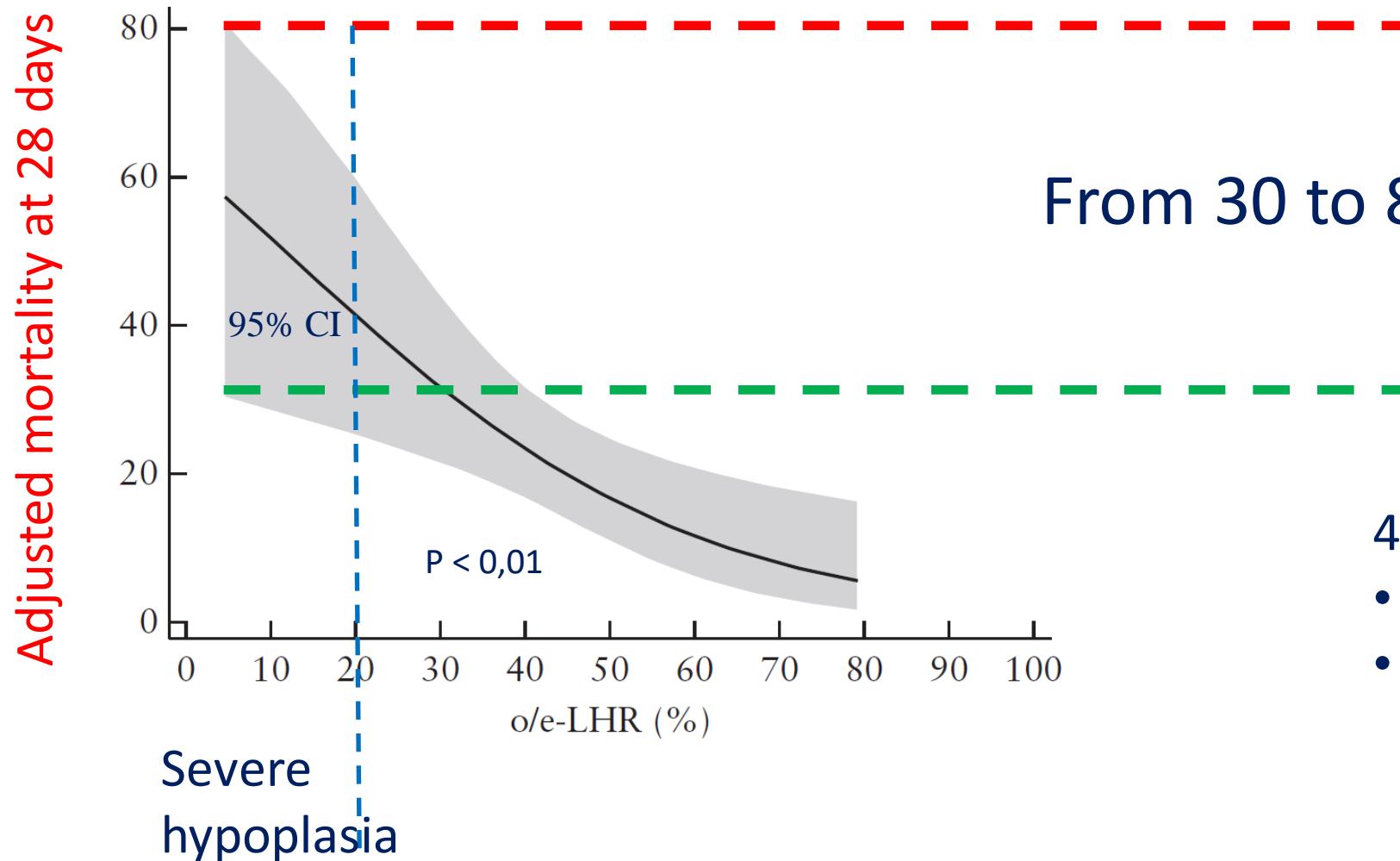


Survival adjusted
for the fetal lung volume

Survival 100%

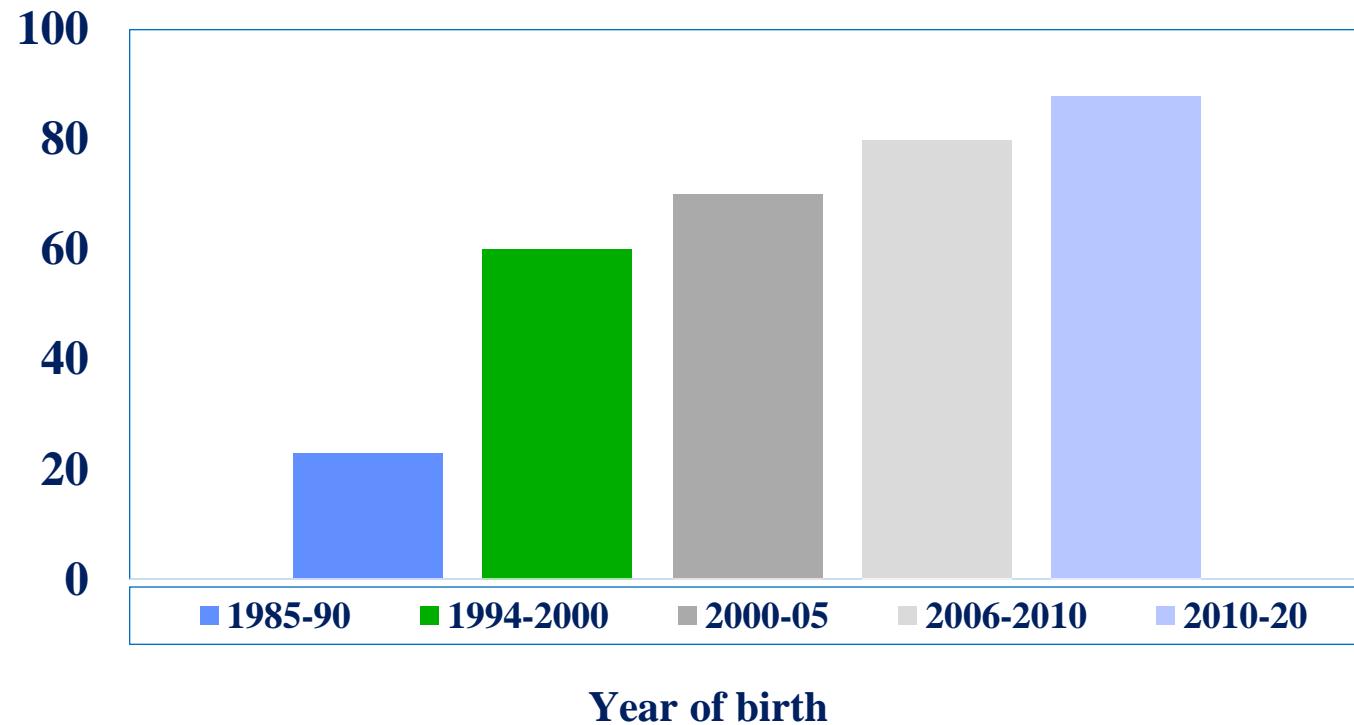
Kays DW, John Hopkins Houston

Adjusted relationship between o/e-LHR and Mortality

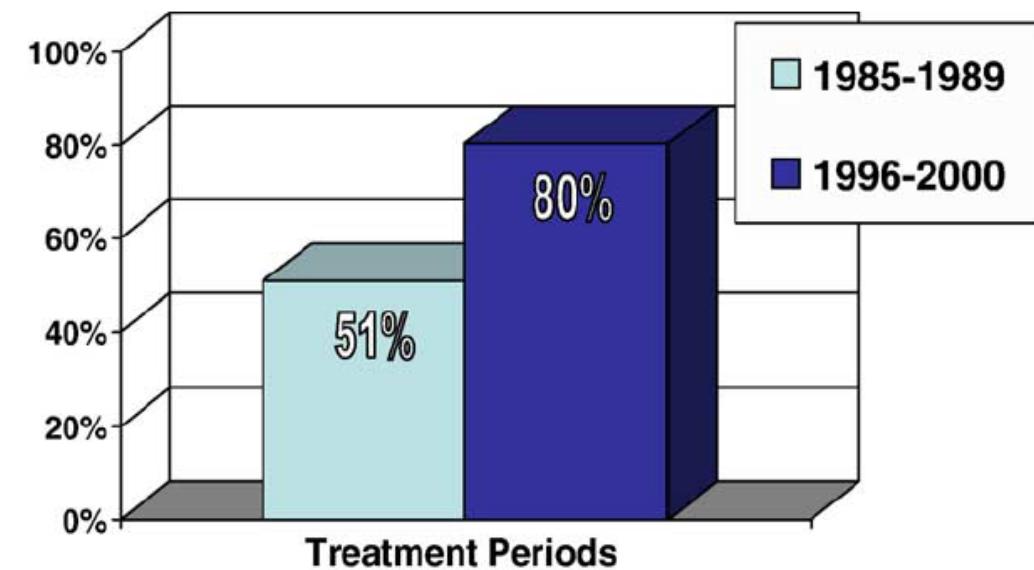


420 fetuses with CDH :
• from 31 perinatal units
• **from 2008 to 2013**

Change in survival over time



Change in survival rate in the Nord – Pas de Calais area in France
N=420 CDH infants



Chiu P et al. J Ped Surg, 2006

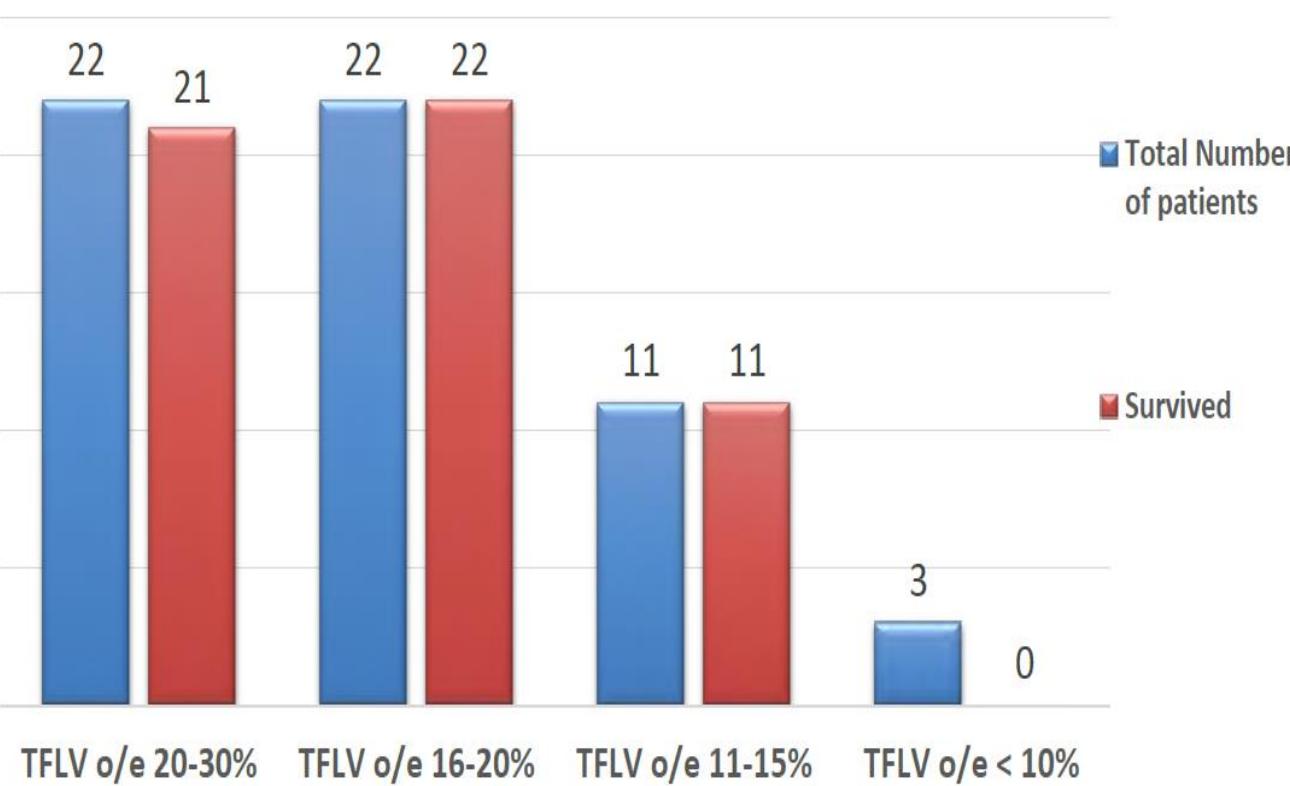
Prenatal assessment of vital risk: *Effects of the self-fulfilling prophecy ?*

Left CDH, liver UP	LHR o/e	Survival
Very severe	<15%	<5%
Severe	16–25%	20–30%
Moderate	26–45%	40–60%
Mild	>45%	95%

< 30% survival

Possible bias through self-fulfilling prophecy shown in the following conditions:

- Limits of viability in the preterm baby (*EPIPAGE 1 vs 2, Stanak M, BMC Pediatr 2019*);
- Polymalformative syndrome (*Pfeifer U. J Matern Fetal Neonatal Med 2018*);
- Cerebral stroke in adult (*Montano R, Handb Clin Neurol 2021*);



Survival adjusted for the fetal lung volume

Kays DW, John Hopkins Houston

What if we put it all together?

- Protect lungs
- Risk Stratify Repair timing
- Get Everyone Repaired
- Do Great ECMO
 - Good decision making
 - Minimize errors
- Believe they can Survive
- What If ?

- Believe they can survive
 - Minimize Errors
 - Learn from mistakes
 - Simplify care

Prenatal prognosis assessment: *What is at stake for the parents?*

Mortality rate?

Left CDH, liver UP	LHR o/e	Survival
Very severe	<15%	<5%
Severe	16–25%	20–30%
Moderate	26–45%	40–60%
Mild	>45%	95%

**Long-term outcome, the
future of their baby**



Nutritional outcome

	At 2 years N = 51	At 5 years N = 49
Oral aversion	18 (35%)	12 (25%)
Gastro-esophageal reflux	14 (30%)	7 (15%)
Growth retardation	9 (20%)	15 (30%)

S Jaillard et al. Ann Thorac Surg, 2003

S Jaillard et al. Eur J CardioThorac Surg, 2000

Respiratory outcome

	At 2 years N = 51	At 5 years N = 49
Tracheotomy	1	0
O2 supplementation	2 (5%)	0
Bronchiolitis	22 (50%)	0
Asthma	-	7 (15%)

S Jaillard et al. Ann Thorac Surg, 2003

S Jaillard et al. Eur J CardioThorac Surg, 2000

What is at stake ? Quality of life

- Score of the CDH patients similar to control;
- **No correlation between prenatal risk factors, severity of the disease, and the health-related quality of life;**

Derraugh G, Eur J Pediatr Surg 2020

Koivusalo A, J Pediatr Surgery, 2005

Jill L. Morsberger, J Pediatr Surg 2019



Quality of life, the future?

Key determinants of quality of life :

- Supportive environments: positive family coping, strong support network;
- Individual adaptability: motivation, hardiness;
- Resources and supports available to the family.



Our ability to respond to the parents needs:

- Empathy,
- Alliance,
- Relational commitment;

“As for the future,
it is not a matter of foreseeing it,
but of making it possible”

Antoine de Saint-Exupéry



What matters to us: Personalising Support for people with CDH

Theoretical aspects of parental support

- *Personalising Care for patients & families with CDH*

Kelly Saint Denny, Lille University Hospital

Practical aspects of parental support

- *Family Integrated Care in CDH: lessons from Preterm Care*

Karel O'Brien, Mount Sinai Hospital, Toronto

- *Implementing FICare for CDH*

Carolyn McConnell, Royal Hospital for Children, Glasgow